

Dhannu Lal Sinha

Theatre Artist

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सेवा में,

निदेशक महोदय (तदर्थ),
संस्कृतिक स्रोत एवं प्रशिक्षण केन्द्र
संस्कृति मंत्रालय, भारत सरकार
15-ए, सेक्टर 07, द्वारका नई दिल्ली-110075

विषय : सीनियर फैलोशिप 2013-2014 पुस्तक के रूप में रिपोर्ट पेश कर
रहा हूँ, कृपया आवेदन पत्र स्वीकार करें।
File No.- CCRT/SF-3/151/2015

महोदय,

आपसे सादर अनुरोध है, कि मैं धन्नुलाल सिन्हा सीनियर फैलोशिप 2013-2014 के थियेटर फील्ड में मेरा चयन हुआ। जिसका प्रथम, द्वितीय, तृतीय, चतुर्थी छः माही प्रोग्रेस रिपोर्ट को पुस्तक के रूप में पेश कर रहा हूँ। मैं ई-मेल के माध्यम से सॉफ्ट कॉपी (टोटल पेज-186) एवं हार्ड कॉपी भारतीय डाक के जरिये भेज रहा हूँ।

धन्यवाद!

नोट: विलम्ब के लिये मैं क्षमा प्रार्थी हूँ, नाट्य महोत्सवों के चलते मैं पुस्तक पेश नहीं कर पाया।

दिनांक : 19.03.2018

निवेदक

धन्नुलाल सिन्हा
F.N.- CCRT/SF-3/151/2015

Hkkfiedk

pnsh ykd ukV; ea tks Hkh l kexh mi yC/k
djkbz xbl og u rks jpuk gS vkSj u gh ifjdYi ukA
og insk ds vuqksh ykd ekul dh ok.kh l s 0; Dr
Hkksxk x; k l xhre; ; FkkFkZ gA ; g ykd ukV; pnsh
; FkkFkZ Hkh fdUgha , d ; k nks LFkkuka ea cBdj l adfyr
ugha fd; k x; k gS vfi rq eas insk dk dkuk&dkuk
Nkudj] tu&tu l s l EidZ dj] ?kja ea ikfjokfd
l nL; ds : i ea jgdj] muds l kFk Hkksstu dj rFkk
l d[k&n[d[k ea l fEefyr gkdj ykd ukV; ds eeZ dks
xgjjkbZ rd l e>k o vkRel kr fd; k , oa ml s T; ka dk
R; ka 'kks/k ds : i ea iLrq djus dk iz; kl fd; k gA
; g ejs nks o"kkZ dh ri ea iklr f0; kRed Kku dk
fupkM+ gA ckY; dky l s orZeku voLFkk rd ds bl
l Qj ea eas Lo; a ukpk gS x; k gS , oa ctk; k gA bl
iz; kl ea ykd ukV; l s ukrk j [kus okys vkcky] o)
0; fDr; ka l s l ai dZ gqk gA l M-d [kr , oa Vfj; ka ds
vke vkneh l s ydj ckjh] c[kjh vkSj egyka ds
fof'k"V 0; fDr; ka dk , rnFkZ l kflu/; iklr fd; k gA
ykd ukV; dh , d&, d fo/kk dk Lo: i , oa pyu
vR; r 0; ki d gA fdUrq l hek ds dkj.k Lrjh; rF; ka
dk gh mYys[k fd; k gA

eð bl egRoi wKz dk; Z ds fy, ið .kk ,oa vol j
 l yHk djkus dk l a wKz Jð ^Hkkjr l jdkj l l dfr
 e=ky; ^ ,oa ^l k l dfrd Jkr ,oa i f' k{k.k d l n] ^
 ^l l dfr e=ky; Hkkjr l jdkj** dk eð rgs fny l s
 'k f Ø; knk djuk pkg r k g l A bl dk; Z eð ejs ið .kk jkr
 jgs gS l æhr ukVd vdkneh vkokMhz Jh jkeplnz fl g]
 Jh vuui jatu i k.Ms] inHkkk.k Jherh rhtuckb]
 Jherh js[kk nokj] jkek/kj l kg] ykð l æhr fo'ks'kK
 Jh nõhyky ukx ,oa u; k fFk; ð/j l l Fkk] Hkksi ky ds
 l eLr dykdkj ca'kw ftUgkus eq>s ; kX; cukdj , ð h
 {kerk inku dhA eð mudk 'kr~ l gL= __.kh g l A

ey : i l s bl 'kks'k eð fofHkUu 0; fDr; ka dk
 l g; kx g l A eugj.k x'ko] y{ke.k x'ko] 'ksyt k
 plnk dj] nhi d plnk dj] [k ekuyky l ko] jkeân;
 frokj] vkfn ikjær 0; fDr ftUgkus vius tkrh; ; k
 {ks=h; ykð ukV; panSuh ,oa ykð l æhr ds eeZ dks
 vius dBka l s mrkj dj ml s gea gLrxr dj k; k g l A bu
 0; fDr; ka us vius ekfyd Kku rFkk o"kkZ ds vuqko l s
 gea ykHkkflor djus eð FkksMk Hkh l adksp ugha fd; kA
 QyLo: i eð ; g dfBu dk; Z djus eð l Qy gks l dk
 g l A , ð s ekuuh; 0; fDr; ka dks eð us thfor i kMqfyfi dk
 ntkZ fn; kA eq>s ugha ekyve fd bu egku vkRekvka eð

I s vkt fdrus bl I d kj ea gñ rFkk fdrus gel s fonk
gks pps gñ , s s 0; fDr tks gekjs chp fo | eku gñ mlga
eñ 'kr&'kr~ ueu djrk gñ rFkk tks fonk gks x, gñ
mudk iq; Lej.k djrs gñ J) kour gñ

fo'ks'k : i I s eñ ineHkkk.k Jherh rhtuckbz th
dk vkHkkj 0; Dr djuk pkgrk gñ ftUgksua eñs vi uh
cgeñ; I e; i nku fd; k bl 'kks'k dk; Z ds fy; s eñs
i kRI kfgr fd; kA

fdI h Hkh egRoiwkZ dk; Z dh y{; i kflr ds fy,
fgrfprdkka , oa fiz; tuka dh ij .kk o i kRI kgu dh
vko'; drk gksrh gñ rHkh bl gsrq fd; k x; k iz; kl , oa
Je QyhQir gksrk gñ eñ vi us , s I Hkh Kkr&vKkr
'kñkkdkf{k; ka dks Hkh foLe' ugha dj I drk] ftul s eñs
i R; {k vFkok ijks{k : i I s bl dk; Z ea ij .kk feyh gñ
vki I Hkh dk ân; I s vkHkkjh thoarifj; r jgñkA

pnsh ykd ukV; dh vuøe

NRrhl x<+ dh ykd ukV; pnsh dh jpukRed
v/; ; u vkj ukVdka ea ml ds ukVdh; rRoka dk
vuq z; ksx

v/; k; u&1

NRrhl x<+ ds ykd ukV; pnsh dk bfrgkl , oa
i "Bhkfe

v/; k; u&2

NRrhl x<+ ds ykd ukV; pnsh ea iz; Dr dFkk
dFku ¼dF; rRo½ dk jpukRed v/; ; ku

v/; k; u&3

NRrhl x<+ ds ykd ukV; pnsh ds l æhr i {k@
ykdokn; dk iz; ksx , oa os kHkllk ¼J'xkj ½ l kt&l Ttk
dk jpukRed v/; k; u

v/; k; u&4

NRrhl x<+ ds ykd ukV; ds ykd dykdjks , oa
jæ funf' koka dk l {kkRdkj vkj ej's nks o"lz ds vuqko

v/; k; & 1

NÙkhl x<+ea ykxd ukV; pansuh dk bfrgkl ,oa

i "Bhkfe

NRrhl x<+ l kLdfrd : i l s vR; f/kd l Ei uu gA
bl l kLdfrd ; k=k ea ykxd ukV;] ykxd xhr]
ykdxkFkk] ykxd fp=dkjh ,oa ikjEifjd dykRed
l Ldkj ds Loj ,oa vuqBkfud miØe dk egRoiwkz
; kxnku gA vud ijEijk; a ykxd thou ea ipfyr
gkdj 'kSyh ds : i ea of'od ep ij viuk LFkku
iklr dj l f/k l eh{kdk ,oa l epk; dh l jkguk
vftR dj pph gA

ogh vud l e) l kLdfrd ijEijk; a tks 'kSyhr
ifjHkk"kk dks l Ei wkrk ds l kFk vfhk0; Dr djus ds
ckotn vi{kr igpku l s ofpr gA buea l s , d
egRoiwkz 'kSyh gA ^pansuh**A

pansuh of s rks ykdxkFkk ; k iæ xkkFkk dk
vk[; ku gA yfdu ikjEifjd [kwl ij rh dks cuk; s , oa
cpk; sj [krs gq ykxd f'kfyi ; ka us bl dk ifj"dkj fd; k
ftl ea l e; , oa l epk; dh vge Hkfedk jgh gA ; g
ifj"dkj bl s ^ykxd ukV; ** Lo: i inku djrk gS
D; kfd bl ea ykxdukV; gkus dk l Ei wkz rRo ekStn gA

fu% ang NRrhl x<+ea izak xhrka dk ipyu gA
pkgs og jktk ohjfl g dh dgkuh gk] l jou xhr gks

; k fQj dks o& ik. Mo dh dFkk i Mokuh] bu xkFkkvka
dks bdrkjk] djrky [katsjh eatjhk , oa dgh rcyk
fpdkjk ok|ka ds l kfk] BBokj] vghj ckjl xhr ds
ek/; e l s db&dbz fnuka rd xkrs gA ykfjd plnk
1/2 pnsuh xkFkk dks Hkh bl h Øe ea ifjxf.kr fd;k tk
l drk gA

; |fi NRRhl x<+ ea gh fofHku LFkkuka ea ik; h tkus
okyh bl xkFkk ds dFkkud ea i; k r vUrj ik; k tkrk
gA ik=ka ds ukeka ea Hkh l ekurk ugha gA dN yksx
bl ?kVuk dks l qij vrhr ea vkjx egkunh ds
vkl ikl ?kVr ekrs gA rks dN yksx bl s mRrj ins k
vFkok fcgkj l s ekudj pyrs gA tks Hkh ftl izdkj
<kyk ek: vkj pj.knkl pkj dh dFkk jktLFkku dh
gksdj Hkh NRRhl x<+ dh viuh ykdfiz; dFkk cu xbz
gA Bhd ml h izdkj bl ykfjd plnk dh pkjf=d
fo'ks'krkvka dks ifrfcEc djus okyk bl uR; kfhkuhr
ykad dFkk dks fcuk fdl h ehu&es[k ds ij] NRRhl x<+
ea ns[kk vkj l qk tkrk gA

ftl izdkj ik. Moka dh xkFkk xkus okys ik. Mokuh
xk; d dgykrs gAA ml h izdkj plnk&ykfjd xkFkk ds
l kfk Hkkoiwkz uR; kfhkuhr djus okys ykska dks
plnsuh&uR; xk; d dgykrs gA NRRhl x<+ vghj
l ekt ea vius ckjl xhrka ds ek/; e l s ykfjd dh

fojkspr xkFkk ykfydk; u ds vusd izl æ I qus dks
feyA tſ & l d: dk fookg] ykfyd I s eatjh dk
fookg] ykfyd dk fookg plnk I A I Hkh izl æka ea
ykfyd ohjrk dk vorkj cy'kkyh , oa ykſd j{k d
fu: fir gqvk gſ plnk ds I kFk m<fj; k tkus okys
izl æ ea mRd"V izehA vkYgk xkus okys Hkh blgha izl æka
dks rEcijk , drkjkdj rky] <ksyd] eatjhk ds I kFk
viuh ijEi jkuſ kj xkrs gſ ft I s ; s Hkh ykfyd dh dFkk
dks **ykfydk; u^ dgrs gſA

xk; d bl s ^ckjg [k.M jkek; .k o pksng [k.M
ykfydk; dgrk gſ vFkkz~ og bl s jkek; k.k I s ogn
ekurk gſA vghj ; kno ykxka dk tkrh; , oa ohj dk0;
gſ ft I dk uk; d ^ykfyd vkſ ukf; dk plnk gſA nſVka
dk neu dj 'kkfir LFkkfir djuk gh ykſdd dk eq[;
mns; gſA mudh ohjrk ml dk izæ vghj & knoka ds
fy, xoz dh oLrq gſA fgluh ea pank; u dh izæ xkFkk
I Qh I Eirk; dh iFke xkFkk ekuh tkrh gſ ft I s
plnk; u ; k ykfyd plnk dgrs gſA

bl ds fo"k; ea vycnk; qh I kgc us dgk fd , d ckj
'ks[k I s dſN ykxka us iNk fd vkus bl fgluh eul ch
dks D; ka piuk gſ \ 'ks[k us mRrj fn; k fd I eLr
vk[; ku bſ oj h; I R; gſ i <us ea eukj at d I gkrk ds
fy, vk x; k vkſ cBok dks ekj Hkxk; kA ykfyd viuh

L=h eatjh ds l kfk xmjk ea gh jgrk gA puSuh
¼panSuh½ cBok ds l kfk yMfs gq ykfjd dh ohrk
ns[kdj eQ/k gkrh gA ykfjd Hkh puSuh ¼panSuh½ dh
l Qnjrk dks ns[kdj ekfgr gkrk gA nil js fnu ykfjd
jLI h ysdj puSuh ¼panSuh½ ds ?kj ds ihNs igpork gA
ogk; igpus ij puSuh ¼panSuh½ ml s fp<krh gA ij ckn
ea ml s Åij p<us ea l g; kx djrh gA nksuka xÅjk l s
Hkkx fudyus dk fu'p; djrs gA vUr ea ykfjd , d
fnu r\$ kj gks tkrk g\$ vk\$ puSuh dks ysdj x<+ gjnh
ds fy, py nrk gA ekxZ ea ml dk HkkbZ l Ø: jksdrk
g\$ ijUrq og ugha : drka ohj okgu mudk ihNk djrk
g\$ ijUrq ykfjd dks ugha ekj ikrkA ekxZ ea ykfjd dks
l kji dkV yrk g\$ fdUrq egknØ ikoZrh dh d'ik l s i q%
thfor gks mBrk gA vkxs pydj dfj?kk ds jktk l s
; q) gkrk gA ykfjd jktk dks gjk nrk gA dfj?kk dk
jktk ml s ekjus ds fy, "kM± æ djrk g\$ vk\$ i kVux<+
ds jktk ds ; gk; Hkstrk gA ykfjd dfj?kk pky dks
l e> tkrk g\$ og gjnhx<+ pyk tkrk gA bl h chp
xmjk l s l ekpkj vkrk g\$ fd eatjh Hkh[k ekax jgh g\$
ml ds HkkbZ ca/kq l Hkh ej x; \$ xk;] Hk\$ vkfn , oa ?kj
u"V gks x; k gA ykfjd panSuh ds l kfk i q% yk\$Vrk gA
ykfjd viuh xk;] Hk\$ dh [kkst ea pyk tkrk gA
b/kj eatjh vk\$ panSuh ds chp ekjihV gkrh gA eatjh

fot; ikrh gA og vfhkeku l s ikuh ysdj ifr dk
Lokxr djus vkrh gA ij crlu dk ikuh Hkny l s xanyk
fudyrk gA ykfyd dks ; g ns[kdj cMk nq[k gkrk gS
vkj ?kj NkMøj dgha pyk tkrk g\$ rks fQj og dHkh
ugha ykS/rkA bl rjg pansuh dh dFkkud vkxs c<rh
gA

NRrhl x<h : i ea pansuh& pansuh ea ykfyd pnk dh
dgkuh gS ftl s pansuh ds dykdkj viuh ikjEifjd
'kSyh }kjk iLrqr djrs gA pansuh ds dykdkjka us
pansuh dh eq[; r% nks 'kSyh ea iLrqr djrs gA

1- [kM\$ l kt%& ftl rjg NRrhl x<+ ea ukpk ds nks
/kkjk gS Bhd ml h rjg pansuh dh Hkh nks /kkjk gA
[kM\$ l kt ea l Hk dykdkj [kM\$ gksdj ; kfu
l æhrdkj] fpdkjk] rcyk] eathjk ctkrs gA vkj
el kyph el ky ysdj izdk'k nsrk gS , oa uR;
djrk gS vkj pansuh xk; d xk&xkdj ijs n'kZdka
dks ykfyd plnk dk xkFkk l ukrs o vfhku; djrs
gA

2- cBd l kt%& bl ea oknd dykdkj pkj [kEHkka ds
l gkjs ruh pknuh ds uhps r[kr ij cBrs gA , oa
l æhr nsrs gA vkj ykfyd pnk ds ik= vius ik=
vuq kj ukpk dh rjg vfhku; djrs gA bl ea
eq[; ik= pansuh xk; d gh gkrk gS tks fd

cgq fi ; k dh Hkkfr l økn ds chp ea dHkh ykfj d]
dHkh pank , oa ik=ka ea vius vfHku; l s n'kzka
dk eukj at tu djrs gA , d s pnsuh ea ykdxkFkk
l s l kFk l kFk ; s dykd kj l ekt ds vlnj
vPNkb&cg kbZ dg hfr; ka is 0; x; ds vksr ikr
l økn ds ek/; e l s ½dbz ckj ½ l ekt ea izu [kMf
dj nrs gA , dk, d n'kz fBBd l s tkrs gA
dgha , dk, d l økn ifjorzu dj nrs gA fQj
vius eny rRo ea vk tkrs gA ; s bl ykd
dykd kj ka ea pnsuh 'ksh ds dykd kj ka dk deky
gA pnsuh ea l cl s i fke xq onuk l s i kj alk
gkrh gA

pnsuh 'ksh ea xkus o ukpus dk <x NRrhl x<+
xkE; vpy ds l rukeh l ekt ea iz[; kr g& , d
e'kky okyk gvk djrk Fkk] tks xkus okys ds
l keus pyr&i hNs rcyk] fpdkjk o jkxh eat hjk
okyk gkrk g& xkFkk xkus okyk , d gh 0; fDr
gkrk gA ; gh 0; fDr viuh fofo/k Hkfxekvka l s
xkFkk dks HkkokfHk0; fDr }kj k Li"V djus dk
eukgjh iz; kl djrk gA jkxh o l kftUns xk; d
i fDr ds vfre 'kCnka dks xk; d Loj ds l kFk gh
ngjkrk gA ftl izdkj ikphu dk0; kd ukVdk
egkdk0; ka ds i kj alk ea noh&nor kvka dh onuk dh
tkrh gA ml h izdkj xk; d tc xkFkk i kj Hk
djrk gA xk; d xq onuk l s pnsuh xk; u i kj alk
djrk g&

fcu xq dbl s rju gkus jkxh]

fcu xq dbl s fx; ku gks
 fcu xq bgk; eju gks cs jkxh]
 fd dHkw ubZ fey; Hkxoku gksAA
 I rxq ds e; pju /kjoa jkxh]
 djgh I en ys ts ikj gks
 I rxq ft; u&eju ds gs jkxh]
 I rxq I cks ds vk/kkj gksAA

I Hkk onuk&

I Hkk ds I ejuh I Hkk ek djØ jkxh]
 I Hkk gko; xak ds /kk· j gks]
 fourh fcukoo I Hkk ds e; gk jkxh]
 I ugw I cks yk I qkkM j gks · AA
 [kkor feB xM+fi Øjk , jkxh]
 pl s cj feB dql ; kj gks
 xkor xhr pnsuh , I æh]
 I u yoo dku yxk; gks · AA

nøh&nørkvka dk I feju&

t; egkekbZ ekgck ds vks&
 v[kjk ds xq cfrkys ; s vks&
 pkB tkxuh ij [kk ds vks&
 Hkqt k ij gkos I gk; s ekj &
 nkbZ ds ekj nkbZ tkjka ; s vks&
 nnk ds ejh e'khus ; s rkj &

Hkj dk ds nhnh l r cfguh ; s vks&
 Mlej ds nhnh ijfru ; s vks&
 ckbj ds nhnh pjfyu ; s vks&
] vkj[kh ds nhnh 'kfupfju ; s vks&
 Nliu dksjh nork l fejks vks&
 Rkksj i \$ k ykxks e\$ k&e\$ k ; s rksj &
 Rkksj i \$ k ykxks ekrk] ekrk ; s eksj &
 Tkk fnu ns[ks eksj Hkkstyh] eksj cjxuk]
 Ekksj tdkj yk dfg ncs vks . AA

yksdukV; dh i "BHkufe

gekjs ns'k ea yksd ukV; vksj ml ds fofok : i ka
 dh , d l e) okfpd ijEijk jgh gA gekjh okfpd
 ijEijk dk l a/k fdl ku] etnij vksj xkoka ea cl h
 turk l sjgk gA okfpd ijEijk dk l h/kk l k/kk vFkZ
 gs , d ih<# l snljh ih<# dks l ksh xbz ijh dh ijh
 , d okfpd l l dfr gA bl eks[kd ; k okfpd ijEijk
 ea ekuoh; Lefr vius l onukRed cks'k }kjk
 yksdukV; dks vf/kd ij . knk; h cukrh gA fdl h Hkh
 dky ds yksdukV; ea rRdkyhu l kekftd] l kldfrd
 /kkfeld bfrgkl ifrfcfr gsrk gA yksdukV; dk
 tle gqk \ ; g tkuuk cgr dfBu gA bl s dksu
 jprk gs \ ; g vKkr vksj xksk gA yksd dh l cl s

cMh fo'ks'krk l kefgdrka dh Hkkouk gA MkW uehk
 izl kn xdr us fy[kk g& ykdeu dk tle rHkh gqvk
 tc ykd cuk vkj ykd rHkh cuk] tc ekuo us ykd
 ds ckjs ea l kpuuk 'kq fd; kA igys cgr Nks/&Nks/s
 l eng Fkj fQj /khj&/khjs dbz l eng , d l kfk xQkva ea
 jgus yxA tS s gh [krh djuk 'kq gqvk] eshuka ea
 cLrh cl us yxA xQk vkj df''k&; x nshuka ea ykd
 n'ku dk Lo: l tkxfjr jgk gA xQk ; x ea ml dk
 vk/kkj j{kk vkj Hk; dk l ek/kku gA tcfd df''k ; x
 ea l 'tu vkj l o'ku dh l eL; kA xQk ; x dks nil js
 'kCnka ea ge vkfne ; x Hkh dgrs gA vkfne ; x ds
 ckn /khj&/khjs fodfl r gq df''k ; x ea , d vUrj
 fn[kkbz nrk gA vkfne l ekt izdr ij ftruk fuHkj
 gsrk g\$ mruk d''kd l ekt ugha gsrk gA vkt tks
 vkfne tkfr; ki l qij ouka ea fuokl djrh g\$ mlgkaus
 iwbZ dh vkfne l idfr; ka dks dkQh v{kq . k j [kk gA
 l idfr ty dh ygj dh rjg Qsrh gA xka tks
 ykd l idfr ds x<+ ekus tkrs g\$ ouka ds djhc gka
 rks vkfne tkfr; ka dh l idfr l s vi Hkkfor ugha jg
 l drA vkj bl rjg vkfne tkfr dh /kjkgj dks
 /kkj . k djus okyh ykd l idfr iu% vkfne l idfr l s
 i Hkkfor gkus yxrh gA vk'p; l dh ckr rks ; g g\$ fd
 ftu ckrka ; k xq kka dks ge vi uh l idfr vFkok yksx

I Ldfr dk lgt xqk eku cBs gSA ml ds rRo dks
ns[kus l s irk pyr k gs fd os vkfne I Ldfr l s i klr
xqk gSA dguk u gksxk fd tks l keifgd Hkkouk vkfne
I Ldfr ea vkfnokl h uR; ka vksj xhrka ea vkbZ ogh
yksd I Ldfr ea iokfgr gks xbA vi us vkj fHkd Øe ea
mRiknu Je l keifgd Fkka cgr l s gkFk , d l kFk dke
djrs FkA yksd thou ea l keifgd Je dh Hkkouk vkt
Hkh ekstun gSA l p rks ; g gs fd yksd thou ds fd l h
Hkh {ks= dks ge ns[ka vksj ij [ka rks Kkr gksrk gs fd
l keifgdrk dh Hkkouk gh yksd dh vkRek gSA

^ iR; {kn' khZ yksdkuka l oh' khZ HkæUuj%* vFkkZr~
l exn' khZ gksus ds fy, euq; dks yksd dk iR; {kn' khZ
gksuk gksxkA yksd dks l e>us ds fy, yksd thou ea
iok'k djuk gksxk] ml s fudV l s tkuuk gksxkA fdrkch
Kku l s yksd Kku l ilko ugha gSA bl hfy, i wZtka us
yksdonso dgdj tgka l hek js[kk nh gs ogha l Ei w kZrk
dk l w= Hkh crk fn; k Fkka ftl us yksd dks tkuk ml us
l c dñ tkukA ryl hnk l ckj&ckj ; g dgrs g&

yksdgg cn fofnar l c dkgw

yksdfga cn l d kfgc jhfrA

vFkkZr~ tgka yksd dh jhfr gh l d kfgc dh jhfr
g\$; kfu yksd ds ekun. Mka l s gh dksb&l kfgc l d kfgc
gks l drk g& gksrk g& tgka jhfr dk fu/kkZ .k yksd

dk on djrk g& l kfgc ughA l kSn; l 'kkL= ea
 i ksj kf.kd Hkkj rh; vkpk; l Hkj r cgr igys gh 1/4 l k i wZ
 nil jh 'krkCnh&nil jh 'krkCnh bLoh ea dykvka ds bl
 <kaps dks ekU; rk inku dj pps Fks vksj bl : i ea
 ml dh 0; k[; k dj pps FksA mUgkaus ftl ukV;
 ifjn"; dh l adYiuk dh Fkh ml ea vfHk0; fDr ds l Hk
 ek/; e vksj fo/kk, a l fEefyr FkhA buea dfFkr 'kCn l s
 ysdj xk; u vksj ok| l xhr Hkfxekvksj Lokax] jax
 l Ttk] os kHkkkk vksj varxeu dh v00; LFkvka rd dk
 l eko'sk Fkka ^ykd* vksj ukV; dh l adYiuk }kjk
 mUgkaus jaxep dh us fxd vksj 'ksyh'd'r in'kZ
 i) fr; ka ds nks Lrjka ds vLrRo dks Lohdkj fd; kA
 mudh nf"V ea 'ksyh , d , d h iLrqr Fkh ftl ea Hk0;
 l s ysdj 'kkfCnd rFkk ixhrkRed l s ysdj
 vkRefujh{k.kkRed rd dk l eko'sk Fkka ijofRr dh
 l adYiuk ds }kjk mUgkaus {ks= xr foFkUu : i ka ds
 vkfoHkkZb dks Lohdkj fd; k**A

dguk u gksk fd ykd og ogn ekuo l eng gs
 tks vius Je vksj mYykl dh vfHk0; fDr ikjEifjd
 : i ka ea djrk vk jgk gSA ykd 'kCn dk vFkZ tuin
 ; k xkE; ugha g\$ cfYd uxjka vksj xkoka ea Qsyh gpZ
 og l eph turk ftuds 0; ogkfjd Kku dk vk/kkj
 i ksfk; ka ugha gSA ; s ykx uxj ea ifj"d'r] : fpl EiUu

rFkk I d ldr I e>s tkus okys ykxka dh vi s{kk vf/kd
I jy vkj vdf=e thou ds vH;Lr gkrs ga vkj
ifj"dr : fp okys ykxka dh I eph foykfl rk vkj
I ddkfjrk dks thfor j[kus ds fy, tks Hkh oLrq a
vko'; d gksh gs mudks mRiUu djrs ga nshyky
I kxj ds vud kj I keU; r% ykd ds rhu vFkZ fy; s
tkrs ga

v& og tks I Hk; rk ds i Hkko I s cgr de i Hkkfor
gwk gs vkj ftl dh ofRr; kj ekfyd : i I s
vkfne vkj vijekftz gkA

c& og tks xkaka ea fuokl djrk gks vkj ftl ij
ckgjh vkj vk/kfud I H; rk dk i Hkko ugh ds
cjkj gkA ; g ekuo vkfnekuo I s bl nf"V I s
fHkUu gksh gs fd xkaka ea jgrs gq Hkh ml dh
ofRr; ka vkfne ugha ga

ml ij Hkh /ke] I ekt vkj I ldr ds I ldkj
fo|eku jgrs ga vkj vi us vkpkj&fopkj] jgu&l gu]
igukok] [kkui ku vkfn ea xkeh.k jgrs gq Hkh ml ij
ekuah; fodkl ds y{k.k I i "V gkrs ga

I & tul k/kj.k] pkgs og xkø dk jgus okyk gks pkgs
'kgj dk fo'ks'krk bruh gh gksh gs fd og
f'k{kk&nh{kk] igukok] [kkui ku] vkpkj&fopkj]
I ldkj rFkk 0; ogkj ea ml ns kj dh ifrfuf/k

I Ldfr dk i rhd gks vkš ns'k ds tul k/kkj .k dh
ofRr; ka dk eirz i gksA** bu ckrka dk vFkZ ; g
fudyrk gš fd ykd dby xkoka ea ugha jgrkA
og xto Is 'kgjka vkš uxjka rd Qsyk gšA
I keku; r% ykd ea ijEijk ds I kFk&I kFk , s s
0; ogkj mi yC/k gkrs gš tks ml I e; I ekt ea
oržeku gkrs gšA ykd dk v/; ; u cf) dk
dksrgy ugha gšA bl s cl , d vkš u; k 'kkL=
dgdj ugha Vkyk tk I drkA ykd I Eidz ds
fcuk vU; I c 'kkL= v/kj's gš ykd dk ver
fu"iUn ftI 'kkL= ea ugha feyk] og fdruk Hkh
i fMrkÅ gš] fu"i.k.k jgrk gšA tks Kku ykd fgr
ds fy, ugha og v/kj'k gš og ekuoh fpru dk
NkNk Qy gšA tks 'kkL= ykd ds I kFk ugha tMk
gšA og cf) dk Nykok gšA ykd gekjs thou dk
egkl enz gšA ml ea Hkvr] Hkfo"; vkš oržeku I Hkh
dN I fpr jgrk gšA ykd gh jk"V^a dk vej
Lo: i gšA

**ukV; fHkUu : pš tuL; cgq/k% I; sd I ejk/ku[^]

vFkkz~ukVd , d gh LFky ij fHkUu&fHkUu : fp; ka
ds yxka dks , df=r djds eukjatu djus okyk
vU; re I k/ku gšA ^ukV; iq "kokpd I Ld'r dk 'kCn

gA ftI ea uR;] ukVdkfn dk vfHku;] uR; dyk]
 vfHku; dyk] vfHkurk dh os kHkllkk dh iz/kku ekurk i kbz
 tkrh gA ukV; ea ykdjfr dk fuos k gksus I s ml dk
 Qyd 0; ki d gks x; k gA okLro ea Hkkjrh; I kfgR;]
 I Ldfr] /ke] n'kz] v/; kRe] dyk] I ekt] vkpkj
 bR; kfn dk dgha I s vkjkk dj] ml ea ykd vkj on dh
 ; x; xhu I eflor /kkjk fey tk, xh] thou dk , d
 pj.k on vkj rhu pj.k ykd ea vc Hkh ykd thou
 dk I Ei w k z o" k z vusd fo/kkuka vkj vkpkjka I s Hkjk gqvk
 gA io] mRl o] ykduR;] ykdxhr] ykddFkk,] or
 dFkk, a ijs o" k z dks I xkjus okys vusd orksi okl]
 no; k=k, A esys bR; kfn I s Hkkjrh; thou vi uk Li Unu]
 i klr dj jgk gA , frgkfl d nf"V I s ns[ka rks
 jx&dyk] ftI s igys ukV; dgk tkrk g\$; tph
 dky rd ijh rjg LFkkfir gks pph FkhA og ekfyd
 ijEijk ds : i ea fodfl r gpz FkhA b] k dh nil jh
 'krkCnh rd ftI s I o] Eefr I s Hkkjr ds ukV; 'kkL=
 dh jpuk&dky ekuk tkrk g\$ uR; dyk ds fu; e
 fu/kkzjr gks pps FksA ukVd 'kkL= ds vkfn vkpk; Z
 Hkkjr us fy[kk g&

^I oHkko% I o] I % I o] deZ i fofRrFHk%
 ukukoLFkkarjksi sra ukV; deZ I fo/kf; rA**

vFkkz~ukV; I kekU; thou dh 'kk'or i ðfRr dks
Li 'kZ djus okyk , d I koHkkse I ðnu'khy I k/kku gA
, d k dkbz Kku] f'kYi] dyk] dk; L ; k fØ; k ugha g\$ tks
ykd dukV; ea mi yC/k ugha gks A uV /kkrq I s gh ukV;
'kCn cuk g\$ ftI dk vFkZ g\$ ukpuk vk\$ vfHku; djukA
ykd ukV; dk I #ikt ykd vfHku; I s gqvk] tks
ukV; I kfgR; dk vk/kkj gA I p rks ; g g\$ fd
Hkjrefu dk ukV; 'kkL= gh I eps fo'o ea jæep vk\$
jædel ij igyk ikekf.kd vk\$ vf/kdkfjd g\$ ftI s
0; ki d Lohdfr feyh gA

pnsh ¼yxfjdh½ dh , frgkfl drk ds fo"k; ea
dkbz fuf'pr rF; i klr ugha fd; k tk I drk gA dñ
fo}kuka dk vupeku g\$ fd vghj ikphu vHkhjka , oa
xqtjka ds oakt gA budk mYys[k jkekj; .k] i g.k.k]
egkHkkjr rFkk eupefr ea fd; k x; k gA vghj tkfr
ds ykx I eLr Hkkjr ea feyrs gA vkBoha 'krkCnh ea
xqtjkr ea tc dVvh tkfr dk vxeku gqvk Fkk] ml
I e; rklrh rFkk nokx<+ ds chp Hkkx dks vghj ins k
dgg tkrk Fkka ¼I j gujh dkWVe , .M gMæI su½ ds
vuq kj cæky ds ikyoak ea Hkh budk I æak cryk; k
tkrk gA bl izdkj ge ns[krs g\$ fd ikphu I e; I s
vghj , d egRoiwkZ tkfr jgh gA MkW t; æ feJ us
eFkyh ykd I kfgR; ij fopkj djrs gq yxfjdh dh
ykdxFkk dks N% I ks o"KZ i gkuk ekurs gA T; kfrjs oj

d'r ^o.kz jRukdj* dh jpuk l u-1324 ea gpz Fkh rFkk
yxfjd ykdxkFkk ik;% bl h l e; ikjalk gq izhr
gksh gA bl izdkj ge dg l drs gA fd pansuh dk
mnHko e/; ; x ea gvk gkxkA

vu; jkT; ka dh rjg NRrhl x<+ ea ykdxkFkkvka
dk] ykd ukV; ka ds : i ea iLrfr euekgd , oa fujkys
vntk ea gksh gA ns[kus] l e>us o l qus dh vnHkr
ijEijk dh otg l s l sMks o"kl igkuk ykd xkFkkvka
dh ukVdh; iLrfr ig.kk Hkjk gkrk gA , s s gh ykd
ukV; pansuh dks dykdjka us dYi uk 'khyrk ds vk/kkj
ij vkj vf/kd jkpd cukrs gA bl rjg eas vius
efr vud kj pansuh ds iktDV dks dkQh l kp fopkj
djds iLrfr dj jgk gA

v/;k;&2



**panSuh yksd ukV~; esa iz;qDr
dFkk&dFku ¼dF;&rRo½ dk foLrkjiwoZd
jpukRed v/;;u**



panSuh dykdkj jkek/kj lkgw ls ckrphr

Hkjr eqfu ds ukV~; 'kkL= ds vuqlkj ukV~; dh ifjdYiuk ikjposa osn ds :i esa dh xbZ gS vkSj ;g dgk x;k gS fd izkjaHk esa ukV~; dyk dsoy nsokvksa vFkkZr~ LoxZ dh dyk Fkh] fdUrq ikjposa osn ds izfr"Bkiu ds i'pkr ;g dyk LoxZ ls /kjr ij mrjh vkSj bl dyk esa iz;ksx /kfeZrk dh vkKk dsoy Hkjr eqfu dks gh nh xbZA Hkjr eqfu us bl dyk ds fofHkUu vaxksa dk Kku czEgk] 'kadj] ikoZrh vkfn nsokvksa ls izklr fd;k rFkk blds izpkj izlkj ds fy, vius iq=ksa dks i'Foh ij HkstKA fdUrq esjh n'f"V esa ikjposa osn dh ;g

ifjdYiuk f'k"V lekt }kjk tu&iFk ds tu&ekul ij
vkjksfir djus dk >wBk vge~ gSA i'Foh ij
ukV~; dyk dk fodkl i'Foh ds izkf.k;ksa }kjk gh
fd;k x;k gSA eu'"; dh vU; ewyHkwr
vko';drkvksa esa ls euksjatu Hkh ,d vfuok;Z
vko';drk gSA vr% viuh bl vko';drk dh iwfrZ ds
fy;s dyk dk vkfo"dkj ,oa fodkl euq"; tkfr us gh
fd;k gksxkA ,slk yxrk gS fd yksd ukV~;ksa dk
l'tu f'k"V ukVdksa ds l'tu ls dkQh iwoZ gks
x;k FkkA 'kk;n bu tu ukV~;ksa ds ifj"dkj ,oa
ifjektZu ds fy;s gh Hkjr eqfu us ukV~; 'kkL=
cuk;k gksA oLrwr% fdlh Hkh 'kkL= dk
fuekZ.k rHkh laHko gS tcfd mlds lkeus
dksbZ Lo:i ;k izfreku gksA vr% vU;
yksdukV~;ksa dh rjg NÙkhlx<+h yksd ukV~;
^panSuh** dk ekSf[kd bfrgkl Hkh mruk gh
iqjkuk gks ldrk gS] ftruk fd iqjkuk bfrgkl
ekuoh; IH;rk ,oa laLd'fr dk gSA NÙkhlx<+
{ks= izkd'frd okrkoj.k es fLFkr gSA vr%
laHko gS fd bu izkd'frd foinkvksa ds fujkdj.k
ds fy;s ^panSuh** dh l'f"V gqbZ gks
NÙkhlx<+ esa vkt Hkh ;g fo'okl gS fd tc rd
nsoh&nsorkvksa dks upkvksa u rc rd os

izlUu ugha gksrs vr% nsoh nsorkvksa dks
fo'ks"k ioksZ ij upkus dh izFkk izk;% IEiw.kZ
NÙkhlx<+ esa ikbZ tkrh gSA laHko gS blh
u'R; dh izfØ;k ds lkFk bu nsoh nsorkvksa
dks izlUu djus ds fy;s muds ;'k xk;s x;s gksa
,oa nsoh nsorkvksa dks vkSj Hkh vf/kd
izHkkfor djus ds fy;s vusd yksd ok|ksa dk
Hkh vfo"dkj fd;k x;k gS ,oa fo'ks"k
gkoksa&Hkkoksa ,oa ps"Vkvksa dks Hkh
viuk;k x;k gks dkykUrj esa yksd ukV~; dk ;g
izdkj thou dh nq[kkRed ,oa lq[kkRed
vuqHkwfr;ksa ijLij laca/kks] lkekftd
folaxfr;ksa] rRdkyhu thou i)fr;ksa ,oa
fLFkfr;ksa vkfn dks lesaV dj pyk gks vkSj
blds lkFk&lkFk dkyxr ifjorZuksa dh ;kstuk
Hkh pyh gksA ;|fi izekf.kd :i ls rks dqN Hkh
ugha dgk tk ldrk] fdUrj vuqeku vo'; yxk;k tk
ldrk gS fd bl dyk dk fodkl euq"; dh vko';drk
ds QyLo:i gh gqvk gksxkA

NÙkhlx<+h yksd&xkFkk % yksfjd pank



jkek/kj lkgw ,oa lFkh & panSuh ukV~;
izLrqr djrs gw,

;g yksd xkFkk eSus izfl) yksd dykdkj Jh jkek/kj lkgw] tks ,d ek= panSuh xk;d iwjs NÙkhlx<+ essa gS] ;g cgqr iqjkus dykdkj gSA ;g vius xkao dpkUnwj] ftyk nqxZ] NÙkhlx<+ esa fuoklir~ gS ,oa eSa buds xkao esa tkdj ;g dFkk ;k xkFkk ,oa yksd ukV~; dks budh tqckuh lquh gS] ,oa izfl) ys[kd Jh ih-lh- yky ;kno th ls xzke x.MbZ] ftyk jktukanxkao ls ckr&phr esa ;g dFkklkj lquk gSA

[kkor ehB xqM+] fpaojk laxh] pqgdr e dqfl;kj gksA

xkor e xhr panSuh , laxh] lqfu gkS dku y yxk, gksAA

¼jktk egj ds csVh pank eu e xqus fny e fcpkjs laxhA vks le; ds csjk e jktk egj ds csVh pank dk cksyr go; nhnhA pkSng >u psjh y eu e xqus fny e fcpkjs Vwjh cksM+jghuA fn;k cqrS;k] cklh pksV~Vh] pk;nh pfjgk] Qfjdk isyu] ejxs xM+kSuh] rksj

tÅagj gksfrl] ej js xM+kSuh] rksj pkSiV gksfrl
Vwjh] vkt eSgk xkSjk cktkj&tkgao dsgao vks-
---A vkt Vwjh dk pht [kaxs gs] dk ICth
[kaxs&gs] rksj vk;[kh ubZ fn[ks js pEih-----
A½

tÅu csjk dj csfj;k vks- , fnu rksj
eksj cksyr pank gk] , fnu rksjA
ogh js le; esa xk] , fnu rksj]
eksj pEih y HkbZ;k] , fnu rksj]
eksj jtk rjksbZ] ehB dgan: , vks
eksj fpduh jedsfj;k] eksj nedy HkkaVk vks]

,s fnu rksj

eksj d:gk djsyk] ;k , fnu rksj]
eksj pqjpqj fejk] , fnu rksj
vkuk tkuk Vwjh pEih vks] >ksjk ibZlk /kj

ys Vwjh vks]

, fnu rksj]

rS tkuk js xM+kSuh] , fnu rksj
eksj vksgh js le; ekvks] , fnu rksj
eksj cksyr go; pank gk] , fnu rksj
eksj dbZls js etk d vks] , fnu rksj
eksj /kjFks pEih] , fnu rksj
eksj jsaxs cj Vwjh] , fnu rksj

eksj xkSjk cktkj vks] , fnu rksj
eksj ygj , yxkSuh ,] , fnu rksj
eksj ifgjs cLrj] , fnu rksj
eksj pedr >edr] , fnu rksj]
Vwjh pEih gk jsax;] , fnu rksj]
eksj xkSjk ctkjs e tko; nhnh] , fnu rksj
eksj dbZls etk ds xk] , fnu rksj]
xyh&xyh Vwjh gj ?kweFks vks] , fnu
rksj]

eksj xkSjk cthjs [kkstFks xk] , fnu rksj
xkSjk ctkjs] , fnu rksj
eksj mtjs go; xk] , fnu rksj
jtkk dBk;r ds csVk vks] , fnu rksj
eksj pksaxh fi;r cbZBs gs] , fnu rksj
ek[kqj iljk e nhnh] , fnu rksj
eksj cM+ lqUnj Vwj] , fnu rksj
ftuxh e ubZ ns[ks vu nhnh] , fnu rksj
eksj ikuh okyh nhnh eu tk;oFks HkbZ;k]
, fnu rksj

eksj efu;kjh okys HkS;k eu tkoFks xk] ,
fnu rksj

eksj ikuh okys nhnh eu tk;oFks HkbZ;k]
, fnu rksj

eksj efu;kjh okys HkS;k eu tkoFks xk] ,
fnu rksj

eksj ek[kqj iljk] , fnu rksj

cbZBs gko; ykxfjd xk] , fnu rksj

eksj xksM+s y yekds x] , fnu rksj

csVk vÅ ykxfjd g cbZBs gko; xk] , fnu
rksj

eksj taokjk] erksj Hkkstyh y dfg nscs
vksA

ykxfjd gk tkds xkSjk cktkj e] ek[kqj iljk e
cbZBs nkbZA ctj&fgu eu ns[ks ubZ;s
fBdkukA tqx cqM+xs] /kkj js cbZjh] ,bZlu
Vwjg ge ftuxh e ubZ ns[ks vu vksA gej vrck
tM+ mEej gksxs nkbZ] tkds&ek[kqj iljk e
HkhM+ ?ksjk;s xk] laxokjh xk eksj]

jktk egj ds csVh pank ds psfj;k pEik cktkj
e lkSnk ys;s cj ?kweFksA lc mtjxs vksA dksu
ns eksyk lkSnk y vksA ejxs jsxM+kSuh rksj
tÅ;gj gksfrl] ICth yrsao ICth okys ubZ;sA
efu;kjh yrsao efu;kjh okys ubZ;sA dqagdw
fVdyh] Luks] ikmMj] yrsap nkbZA csVh eksj
xyh&xyh ?kwe;] ubZ feys lkSnk ro] HkhM+ y
ns[kFks js laxokjh xk eksjA

tÅus le; dj csfj;k e vks] eksj jsaxr gko;
pEih gk&,s fnu rksj

eksj HkhM+ Mkgj tko; gks] , fnu rksj

eksj dbZls etk ds xk] , fnu rksj

eksj igqapFks pEih gk] , fnu rksj

eksj lqu yscs HkbZ;k eksj dfj;k xk eksj

dbZls HkhM+ ykxs gko; xk] , fnu rksj

eksj cksyr gko; pEih xk] , fnu rksj

eksj lqu yscs Vwjh vks] , fnu rksj

eksj vk;s enkjh vks] , fnu rksj

eksj Hkkyw /kjs gko; vks] , fnu rksj

eksj dbZls ds dksguh ds tksj e xk] , fnu

rksj

txk cuko; pEih] , fnu rksj

,ns [kqljFks pEih] , fnu rksj

eksj ns[kr go pEih

eksj csVk ;s yksfjd ;s

eksj ek[kqj iljk e cbZBs gs vks

tsyk ns[kFko pEih] , fnu rksj

ejtk&ejtk , xM+kSuk] , fnu rksj

ejtk&ejtk js eqM+kSuk] , fnu rksj

xkjh nsor gko; pEuh] , fnu rksj

;s fudyr HkhM+ y] , fnu rksj

fHkjs dNksjk] eqM+ m/kjk ;s vks] Vqjh
Hkkxr gko; pEih] , fnu rksj
eksj jktk caxyk cj vks] , fnu rksj
ejtk&ejtk eksj xM+kSuh vks] , fnu rksj
jtkk egj dj csVh y dbls ;s crkos] , fnu rksj
lqu yscs vks nhnh] , fnu rksj
eSa rksyk dkyk crkoao ;k] , fnu rksj
Åagk vk;s gs enkjh ;k] , fnu rksj
ckuj Hkkyw y upkoFks] , fnu rksj
;s ns jkuh y crkoFks] , fnu rksj
;s ns pank jkuh gk xkjh nsoFks] , fnu
rksj
lqu ys pEik eksj dguk vks] , fnu rksj
eksj fd;k /ku xkjh nso; Vwjh ;ks ns pank gks]
, fnu rksj
eksj lqu yscs Vwjh vks] , fnu rksj
lgh&lgh ;s crkuk ;k] , fnu rksj
rksyk dk crkoao pank] , fnu rksj
ckjk ikyh xkSjk okys vks] , fnu rksj
tsgk jktk oks dBk;r ds] , fnu rksj
csVk vk;s yksfjd vks] , fnu rksj
pksaxh iljk e cbZBs gs] , fnu rksj
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tk fnu cksy; eksj Hkkstyh eksj tokajk y dfg
nscs vksAA

¼ek[kqj iljk e ckjk ikyh xkSjk okys jtk
ds csVk yksfjd cbZBs gko;A lkjh ctkj mtjxs
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vkxsao&pankA pank dFks&ejtk js xM+kSuh
rksj tÅagj gksfrlA ejtk js eqM+kSuh rksj
pkSiV gksfrlA dk dgs js Vwjh] eSa ts[kj cj ejr
gao vks] ts[kj cj ftuxh] t;fd pksaxh vksgk fi;r
gs vks laxokjhA caxyk y rqeu ns[ko Vqjh
eSa eeknkbZ ?kj cbZBs y tkora go js laxokjh
js eksj½

dk lqUnj cksyh cksyr gs nhnh&2

vkek ds Mkj e cbZBs dks;fy;k

Vwjh pank dj jsaxr gs nhnh] dk lqUnj cksyh
cksyr gs uk

BsaxkHkkaBk dj j`k /kj&/kj] dk lqUnj
cksyh cksyr gs uk

/khjs&/khjs pank tkor gko; vks] dk cksyh
cksyr gs uk

jk/kk Mkisdjh ;s ns gko; vks nhnh]

dk lqUnj cksyh cksyr gs uk

efYyu ds ?kj e tkor gko;] dk lqUnj cksyh
cksyr gs uk

lqu ys&lqu ys eeknkbZ vks] dk lqUnj cksyh
cksyr gs uk

?kj esa gkol ds ugha vks Mksdjh] dh lqUnj
cksyh cksyr gs uk

vkuk&vkuk rssagk dksu vl vks csVh]

dk lqUnj cksyh cksyr gs uk

vkuk&vkuk dfgds Vwjh y cyko;] dk

lqUnj cksyh cksyr gs uk

t;ds Vwjh cksyr ykxs] dk lqUnj cksyh
cksyr gs uk

xtc fnu e vk;s gl rS vks pank]

dk lqUnj cksyh cksyr gs uk

cSBd nsor gko; pank Vwjh y] dk lqUnj
cksyh cksyr gs uk

lqu ;s eeknkbZ eksjs ;s ckr yk] lqUnj cksyh
cksyr gs uk

,d >u fn[kFkl rSgk eeknkbZ] dk lqUnj cksyh
cksyr gs uk

Mksdj k cck dgk; xs gko; vks] dk lqUnj cksyh
cksyr gs uk

Nsjh pj; y xs gko; csVh] dk lqUnj cksyh
cksyr gs uk

vkek ds Mkj e cbZBs dks;fy;k]

dk lqUnj cksyh cksyr gs ukA

¼pank jg; rsu caxyk ys fudy /khjs&/khjs
tkor gko; nkbZ BsaxkHkkVk ds j`k y /kjs tkds
Bsaxk HkkBk e igq;pxs nhnhA jk/kk Mkstdjh
efYyu ds ?kj e igq;pxsA nqfjgk ys fpYykor
gko; eeknkbZ&-----A dksu vl vks eSa jtk
egj ds csVh pank vkoao eeknkbZA dbZIs
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vk dfgds Hkhrjh essa cykds cSBd nsoFksA
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gkol eeknkbZA dk dgoa csVh Mkstdjk Nsjh
pj;s yk xsgSA eSa vdsyk gkoao js laxokjh
xk eksj-----A rks ?kj dbZIs lqUuk&yxFks
eeknkbZ \ eSa vHkxhu dgk; ds vkneh
ikoaoA eksj rxnhj esa Hkxoku g [kafMr fy[ks
js laxokjh xk eksj---A ;s dks >u ybZdk ubZ
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eeknkbZA rSa dkcjk xkSjk ctkj ubZ xs;sl js
laxokjh eksj½

xksanyh e Fkksjfd c?kkj yscs eeknkbZ]

xksanyh e Fkksjfd c?kkj yscs vks

HkkaVk] eqjbZ jedsfj;k crky] xksanyh e
Fkksjfd c?kkj yscs ukA

;s ekfYyu Mkstdjh dFks] lqu yscs pank
vks] xksanyh e Fkksjfd c?kkj yscs]

;s ibZlk ubZ;s csVh ubZ tkao ctkj ;k]
xksanyh e Fkksjfd c?kkj yscs uk

lqu eeknkbZ Fkksjfd eksj ckr vks] xksanyh e Fkksjfd
c?kkj yscs uk

dguk y eksj eku tk eeknkbZ] xksanyh e Fkksjfd
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rksj t?kk oSlk ubZ;s eSgk nsor gkao vks] xksanyh e
Fkksjfd c?kkj yscs

vksgh le; e pank ;s ns cksy; vks] xksanyh e Fkksjfd
c?kkj yscs uk

rksj cj iSlk ;s eSa nsor gao Mkstdjh xksanyh e
Fkksjfd c?kkj yscs uk

Mksdj k cj pksaxh ek[kqj yku yscs vks] xksanyh e
Fkksjfd u c?kkj yscs uk

vkB fnol cj ICth ykcs eeknkbZ] xksanyh e Fkksjfd u
c?kkj yscs uk

rksj vkor ys rkj caxyk y ns[krgao vks] xksanyh e
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Mksdjh gksxs jktw dbls tk;s cij] xksanyh e Fkksjfd u
c?kkj yscs uk

ogh le; e pank cksyr gko; nhnh vks] xksanyh e
Fkksjfd u c?kkj yscs-

¼vkt ctkj dkcj ubZ xs gkol Mksdjh---A ej
xs js xaM+kSuh rkj tkSgj gksfrl] rksj pkSiV
gksfrlA vkt iSlk okys ds gkV ;s csVh] fcu iSlk
okys tksgs ckVA dk tkgw; Vwjh] ;k rks pank
y jk/kk Mksdjh&eYyhu Mksdjh xkjh nsoFks js
laxokjh xk eksjA ;s ns Mksdjh iSl ys ys rSa
tk xkSjk ctkj rksj vkor ys caxyk y ns[kFkao
rksj Mksdj kA vkgh rsyk fidky ds cklh nsagoa
js laxokjh eksj----A Mksdjh tk;s cj fr;kj gksxs]
rc pank dk cksyh cksyFks js laxokjh xk
eksjA½

tÅus le; dj csfj;k e vks Vwjh cksyr gko;]
, fnu rksj

eksj ,d fBu ckr gs] , fnu rksj
eksj Fkksjfdudke gs] , fnu rksj
ts tk;s xj tkor gol] vks eksj dke gs v/kwj
tsyk iwjk djcs nkbZ vks] , fnu rksj
eksj cksyr gko; pank gk] , fnu rksj
ejtk&ejtk vks xM+kSuh] , fnu rksj
ejtk&ejtk vks eqM+kSuh] , fnu rksj
pkсах fi;r gksgh ;s fnu gks ek[kqj iljk e
nkbZ]

;s fnu rksj

rs[kj t?kk tkds js Mksdjh] , fnu rksj

ekjs HkhM+ ds vUnj vks] , fnu rksj

eksj ?kql tkcs Mksdjh] , fnu rksj

xksM+ y yekds vks] , fnu rksj

eksj xksM+ y yekds rSgk csB tkc vks]

eksj eqM+ y <kd ds vks] , fnu rksj

,sls jksuk jkscs Mksdjh vks] , fnu rksj

rksyk dk crkoao nkbZ] , fnu rksj

rhu fnu gks;s gs nkbZ vks] , fnu rksj

dcjh dyksj gk] , fnu rksj

eksj Mksdjk y ekjs Mksdjk y vks ck;Vk nl

xquk gSA

ft;s ds ,dks ub;s nkbZ vks] , fnu rksj

cNq: y ubZ fi;kcs] , fnu rksj
eksj dcjh dyksj gs] , fnu rksj
eksj cN: y ubZ fi;kos] , fnu rksj
dksbZ bZekunkj jkÅr gksfrl vks cN:
y fi;kfrl , fnu rksj
dcjh js dyksj y] , fnu rksj
;s ns nqfg nsfrl] , fnu rksj
eSa dk crkoao nhnh] , fnu rksj
eksj tk fnu cksy; eksj Hkkstyh eksj
taokjk y dfg nscs vksA

¼tkds rSagk jksuk jkscs MkسدjhA vÅ dk
jksuk ;s csVh esa ubZ tkuo] eSa crkcs r
tkugwa js laxokjh dk eksj-----A ;s HkhM+
yxs gksgh xkSjk ctkj eSaA ek[kqj iljk esa
rsek dksguh ds ,d e t?kk cuk yscs eeknkbZA
vÅ cksM+ yek ds vUnj esa cbZB tkcs
MkسدjhA vma eqM+ y <kad ds ,sls jksuk
jkscs js laxokjh xk eksj-----A

rhu fnu gksxs dcjh dyksj tuesa cN: y
ubZ fi;ko;] Mkسدjk y ,M+ esa ekjs [kfV;k esa
ijs gs nkbZ] ejs ds ck;Vk nl xquk gko; th;s ds
,dks ubZ;s nhnhA dksbZ bZekunkj jkÅr
gksfru cN: y fi;k; nsfru] ts[kj&tqx&tqx uko

ysrsao js laxokjh xk eksj-----A ,sls tkds rsagk
jkscs eeknbZ fnu nsokjh vkgh rc nsokjh ds
[kpkZ y nsrsaoA eksj iqj tkgh rc ik;p ds gkFk
y nsrsao js lkaxokjh xk eksj½

ok&ok js lx;okjh xk eksj

dguk cpu yk ghj ekuo xk eksj
vuqfi;k ds HkS;k vks] , fnu rksj
eksj ckcw ds nnk ;s] , fnu rksj
eksj Vwjh gj jsaxFks] , fnu rksj
eksj efYyu Mkstdjh] , fnu rksj
xkSjk ctkjs jsaxkor go; vks&
eksj efYyu Mkstdjh ;s nkbZ] , fnu rksj
eksj tkor gko; nhnh vks] , fnu rksj
eksj vfy;k e jsax; vks] , fnu rksj
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eksj Vwjh gj py; ;k] , fnu rksj
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eksj lqujk nqdkus ;s] , fnu rksj
eksj vkek iap isafM+;k] , fnu rksj
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eksj dqdqj yqgwaxh] , fnu rksj
cq<+ok cbZyk <jdh <kjFks] , fnu rksj

eksj lkai ds lyxuh] , fnu rksj
eksj fcPNh ds rjaxuh] , fnu rksj
eksj gbZjuk mpkVk ekjFks vks]
ck?ks ekjs c?kpksih&, fnu rksj
eksj efYyu Mkسدjh] , fnu rksj
eksj xkSjk ctkjs ;s] , fnu rksj
esj tkor gko; HkS;k xk] , fnu rksj
eksj igqapr gko; Mkسدjh] , fnu rksj
;s pkjksa eqM+k y Mkسدjh gko; vks]
ubZ js fn[k; ;s ns ctjfgu g eksj
eksj HkhM+ y ;s ns[kFks ;s fnu rksj
eksj tkor gko; nhnh vks] , fnu rksj
eksj Hkkstyh eksj taokjk y dfg nscs vks--

----A

¼vfy;k ukgs /ku xfy;k ukgs ckou ctkjA
NksVs gVjh cfu;k gosyh NksM+s lksujk
nqdkuA vkek tys iapisM+ok] Fkqgk isaM+
fdukjs nkbZ] dqdqj yqagxh] cq<+ok njdh ;s
nkbZ] lkai layxuh fcPNh rjaxh] gbZjuk
mpkVk] c?kok pkSih ;k Mkسدjh xkSjk ctkj e
igq;ps js laxokjh xk eksj----A Mkسدjh xkSjk
ctkj e igq;ps jS laxokjh xk eksj----A pkjks
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HkhM+ y ns[kr Mkstdjh tkoFks js laxokjh xk
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jk/kk eksjA vUnj e ?kqlxs nkbZ xksM+ yekds
Mkstdjh cbZBx eksjA eqM+ yk <kad; js
laxokjh js eksjA Mkstdjh ds dk jksuk 'kq:
gksxs vk vk gk&gk-----A rhu fnu gksxs gs
dcjh dyksj tuesa] cN: y ubZ fi;ko; nkbZ vksA
eksj Mkstdjk y ,M esa ekjsA ejs ds nlxquk
ck;Vk ft;s ds ,dks ubZ;s js laxokjh xk eksjA½

tÅus le; dj csfj;ku xk]

eksj lquFk go; yksfjd xk] , fnu rksj

vgk jksuk y HkbZ;k js] , fnu rksj

pkсах fi;r gko; xk] , fnu rksj

eksj lqfu yscs Mkstdjh] , fnu rksj

eksj fd;k /ku cksy; vks] , fnu rksj

ej tkcs Mkstdjh] , fnu rksj

rmus le; dj csjks e rksj

vkxh ykxs rksj ykt vks] , fnu rksj

eksj drdk , nq[k vks] , fnu rksj

viu ?k e vks ck;Vrs] , fnu rksj

eksj t?kk vkds Mkstdjh] , fnu rksj

,sls jksuk jksFkl vks] , fnu rksj

csVk yksfjd xkjh nso; eksj]

tÅus le; dj csjk e ;s fnu rksj
fd;k /ku cksy; js] , fnu rksj
eksj ej tk js xM+kSuh] , fnu rksj
eksj tk fnu cksy; eksj Hkkstyh eksj taokjk y dfg
nscs vkd

nqfu;k viu ?kj e nq[k y ck;Vr gko;
Mksdjh] vÅ vkds rSa eksj vkxw e MaM iqdkj
ds jksorglA eksj ru&ru Nsnk ijxs js laxokjh xk
eksj---A dk ejxs rksj ISa;k xkslSa;k Mksdjh
dk efjxs rks dqVqEc ifjokj] dk efjxs ISuk lxx
jksoFkl naM iqdkj vks Mksdjh xkjh nsor
yksfld iwNFks rc Mksdjh nsoS tokis js
laxokjh xk eksj----A

tÅus js csjk e] , fnu rksj
eksj cksfy;s nhnh] , fnu rksj
ejtk js xM+kSuk] , fnu rksj
ejtk js eqM+kSuk] , fnu rksj
eksj xkjh nso Fs] , fnu rksj
dcjh dyksj y] , fnu rksj
dksu nqgs js] , fnu rksj
csVk js yksfjd] , fnu rksj
cksyu ykx;] , fnu rksj
ns[koa vks Mksdjh] , fnu rksj

rksj dcjh yk] , fnu rksj
dbZls ubZ fi;ko;] , fnu rksj
cN: y vks] , fnu rksj
fcuk nqgs js] , fnu rksj
ubZ NksM+oa vks] , fnu rksj
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csVk yksfjd g cksy Fks] vks eksj dgkFks

nhhh

eksj&eu&eu xqus] , fnu rksj
eksj ogha le; dj] , fnu rksj
csjk e Mkسدjh] , fnu rksj
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eksj jsaxFks nhhh], fnu rksj
eksj vkxw&js vkxw] , fnu rksj
Mksدjh jsaxs;] , fnu rksj
ikNw&js ikNw] , fnu rksj
csVk yksfjd ;s] , fnu rksj
lh/kk Hkkx] , fnu rksj
Vwuks ds Vwuks] , fnu rksj
dbls etk dj] , fnu rksj
Bsaxk HkkaBk e] , fnu rksj
tkoFks nkbZ] , fnu rksj

vÅ Mksdjh cksy;] , fnu rksj
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fcuk js eksj xk] , fnu rksj
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ogh le; dj] , fnu rksj
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dkgu ykx;] , fnu rksj
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lqYyk xksjkZ gs] , fnu rksj
vM+xM++ cha/kh , fnu rksj
xksM+ e xksM+kbZ js] , fnu rksj
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ybZ yxS csVk] , fnu rksj
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tk fnu cksys eksj Hkkstyh eksj taokjk y
dfg nscs vks---A

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gko; xk] ,ds Bu xksjkZ e vksbZys gs xkA u
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ubZ;s xkA u iwNh ubZ;s xkA eqaM gko;
gwjgk nkSM+Fks] csVk nu ds dpkj nsFks js]
laxokjh xk eksj-----A½

vjs ok&ok js laxokjh eksj vrdek lqus csVk
yksfjd eksj

;s ns fjl gk rks vkxs js] , fnu rksj

eksj p<+sxs laxokjh] , fnu rksj

dk;j y lk;j cbZjh] , fnu rksj

lk;j y dk;j vks] , fnu rksj

;ks cM+s&cM+s y ;s fnu vks xk; y

nqgFkao Mkstdjh vks] , fnu rksj

eksj ekjs dgk; tkgh vks] , fnu rksj

csVk tkoFkao yksfjd gk] , fnu rksj

eksj ;s ns tkor yksfjd gk] , fnu rksj

BsaxkHkkBk e igq;pxs] , fnu rksj

eksj Mkstdjh g dFks ;k] , fnu rksj

lqu yscs csVk ykxfjd] , fnu rksj
e; bgha esj gkoao] , fnu rksj
vaxuk e tkuk csVk] , fnu rksj
dejk&[kqejh y eM+kys xk] , fnu rksj
eksj ;s rksj Hkafn;k yk] , fnu rksj
mrkj yscs csVk] , fnu rksj
uksbZ /kj yscs ykxfjd] , fnu rksj
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eksj vaf/k;kj gko;] , fnu rksj
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eksj tk fnu cksy; eksj Hkkstyh eksj
raokjk y dfg nscs vksA

¼ ykxfjd g ;s dSlS cN: fi;k;s y dcjh dyksj
nqgs y tkoFksA js laxokjh dk eksj----A vÅ

pank dk dbZls vaf/k;kjh [kksyh e liVs gs js
laxokjh xk eksj-----A vuqfi;k ds HkS;k vkoFks
eksyk ns[ks >u dfgds dikV ds vks/kk e yiVs
bgs js laxokjh xk eksj $\frac{1}{2}$

tÅus js csjk e] csjk ;s eksj
eksj cksyFks nhnh] cksy; rksj
ej tk js xM+kSuh] xM+kSuh , rksj
ej tk js eqM+kSuh] eqM+kSuh , rksj
eksj yksfjd y HkbZ;k] , fnu rksj
lqu yscs jkÅr] , fnu rksj
eksj dbZls etk ds] , fnu rksj
eSa gj tksgh] , fnu rksj
eksj dk dkgao ckcw] , fnu rksj
eSa gj cyk; gao] , fnu rksj
dcjh dyksj y] , fnu rksj
rSa nwgs y vk;s] , fnu rksj
dgk; dcjh dyksj] , fnu rksj
rSa ikcs vks tksM+h] , fnu rksj
eSa dcjh dyksj vo] , fnu rksj
rSa ikcs vks tksM+h] , fnu rksj
eSa Bx ds cyk; gao] , fnu rksj
eksj iklk [ksys ds] , fnu rksj
eksyk vklk gs jkÅr] r fnu rksj

eksyk iklk [ksykns] , fnu rksj
eksj cksyFks pank] , fnu rksj
eksj ogh le; dj] , fnu rksj
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eSa xkSjk ctkjs] , fnu rksj
eSa cbZBs jsgsao vks] , fnu rksj
eSa deyh nSgkus esa] , fnu rksj
HkS;k js dUgS;k] , fnu rksj
eksj xS;k Nsadr gs] , fnu rksj
eksyk xkjh nhgh vks] , fnu rksj
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vkt rksj jgr ys vuqfi;k ds HkS;k drdks gko;]
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lkspus yxh pEih

D;k enkjh vk;k gS \

Hkkyw dk ukp fn[kk jgk gS \

txg cukrh HkhM+ esa

?kql xbZ pEih
ns[kus yxh yksfjd dks
og cSBk gS rEckdw nqdku esa
ns[kdj mls nsrh gS xkyh
HkhM+ Is fudydj og
yxh nkSM+us jtkk ds caxys dh vksj
jtkk egj dh csVh pank dks
crk jgh gS& ^\lquks nhnh
eSa rqEgsa D;lk crkÅ;
ogk; enkjh vk;k gS
canj Hkkyw upk jgk gS**A
pank xkyh nsus yxh
^\lquks pEik esjk dguk
^\lp&lp crkvksa**
ckjk ikyh xkSjk okys
jtkk dBk;r dk csVk
ogk; vk;k gS yksfjd
?kksaxh ihrk gqvk og
cSBk gS rEckdw iljk esaA**

rEckdw nqdku esa ckjk ikyh xkSjk okys
jtkk dk csVk yksfjd cSBk gqvk gSA lkjk ctkj
mtM+ x;k eSa [kkyh vk xbZA pank&dgrh
gSS& ^\kr~ rsjs dh] rsjk uk'k gksA eSa ftlds

fy, ej jgh gwW] ftlds fy, esjk thou gS] ogh rks
gS] pksaxh ihus okyKA caxyk dks rqe yksx
ns[kks] eSa tk jgh gwW eeknkbZ ¼ukuh½
ds ?kj cSBus vjh esjh lgsfy;ksaA

D;k ehBs cksy&cksy jgh gS nhnh

vke dh Mky ij cSBh dks;y

Vwjh ¼yM+dh½ pank pyus xyh

BsaxkHkkBk ds jkLrs ls gksdj

/khjs&/khjs tk jgh gS og

jk/kk cqf<+;k ;gk; gS cgu

ekfyu ds ?kj tkdj dgrh gS

^lquks] lquks lquks ukuh ek;

?kj esa gks fd ugha cqf+<+;k**

^vkvks] vkvks dkSu gks csVhA**

tkdj pank cSBus yxh

cgqr fnuksa ckn vkbZ pank**

^lquks eeknkbZ esjh ckr

,d rqe gh fn[kkbZ ns jgh gks

cw<k ckck dgk; x;k gS**

^cdjh pjkus xbZ gS og csVhA**

pank caxys ls fudy dj Bsxx Hkk;Bk ds
jkLrs ls /khjs&/khjs igq;ip xbZA ekfyu cqf<;k
jk/kk ds ?kjA igq;ipdj iqdkjrh gS& eeknkbZ

?kj esa gks----A ^dkSu** eSa jtk egj dh
csCh pank gwW ukuhA ^dSlS vkbZ gks
csVk esjs caxys esaA vkvks Hkhrij vkvksA**
Hkhrij cqyk dj pank dks cSBkrh gS cqf<+;kA
^ukuh vdsyh gks] ukuk dgk; x, gSA** ^gk;
vdsyh gwWA rqEgkjs ukuk cdjh pjkus x,
gSA** ^?kj lwuk&lwuk yx jgk gS ukuhA**
^eSa vHkkfxu dgk; ls ifr ikÅ; ukuh Hkxoku
us esjs HkkX; ks [kafMr dj fn;k gS ukuhA**
Hkxoku us eq>s larku ugha nh csVhA**
^blhfy, rks dgrh gwW ukuh vius oa'k lk oa'k
ugha vkSj vius cPps lk cPpk ughaA blds fy,
>kM+&Qw;d ugha djkrh ukuhA**
^>kjM+&Qjwd cgqr fd;k ij cPpk ugha
gqvka** ^vPNk ukuh rqEgsa D;k crkÅ; rpe
xkSjk cktkj D;ksa ugha xbZ&

I;kt esa FkksM+k NkSad ysuk ukuh

I;kt esa FkksM+k NkSad ysuk

cSaaxu] ewyh] fHkaMh] VekVjA

ekfyu cqf<+;k dgrh gS& ^pank

iSlk ugha gS cktkj ds fy,A**

^lquks ukuh&NksVh lh ckr lquks

dguk esjk ekuks ukuh

rqEgkjs ikl iSlk ugha gSa rks
eSa ns jgh gwW rqEgsa iSlk
ukuk ds fy, pksaxh&rEckdw
llrkg Hkj ds fym lkx Hkkth
tkvks ysdj vkuk cktkj ls
rc rd ?kj eSa ns[k jgh gwWA**
cqf<+;k gks xbZ jkth tkus ds fy,
mlh le; cksy jgh gS pank

vkt cktkj D;ksa ugha xbZ ukuhA vks rsjk
uk'k gks vjsa ^iSlS okys dk gkV] fcuk iSlS
okyk tksgs ckVA** dSlS tkÅ;hxh yM+dhA
pank dks cqf<+;k jk/kk ekfyu dksl jgh gSA

^vjh cqf<+;k& ;s ys iSlk vkSj tk xkSjk
cktkjA rqEgkjs vkrs rd rqEgkjk caxyk ¼?kj½
eSa ns[k jgh gWwA rqEgkjk ifr vk;sxk mls
fudky dj cklh nwWxhA** ^cqf<+;k tkus ds
fy, rS;kj gks xbZA rc pank D;k cksyrh gS&

FkksM+k lquks ukuh ekj
esjh ,d ckr gS
esjk FkksM+k dke gS
tkus ds fy, tk jgh gks
esjk dke gS v/kwjk
mls dj nwuk rqe iwjk

pkсах ih jgk gksxk tks
rEckdw dh nqdku esa
mls ikl tkdj rqe
HkhM+ ds Hkhrj ?kql tkuk
iSj ilkj dj cSB tkuk
flj <k;d dj ,slk jksuk
rqEgs D;k crkÅ; ukuh
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dcjh dyksj ¼fprdcjh xk;½ tuh gS
esjs ifr dks gS ekjrh
cNM+s dks ugha fiykrh nw/k
esjh dcjh dyksj ¼xk;½
dksbZ bZekunkij] tkudkj jkÅr ¼pjokgk½
gks rks esjs cNM+s dks nw/k fiyok nsA
dcjh x;k dks nw/k ns
eSa dk crkÅ; cguA
tkdj rqe jksuk cqf<+;kA** ^dSlk jksuk
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ugha fiykrhA cw<+s dks ekjrh gSA esjk ifr
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pjokgk gks rks esjs cNM+s dks nw/k
fiyok ns] xk; Is nw/k nwg ysA mldk eSa
;qxksa&;qxksa rd uke yw;xhA ogkj tkdj bl rjg
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ik;ip gkFk dk iaNk ¼/kksrh½ nw;xhA

vuqfi;k ds HkS;k
esjs cPps ds cki
ekfyu cqf<+;k yxh
pyus xkSjk cktkj
xfy;ksa Is gksrh gqbZ
dj cfu;k dh nqdku ikj
lqukj dh nqdku
ikj djrh gqbZ vejkbZ
Qqyokjh dpukj dh
dqÙks dh xfr Is
lk;ji dh layxuh
fcPNw dh rjaxuh
fgjus dh mNky
ck?k dh Nyk;x

ekjrh gqbZ cqf<+;k
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dksguh ls /kedk nsdj ?kql xbZ HkhM+ ds
vanjA flj dks <addj jksus yxh& rhu fnu gks x,
esjh fprdxjh xk; vius cNM+s dks nw/k ugha
fiykrh vkSj u gh nw/k nsrh gSA xk; us
esjs cw<+s ifr dks ekj fn;k gS mldh thus dh
mEehn ugha gSA

cqf<+;k dk jksuk&/kksuk
lqu jgk gS yksfjd
dgus yxk cqf<+;k ls
^vjs rqEgsa nq[k gS cqf<+;k
rks nq[k ?kj esa ckjVrh
esjs ikl vkdj jksrh gSA**
yksfjd ns jgk gS xkyh
rsjk uk'k gks js cqf<+;kA
vjh cqf<+;k yksx viuk nq[k vius ?kj esa
ckjV ysrs gSa rqe esjs ikl vkdj
fpYk&fpYkdj jksuk jks jgh gksA ftlls esjk
eu nzfor gks x;kA D;k rqEgkjk ifr ej x;k \

rqEgkjs ifjokj dks dksbZ lnL; ej x;k ;k dksbZ
fj'rsnkj] tks ngkM+ekj dj jks jgh gS \ ykxfjd
dkslus yxk cqf<+;k crkus yxh&

^esjh fprdcjh xk;

nqgus ugha nsrh fdlh dks**

ykxfjd yxk cksyus

^eSa ns[kw; xk; dks

Hkyk dSls ugha fiyk;sxh

vius cNM+s dksA

nw/k fudkys fcuk

ughA NksM+w; xk xk; dksA**

mlh le; cqf<+;k

mBdj pyus yxh

vkxs&vkxs cqf<+;k

ihNs&ihNs ykxfjd

lh/kk yxs Hkkxus&

nksuksa] ykxfjd o cqf<+;k

BsaxkHkk;Bk igfq;pdj

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^csVk&ykxfjd lquks

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mldk flj gS ij iw;N ugha gS mldh

njoktk gS [kqyk

ik;oksa esa jLlh ugha

[kwc ekjrh gS xk;

ns[k IEgy dj tkukA**

csVk yksfjd xk; lkj ds Hkhrij gS] ns[k IEgy
dj tkukA xk; ekjus ds fy, nkSM+rh gSA u
mlds iSj ca/ks gS u xys esa dksbZ jLlh gSA
u mldh lhax gS u mldh iw;N gS] ij ekjrh gSA
fcuk lhax dh gS] cpkud ekjus ds fy, nkSM+rh
gSA mBkdj nu ls iVd nsrh gS] esjh xk;A IEgy
dj tkukA

bruk lqurs gh yksfjd

Øks/k ls yxk rerekus

^dk;j ugha gksrk 'kk;j

'kk;j ugha gksrk dk;j

cM+h&cM+h xk; ls eSaus

fudky fy;k gS nw/k

eq>ls dSls cpsxh xk;A**

csVk yksfjd dtkus yxk

cqf<+;k dgrh gS BsaxkHkk;Bk esa

^rqe tkvksa eSa gwW ;gha

vk;xu esa tkvksa csVk**

vk;xu esa tkdj yksfjd

viuk dEcy vkSj [kqejh

vius ik;oksa dh Hkafn;k
j[k fn;k mrkj dj
uksbZ gkFk esa ysdj
pyus yxk yksfjd lkj esa
^fdl lkj esa gSa cNM+k \
eq>s crkvksa cqf<+;kA**
^oks ns[kks] oks ns[kks csVKA**
/khjs&/khjs yxk tkus
/kqli va/kdkj gS ogk;
Nqih gqbZ gS ogk; pank
fdl izdkj cksyrh gS&
yksfjd cNM+s dks fiykus dcjh xk; Is nw/k
fudkyus tk jgk gSA pank va/ksjs dejs esa
Nqih gqbZ gSA vuqfi;k dk HkS;k vk jgk gS]
eq>s ns[k u ys ;g lkspdj pank vkISj dksus
esa fyiV xbZA
mlh le; yksfjd Is
cksyus yxh ;w; pank
^lquks yksfjd
eSaus gh cqyk;k gS rqEgsa
dcjh xk; dks nwgys ds cgkus
tkS vk;s gks rqe
dgk; feyrh dcjh dyksj

rqEgsa eSa cqyk;h gw; Bxdj
iklk [ksyus ds fy,
gS esjh ;g vk'kk
esjs lkFk [ksyks iklk**
bl izdkj cksy jgk yksfjd&
^ej tk js pank
lkys dh cgu
llqj dh yM+dh
pkсах ihrs cSBk Fkk
eSa xkSjk cktkj esa
cqyk fy;k rqeus**
^lquks igkfV;k
lquks esj fiz;
vxj gksxs rqe L=h
rks pys tkuk ;gk; ls
vkSj gks {kf=;
iq:"k dh tkr gks rks
esjs lkFk rqe [ksyks iklk**
pank Qsadus yxh iklk
^vjs pank lquks
rqe gks jtk dh csVh
eSa xjhc dk csVk
esjs lkFk u [ksyks iklk

fdlh us ns[k fy;k rks
rqEgkjk gksxk ?kj fudkyk
esjs izk.k ds fy;s tk;saxs**
xkyh nsrk gS yksfjd
cksyus yxh pank
^eSa jktk dh csVh
esjk dkSu D;k djsxk
eSa tks pkgw;_xh ogh gksxk**
iklk mBk Qsaxus yxhA
yksfjd cksyk& ^lquks
esjs ikl gS dqN ugha
lcdks vk;k NksM+dj
gS esjs ikl rks dsoy
dEcy vkSj [kqejh]
flj dh ,saBh ixM+h
xt Hkj yEch uksbZ
ihus dh esjh pksaxh
ik;oksa dk Hkafn;k
rsanwlkj dh ykBhA**
clA

vkt rqeus eq>s /kks[kk fn;k] dcjh dyksj
ds cgkus cqyok;k ekfyu cqf<+;k lsA eSa
rq>s D;k crkÅ;A pank rqe eq>s iklk [ksyus

dg jgh gksA esjs ikl dqN Hkh ugha gS gS
dsoy dEcy] [kqejh] ixM+h] pksaxh] Hkafn;k]
uksbZ vkSj ru ds diM+sA QwVh dkSM+h
Hkh ugha gS esjs iklA** ^vkt rqEgkjs jgrs
vuqfi;k ds HkS;k lc dqN gSA** rqe ugha jgrs
rks dksbZ ugha jgrk esjs fiz;A** nkao ij D:k
j[kw; pank ^D;k j[kw cksyA** vuqfi;k ds
HkS;k rqe gks rks yk[kksa dh IEifRr gSA rqe
ughA rks& dqN Hkh ughaA nkao dh ckr djrs
gksA nkao rqe ugha eSa yxkrh gw;A rqe
ckjkikyh xkSjk yxk nks] ukSyk[k xk,a] ukS
yk[k HkSal nkao ij yxk nksA ^vjh pank rhu
efgus gq, gS eSa viuh iRuh nkSuk dks xouk
djkdj yk;k gw;A**

vuqfi;k ds HkS;k ik; p dkBk ¼chl fdyks½
dksnks ¼,d izdkj dk vukt½ nj yks vkSj
gkFkksa esa ik; p pqfM+;k igu yksA tkdj viuh
ek; & dks Hkkstu ijl nksA tkdj viuh L=h ds fy,
ikuh yk nksA** cgu] llqj pank yksfjd dks
dkslus yxhA yksfjd dgrk gS& ^lkys dh cgu]
llqj dh csVh rq>s lius esa Hkh ns[kkA** dy
dh ejus okyh vHkh ej tkA rqEgkjs flj ij
Hkknks dh ¼xkt½ fctyh fxjsA

^pank esjs iz.k dks lqu yks
vc uha NksMw;jk iklk [ksys fcukA**
iz.k djds cSB x;k yksfjd
[ksyus ds fy, iklkA
ukS yk[k xk,a ukS yk[k HkSals
nkao ij yxk fn;k dyeh nSgku
pank Qsadius yxh iklk
iklk iyV x;k
nkao dkj x;k yksfjd
^vkSj yxkvksa nkao ij
tkS dqN Hkh gks rqEgkjs iklA**
^dqN Hkh ugha gS apank**
^dfu"dk v;ixqyh dh v;ixwBh gS
yxkvksa nkao ij bls**
mls Hkh yxk fn;k nkao ij
gkj x;k v;ixwBh dks Hkh
vc rhlik nkao
[ksyus yxh pank
rc yksfjd csVk
fdl izdkj cksyrk gSA
ukS yk[k xk,a] ukS yk[k HkSal gjk x;k
pankA esjs llqj us ngst esa tks v;ixwBh nh
Fkh] mls Hkh gjk x;kA vc esjs ikl dqN ugha

gSA ugha [ksaywixk vc iklkA ^pank dgrh
gS& eSa rqEgsa crk;Å iklk [ksyksxs rks lc
dqN gSA ugha [ksyksaxs rks dqN Hkh ugha
gSA bl ckj rqe vius vki ¼ru½ dks nkao ij yxk
nksA thr tkvksxs rks lc dqN okil dj nwixhA**
^esjk 'kjhj fdruk dherh gS rq>s irk ugha
pank**&

^Hkkth [kk;h HkFkqok dh] njkZ fi;k
efM+;k dk blfy, rqe detksj gksA esjs Mjksd
jtkk rqe esa FkksM+k Hkh iq:"kRo ugha
gSA**

bruk lqudj yksfjd
yxk cksyus pank ls
yxk fn;k nkao ij
'kjhj dks eSaus viuk

pank esjk 'kjhj yxk gS nkao ij] iklk
Qsadks pank] esjk 'kjhj yxk gS nkao ij] iklk
Qsadks yM+dhA** ^igys rqe cpuc) gks yks
yksfjd rc gh esa iklk Qsdwixh vU;Fkk
ughA**

^vkSj D;k deh gS ** gk; deh gS vuqfi;k
ds HkS;kA pank dgrh gS& ^lquks esjh ckr]

esjk dguk ekuksA rqe lkFk tkvksxs ugha \
tkvksxs rHkh iklk Qsdw;xA**

^lquks lkFk

pj.k Nwrh gw; rqEgkjh

djrh gw; fcurh rqEgkjh] gkj thr vius gkFk
dh ckr ugha**

mlh le; iklk Qsadrh gS pank

;g nkao Hkh gkj x;k ykxfjd

^pank rqeus rks iklk Qsad fy;k vc eq>s
nks vc esjh vksj Hkh iklk iyVsxA** ^ugha]
rqe cpuc) gksA nkao eSa thr xbZ] rqe gkj
x,A rqe iklk ek;xrs gks rks vc fny dk iklk
[ksyxA** ykxfjd vkSj pank iklk [ksy jgs gSa
cqf<+;k ekfyu ds ?kj esaA m/kj xkSjk esa
ekatj nkSuk $\frac{1}{4}$ ykSfjd dh uo O;kgrk ifRu $\frac{1}{2}$ D;k
cksy jgh gSA

ml le; dgus yxh nkSuk ekatj dh lkl

^rqEgkjh vdy ugha gS nkSuk

fdruh ckj dgw; rqEgsa

flds ls mrkj dj ngh

nggh eFk cukvksa egh $\frac{1}{4}$ eBk $\frac{1}{2}$

ysdj ;gk; lksyg ebZgk esa

flj ij j[k] tkvks nkSuks

cspdj ykSV vkuk
tkS ek;xs egh mlds ?kj
rqe fcYdqy u tkuk
vkSj tks u ek;xs egh
mls ?kj tcjnLrh tkukA
mlh ds ?kj cSBk gksxk
rqEgkjk ifr ykxfjdA**
pyh nkSuk j[k flj ij
vius lksyg ebZgk ¼eBk j[kus dk feV~Vh
dk ik=½

csprh tk jgh gS nkSuk egh
iqdkjrh& ^^egh ys ykS vks---- egh
egh ys ykS vks-----egh**
lksprh gS nkSuk lkl dh ckr
^tkS ek;xs egh mlds ?kj
rqe fcYdqy u tkukA
vkSj tks u ek;xs egh mlds ?kj tcjnLrh
tkuk**

ekatj nkSuk xyh&xyh
BsaxkHkk;Vk dh jkg pyh
chp jkLrs esa cdjh
pjk jgk gS Nsjdk cw<+k
jk/kk ekfyu dk ifr cw<+k
uke cw)w dke cw)w

iwNrk gS& ^dkSu gks rqe yM+dh **
^eSa] eSa eBk cspus okyh
tk jgh gwj eBk cspusA**
nkSuk ekatj eBk csprs&csprs
BsaxkHkkjBk igqip xbZA chp jkLrs esa cq)w
uked cw<+k ¼jk/kk ekfyu dk ifr½ cdjh pjg jgk
FkkA iwNek gS nkSuk ekatj ls vks eBk okyh
D;k j[kh gS \ eBk gS ckck** ?kj esa jk/kk
cqf<+;k gksxh pkj vkus dk ns nsuk ;s yks
iSlk&

mlh le; /khjs&/khjs
pyus yxh nkSuk ekatj
eu gh eu lksprh gqbZ
flj ij eBk ysdj
jk/kk dk caxyk iwNrh
iwNrh gS jk/kk cqf<+;k ls gh
nkSuk ekatj mldk ?kj
cqf<+;k tk jgh gS ?kj
^vks jk/kk cqf<+;k lquks
rqEgkjs enZ us fn;k gS
eq>s pkj vkus eBk nsus ds fy,
^cq)w uke gS mldk
cksyrh gS cqf<+;k& ^csVh

ugha yw;hx eBk] ugha yw;hx
iwNrh gS nkSuk ekatj& D;ksa
^cq<+s dks gks xbZ gS [kqtyh
ugha yw;hx eBk ugha yw;hxA**
lkl dh ckrsa djrh gS ;kn
eu esa lksprh gS nkSuk ekatj
^/kwi gh /kwi vkbZ gw;
cSBus nks eq>s rfud Nkao esa**
eil djrh gS cqf<+;k& ugha
esjs vk;xu esa gS dafV;k ¼,d izdkj dk
dkaVs okyk ikS/kk½
rgeus igus gSa lqUnj diM+s
pwHksxk dkaVk rqEgsaA**
^l;klh gw; ikuh fiyk nks
dgrh gqbZ ?kql xbZ nkSuk ekatj
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ekatj vk;xu esa pyh tkrh gSA ns[krh gSA
nkSuk ekatj dks ns[k nksuksa lge x,] dk;ius
yxA pank iwNrh gS yksfjd ls& ^fdlus crk;k
nkSuk ekatj dks tks eBk cspus vkbZ gSA

^vjs Hkkxkis rqe nksuksaA** cqf<+;k xkyh
nsrh gSA ysfdu os nksuksa Hkkxrs ugha
cqf<+;k nkSuk ekatj dks dksl jgh gS&
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ekjus yxh jk/kk ekfyu dks
ns[k jgh gSa yksfjd&panl
^rsjk IR;kuk'k gks js cqf<+;k
esjs ifr dks cqykj
[ksyk jgh gSa iklk vius ?kj
rsjk IR;kuk'k gks js pank**
pank ds tqM+s dks idM++dj
ekjus yxh mls nkSuk ekatj
ctz dh rjg ?kw;ls dh ekj
iyVrh pank] fQj nsrh QVdkj
jksus yxh pank ekj ls
nkSM+rk gS yksfjd mls cpkus
^N=ifr jktk dh gS csVh**
euk djrk gS og ekatj dks
ij ekurh ugha nkSuk ekatj
eq;g ls >kx Qsadus yxg pank
eq;g ls [kwu cgus yxkA
ns[k jgh gS jk/kk ekfyu
xkyh nsrh gS yksfjd dks

^jtkk dh csVh gS HkMqos
ugha cpsxh pank ekj ls] jksdks**
rsanwlkj dh ykBh ysdj
nkSM+k yksfjd pank dks cpkus
tkdj idM+rk gS og nkSuk dks
^tku ysus vkbZ gS nwljs dh
lkys dh cgu llqj dh csVh
rqe ys pyks vius ifr dks
vkSj cspkjh pank dks NksM+ nks]
tku x, vxj mlds HkkbZ&cki
dy ijlkSa rks] ugha cpsaxs izk.kA
yksfjd euk djrk gSa nkSuk dks
cpk ysrk gS pank ds izk.kA

ohj yksfjd

;g xkFkk Jh jkepUnz flag tks fd 2016 ds
laxhr ukVd vdkneh IEeku ls ekuuh; egkeghe
jk"V^aifr }kjk IEekfur gq;s gSA tks fd eqyr%
fcgkj ds jDlkSy ftyk ds xEgfj;k xzke ds jgus
okys gS] orZeku esa vki u;k fFk;sVj ds
funsZ'kd gS] rFkk vki yksd dyk] yksd u'R;]
yksd ukV~; ,oa vk/kwfud ukV~dks ls xgjk
laca/k j[krs gSA vki ls feyh ;g tkudkjh eSa
is'k dj jgk gwWA

;g /kjrH tkS&tkS vKxj gSA blus vxf.kr
ohjksa dks tUe fn;k gSA blhfy, og
ohj&iz'kfouh gSA og ohjksa dks tUe nsrh
gSa vkSj og ohj HkksX;k Hkh gS & ^ohj
HkksX;k olqU/kjA*

bl /kj/kke ij Hkkjr ekrk dh efgek vizfre
gS ftldk xk;u _f"k;ksa& eqfu;ksa us eqDrd.M
ls fd;k gSA osnksa] 'kkL=ksa] iqjk.kksa]
mifu"knksa esa bldh efgek dk loZ= mYys[k
gqvk gSA nsorkvksa us Hkh Lrqfrxku fd;k
gS& ^xk;fUr nsok%fdy xhrdkfuA*

igys yksd cuk rc osn cusA yksd dh
O;k[k; gh rks osn gSaA bl yksd dk cM+k
O;kid Lo:i gSaA tc osn ugha Fks rks
yksdokrkZ,i Fkh] ftUgsa yksd dk iqjk.ksfrgkl
dgk tk ldrk gSA bu yksdokrkZvksa dh fofo/k
fo/kk,i gSa& yksdxkFkk] yksdxhr] yksdukV;]
yksdksfDr vkfnA buesa yksduk;dksa ds
thou&o'Ùk IgL=kfCn;ksa ls lkekftdksa ds fy,
izsj.kk ds L=ksr jgs gSA ohj yksfjd mUgha
esa ls ,d gSA yksfjd ds tUe ls ysdj ifjfuokZ.k
rd dh dFkk,W 'kkS;Z] izse] HkfDr dh f=os.kh
izokfgr djrh jgh gSa ftlesa yxHkx ik;poha

'krkCnh Is ysdj v|kof/k yksd ds vxf.kr tu
eTtu&Qy izklr dj eqfDr] HkqfDr] HkfDr ds
f=oxZ Qy izklr djrs gSaA rks bl tu uk;d ds
ckjs esa lquas] tkusa] le>s vkSj mlDs pfj= Is
izsj.kk izklr djsaA

^gs

jke jke j?kquUUu] /ku&/ku djrk ukFk
HkxokuA

dgya · ds jkebZ u umoka ge ysgya
nsoh d ysys ckVh , jkek ljfr;k u gks
eukbZA

,Bs lqfejr ckbZ HkkbZ Hkqba /kjrha
vksBs lqfejr ge , eb;k bujokiqj d· gks
dSyk'kA

ck;sa lqfejr culÙkh] nfgus lqfejr jgyha ,
ekok]

nq:xok u cfM+ gks·· ekbA
thHkh ds Vquqyk ij lqfejr ckbZ ekbZ
lkjnk ds·

daBs esa lqfejr gbZ dBslj
ysfdu fgjn; esa , eb;k xmjhuUuu xuslA
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juoka thrcb djcw] , eb;k nq:xok eksfj gks
ekbA

tsg le; tue Hk;y yksfjd d-
vksg le; lok ihj cj[kk Hkby cfj;kjA
yksgs d lok igj cj[kk Hk;y cfj;kj
fcuk cÙkh d- egy Hk;y g- vkstjkjA*
yksfjd dk tUe] yksgs dh cjlkr] fcuk
nh;k&ckrh dss egy dk txexk mBuk] ;g lc D;k]
D;ksa gS \ ;g pkSadkus okyk Hkys gks]
ysfdu fdlh Hkh ohj] ;ks)k] HkDr] egkiq:"k ds
tUe ds volj ij ,slk gksuk lgt gSA rks vkb;s ge
yksfjd ds tUe dh dgkuh dks yksd dykdkjksa
dh tckuhA

fdlh Hkh egkiq:"k dk tUe yEch riL;k dk
ifj.kke gksrk gSA ^ck<+ba iwr firk ds /kesZ*
'kkL=ksDr IR; gSA Jhjke vkSj Jhd' ".k dh rjg
yksfjd nso dk tUe Hkh mudh ekrk&firk dh
yEch riL;k ds ckn gqvk FkkA dFkk bl izdkj
gSA

xaxk ds rV ij dafrr uke dk ,d bykdk FkkA
ml bykds ds ,d xkWo esa] ftldk uke ^xmjk*
Fkk] firk cw<+ dwcs vkSj ekrk [kqbyu&
nksuksa nsoh ¼foU/;okfluh \½ ds HkDr Fks
vkSj ,d lkFk jgrs FksA gj lq[k&lqfo/kk ls IEiUu

gksrs gq, os nq%[kh egt blfy, Fks fd mUgsa
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'kke dk le; FkkA xaxkrV] vLrkpyxkeh lwjt
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uUgsa&eqUus ckywdk ij ?kj&?kjkSank [ksy
jgs FksA os ekuksa fuekZ.k&l'tu vkSj
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rRoksa dks 'kk'or dj jgs FksA [kqbyu us mls
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x;k] eSa rks fu%larku gh jg x;hA* fu%iq=h
dks LoxZ ugha feyrk] ,slk yksdfoJqr gSA
fparkrqj [kqbyu cw>+s dwcs ds ikl tkus yxha
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yxus ls fcxM+ x;sA cPps jksus yxsA jksus dh
vkokt lqudj vius ?kj ls ,d czkEg.kh L=h fudyh
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dksbZ iq= gS ugha] rw D;k tkus iq=&izlo dh
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fn;kA*

vc D;k Fkk ! [kqbyu dks dkVks rks [kwu
ugh] ekuksa lkji lwa?k x;k gksA og ,dkUr
esa cSBdj flj ij gkFk j[k jksus yxhaA muds

jksus&fcy[kus dh vkokt+ lqudj ,d eqfu th dk
/;ku VwVKA mUgksaus vkdj iwNk& ^D;ksa
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^vc eSa thdj D;k d:a;XH \ tc fu%larku
gksus ds dkj.k bruk cM+k rkuk lquuk iM+ jgk
gS *

^rks D;k rqe fu%larku gks\ fpark dh
dksbZ ckr ughaA tkvksA jfookj dk ozr fd;k
djks] xaxk&Luku djds nku nks] bls dqN gh
le; esa rqEgksjs xHkZ esa dksbZ ohj
fiaMxzg.k djsxkA iSnk gksdj og ukjh&tkfr dk
m)kj djsxk] nq"Vksa dk var djds dqy dk nhid
cusxkA*

^ij dSIs \ pkSFksiu esa ;g IEHko ugha
gSA*

^ugha] lk/kq opu feF;k ugha gksrkA*

^ugha] vc eSa ugha th ldrhA*

,slk dgrh gqbZ [kqbyu xaxk dh rh{k/kkjk
esa dwn iM+hA dwnrs gh xaxk th gFksyh ij
mUgsa ysdj izdV gks x;ha vkSj chp/kkjk ls
cksyha& ^tku er nks] yks ik;P tM+h nsrh
gwW] bls [kk yks bls iq=jRu dh izkflr
gksxhA*

xaxkth ds bl vk'oklu ij og mBha vkSj
Luku djus yxhaA rc rd ,d dkSok vk;k vkSj
ik;ip esa ls ,d tM+h ysdj mM+ x;kA mM+rk
gqvk og tk gh jgk Fkk fd ,d vU; dkSok dks
ns[k mlus lkspk og mls Nhu u ys] vr%
dk;o&dk;o djus yxk fd og tM+h mlh pksap ls
fxj iM+hA uhps ,d ?kksM+h pj jgh FkhA
tM+h fxj dj uhps vk;h ftls ml ?kksM+h us ?kkl
ds lkFk [kk fy;k] ftlls ckn esa eax: uked
vR;Ur cyoku cNsM+k iSnk gqvkA ;g cNsM+k
tc cM+k gqvk rks yksfjd vkSj mlds iq=
vHkksfjdk us ml ij lokj gks vusd ;q) yM+s
vkSj nq"Vksa dk var djds lejlkoknh lekt dh
LFkkiuk dh] ftldk o.kZu ge vkxs djsaxsA
[kqbyu tM+h ysdj ?kj tkrh gS rks D;k lksprh
gS&

^tkSus c[kr dmok cwVh ysb d- mfM+
x;yA

v myfV d [kqbyu rdysu ga-A

euoka esa dbys ck fopkj]

gks gks nbZ ujk;uA

dk fof/k fy[kys goa- fyyk-j

v ,ruk dfg ds [kqbyu]

dbys ck i;kuA

,Ddb ejys ,db dVys]

igqafp xbfy ckbZ xmjk ds vius ctkjA*

vkxs tkus ij ns[kk] chp jkLrs esa ,d vkSjr
xksbBk $\frac{1}{4}$ miyh $\frac{1}{2}$ chu jgh FkhA mldks Hkh
dksbZ larku u FkhA mldh nks vU; IkSrsa
FkhaA os Hkh fu%larku FkhaA muds nq%[k
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nksuks us nksuks tM+h ysdj g;lh&[kq'kh ds
lkFk ?kj ds fy, izLFkku fd;kA

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ns[k og cksyh& ^cfgu xaxk& Luku djds vk;h
gks] izlkn yk;h gksxh] eq>s Hkh nksA rkfd
esjk Hkh dkjt IQy gks tk;A*

^yks rqe Hkh ys yksA* ,slk dgdjA ,d
tM+h mls Hkh Fkek fn;kA tM+h ds tknqbZ vj
ls fctok dks Hkh xHkZ jg x;kA ukS ekg ukS

fnu chrrs fctok ds xHkZ ls ,d iq= iSnk gqvk
ftldk ^vtbZ* uke vFkkZr~ ftldks dks ftr u lds]
j[kk x;kA

vc ,d gh tM+h cph ftls [kqbyu us
Luku&/;ku djds [kk fy;kA bl tM+h ds [kkrs gh
czEgk dk Hkh vklu Mksy mBkA yksfjdh dh
iafDr;kj lqfu;s&

^tkSus c[kr cwVh [kbys ckbZa [kqbyu]
czEgk x;y goa- ?kcjkbA
vjs yh[ky iwr ufgauh ,UgbaA
dou djc bZgka ge mik-gA
ysfdu nsgy cwVh gob xaxk d-A
douh djb cns iM+y geuh mikbA*

mik; rks djuk gh iM+sxx] xaxk eb;k dk
ojnku Vy ugha ldrk] lwjt&pUnzek Hkys Vy
tk;A czEgk th bUnz Hkxoku ds ikl tkrs gSa
vkSj iz.kke dj le>k dj dgrs gSa&

^,rh th ohj dks eq>s lkSai nhft;s] ge
mYgsa ysdj e'R;qyksd tk;saxsA*

^bUnzyksd esa vxf.kr ohj gSa] fdlh dks
ys tk;] esjs iq= ,rh th dks NksM+s jfg;sA*
czEgk th ls bUnznso us dgkA

^ugha] ;g IEHko ugha gSA*

^,rh th esjh fourh lqfu;sA esjs lkFk
e'R;qyksd pfy;s] vki tks dgsaxs] eSa og lc
d:;xkA* czEgkth us ,rh th ls dgkA

^czEgk th] esjh ckr lqfu;sA igys nqzkZ th
dk nkfguh vax eq>s lkSafi;s] rc eSa
pyw; xkA* ,rh th us dgkA

^Bhd gSa] vki dg gh jgs gSa rks vki dh
;g 'krZ eq>s Lohdkj gS] ijUrq pfy;s t:jA*

m/kj bUnzklu esa bUnz vkSj czEgk esa
okrkZyki gks gh jgk Fkk fd b/kj xmjk esa
yksfjd uked vR;Ur ohj&iq= dk tUe [kqbyu ds
xHkZ ls gks x;kA

ik;ip tM+h ls ik;ip ohjksa dk tUe gqvka
yksfjdh lqfu;s&

^tkSus c[kr tUe ysys ck;a yksfjd xmjk
esa]

vksb c[kr epy [kqfl;kyh ck cfj;kjA

ik;ip tM+h jgy xaxk dk]

ikapksa ohj Hk;y ck;a· rS;kjA

tkSus le; ckjg lky d Hk;y goa·A

la?kok /kbys goa· jkekA

/kksfc;k db gks cfj;kjA

tkSus le; [ku nsys goa· v[kkM+k]

djek esy v[kkM+k egqvk rjA

v nwuksa ohj yM+r goa·

v[kkM+k esa gks cfj;kjA*

Åij ds o.kZuksa ls vkidks Li"V gks x;k
gksxk fd yksfjd ohj dk tUe vkt ls
lgL=kfCn;ksa iwoZ] ik;poha 'krkCnh ds
vkl&ikl xaxk ds rV ij xmjk xzke esa cw<+s
dwcs dh /keZifRu ds xHkZ ls o')koLFkk esa
xaxk ekrk dh d'ik ls gqvk FkkA ;g xkSjk dgk;
gS] ;g fookn dk fo"k; gks ldrk gSa] fdUrq ;g
ekU; gS fd ekSf[kd ijEijk ls izklr
yksdxkFkkvksa esa izkekf.kd :i ls dqN ugha
dgk tk ldrkA xkSjk uke dk LFkku tuin
lksuHknz] cfy;k] fetkZiqj vFkok vU; tuinksa
esa Hkh gks ldrk gSA yksdxkFkkvksa dh ;g
fo'ks"krk gksrh gS fd mlds xk;d fdlh u fdlh ls
lqudj viuh cksyh esa vius LFkku dk egRo
izfrikfnr djus ds [;ky ls vius ifjos'k ds
LFkkuksa dk xkFkk&xk;d vFkok ukf;dk dh
tUeHklwfe eku ysrs gSaA os fui<+ bfrgkI&
Hkwxsy ds ipM+s esa ugha iM+rsA yksfjd
dh tUeHkwfe cfy;k tuin dk mlesa ;k vU;

xkFkkvksa esa Hkh dgha mYys[k ugha gSA
xmjk ;k vU; LFky lksuHknz&fetkZiqj esa Hkh
gS vkSj cfy;k esa HkhA ^yksfjdk;u* esa
ckj&ckj dafrr dk uke vo'; vk;k gS tks tuin
fetkZiqj esa foU/;kpy ls iwjc vks>yk ukyk ls
if'pe fLFkr gSA dafrr ,d ijxuk gSA ;g Bhd
xaxk ds rV ij foU/;kpy ds ikl fLFkr gSA dgrs
gSa ;gkW nkuo jb;k dk 'kklu Fkka ;gkW
dPph bZaVksa dk cuk ,d izkphu nqxZ Hkh
Fkk tks ck<+ dh pisV ds dkj.k xaxk esa
lekfgr gks pqdk gSA tgkW rd cqfYy;ksa dh
uxjh cfy;k dk loky gS] ;gkW yksfjdMhg]
lqjgkrky] cjEgkbnsoh dk eafnij] lao: Mhg]
eM+gk unh] xmjk xk;o] cksgk dk pkjkxkg
fLFkr gS ftudk mYys[k xkFkk esa vusd'k%
gqvk gSA

yksfjd dk tUe pkgs tgk; gqvk gks] ;g
ekU;rk gS fd mldh deZHkwfe IEizfr lksuHknz
dh /kjrj vxksjh&xksBkuh gh jgh gSA yksfjd
;gk; ds nq"V cy'kkyh jtk eksyxr ls yksgk
ysus vk;s Fks vkSj mUgksaus jtk dks gjkdj
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ejney tSls ohj bujkor gkFkh dks Hkh ekSr ds

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FkkA os ;gkj ls mls C;kg dj xkSjk ys x;s
FksA

yksfjd ds cM+s HkkbZ dk uke lao: FkkA
;s tkfr ds vkHkhj ;k vghj FksA vghj cy'kkyh
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cy'kkyh gks x;s FksA lao: us dg fn;k fd tkvks]
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igyoku cuksA lao: us ysgM+ Hkj xk;ksa dk
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vkSj dgrk gS& ^ftls lkr ckj xjt gksxh] esjh
'kknh djsxk] eSa rks ,sls gh py;wxk*&

^ge Qsj ,gh :iok esa pyc]

tsu;sa lkr; csjh gksbZ xjt]

vk; dj iwftgSa Bsaxok gekjA

og fnu ejxl ejxl ck; pyr]

tSlS Hkknksa HkSalk edukrA

yksfjd ohj rks gS gh] og
ekrk&firk&HkkbZ] xq: vkSj vfrfFk;ksa dk
leknkj Hkh djrk gSA ekrk&firk dh vkKk dk
ikyu djrk gSA mlesa tkfr&ik;fr dk HksnHkko

ugha gSA ;gh dkj.k gS fd /kksch vtbZ dks
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feyrha] mUgSa xzg.k dj ysrk gSA

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lok yk[k ckjkr;ksa dks ysdj og eatjh ls
fookg jpkus vkSj jktk eksykr ds nkar [kVV's
djus tc og vxksjh igq;prk gS rks lcls igys
ogk; ds nsoh&nsohvkksa dk Lej.k djrk gSA
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gSaA mudh pkykdh le> dj yksfjd vius fe=
xafx;k ukbZ ls dgrk gS&

^ns[k HkkbZ Bsdkus fnekx djds]

igjk nsgs ttesa ds njckjA

Hkkjh u /kks[kk ck; Hkby]

vruk u vghj ck; Ågka ljs[krA

eb;k ysr; nqXZok dk uke]

ns[k vkfn fnu dk iqteku;A*

og nqXkZ th dks Hkh vkxkg djrk gS fd &

^nqkZ tku· IDrh rksgkj]
rksgjs tksjok ck; Hkjkslk]
p<+yh nk: mslok [kMkj
xmjk u lqfejr ck; xaogsj]
cksgok dfud u lqfejr gkS eqjkjA
ts Qsj lqfejys ck narkj]
lxjks lqfejr lr ck; vxksjhA
ekbZ ysr; nqxZok dk uke]
,Bs tku· ldrh rksgkjA*

HkfDr esa cM+h 'kfDr gSA mlds cy ij
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;k=k rd dj vkrk gSA og czEgk dks vius
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vruk gh ugha] tc eatjh dks jtk dh 'kfDr ds
le{k yksfjd dh 'kfDr ux.; tku iM+rh gS vkSj
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eatjh dks vk'oLr djus ds fy, jkr esa gh og
xafx;k ukbZ ds lkFk eatjh ls feyrk] 'kknh ls
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vxksjh ds loZekU; nsork f'ko&ckck lkseukFk
;k xqlukFk vkSj nsok caljk dk ojnku izklr djus
tkrk gSA igys rks og vuqu;&fou; djrk gS tc os

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rks E;ku ls ryokj Hkh [khap yrsk gS vkSj tc
VqdM+s&VqdM+s dj nsus dh /kedh rd ns
Mkyrk gS rks f'ko&nqxkZ nksuksa Øe'k%
izdV gksdj mlls ckrsa djrs] mls fot;h gksus dk
ojnku nsrs gSA lqfu;s&yksfjd dgrk D;k gS&

^gegwa u nsork ckbZ iqtys]

ijxV nsgha nsoru ls cfr;k;A

tkS ekbZ nsork gksck lrtqXH]

tkS Qsj IDrh rksgjs esa gksbZA

nqb ckr yrsk cfr;k;]

bru lcn lqur vfgjs dkA

/khjs&/khjs egknso /kjrH esa ck;a ncy]

vfgjk ?k.Vk NehNk ck; rksgrA

ukgha HkkbZ [khapr [kkaM+ gFkok ls]

tsudj pkjH vaxqy Hkby ckgjA

tsdj rM+i vdkls esa tkr;]

uhps ejys ck; nougjkA

nksjlu yoj [kkbZ xaqxqvkr]

tkSlS fnu ?kwey [kkam vfgjs dkA

IDrh nsork dk ck; Mksyy]

egknso; cksyr ck;a· [kjokjA*

egknso ojnku nsrs gSa&

^yksfjd ykSVy ttesa ij tkcs]

ikuh u jtkk ck; vxksjhA

rksgjks gksbZ vxksfj;k esa thrA

/ku&/ku ikuh mrj; dkA*

blh rjg ryokj ds cy ij og nqzkZ Is Hkh
ojnku izklr djrk gS vkSj eqatjh dks vk'oLr dj
nsrk gSA og efu;ka Hkokuh Is Hkh izdV ckr
djrk gS rFkk ojnku izklr djrk gSA

yksfjd eLr&ekSyk vkSj gkL; jlkorkj gSA
jtkk eksyxr ds ikyrw igyoku dks dkaVsnkj
vby ds xksats Is ekj Hkxkrk gSa tc ejney dk
'kjhj ygw&yqgku gks trk gS rks og eatjh dh
nqgkbZ nsrk gSA eqtjh dks n;k vk tkrh gSA
og mls NksM+ nsus ds fy, dgrh gSA og
NksM+rk rks gS] ijUrq ejney dh xks[kqjh
yVnkj pqUMh esa csy xwaFk nsrk gS vkSj
dgrk gS& ^tk jtkk ds ikl tk(rkfd og Hkh mUkj
ds vghj dh rkdr tku ysA ^yksfjdk;u dh
iafDr;ksa dk vkuan yhft;sA*

^og fnu NksM+ ng gSa ejney ds]

csy ds isM+ ij nsgysu p<+k;A
rksM+r u csy ck ejney]
ftudk eksVh u pqUuh ck; ns[kkr
cdqpk nsgysl dikjhs ij mBk;A
ysdj rM+Qr [kkaM+ ck; vghjA
ysdj Hkkxr u tkr ck; ejneyA*

^yksfjdk;u* esa mlds ik=ksa dh
f'k{kk&nh{kk dk dgha mYys[k ugha gSA rks
D;k ml ;qx ds yksx f'kf{kr ugha Fks \ u
gksaxs] ysfdu cqf)eku rks gksrs FksA yksfjd
dks cqf)eUkk dk o.kZu gj txg vk;k gS tcf
ekuk tkrk gS fd vghjksa esa iq:"kksa dh
vis{kk fL=;ki vf/kd cqf)erh gksrh gSaA

yksfjd dh vkSj Hkh dbZ fo'ks"krk,; gSaA
xmjk&xqtjkr esa mldh ,d cM+h c[kjh gSA
c[kjh ds lkeus nqxxZ th dk fo'kky eafnj gSA
ml ij vej/ot Qgjkrk jgrk gSA lksus ds [kEHks
yxs gq, gSa ftlls fVds fitM+s esa rksrk }kj ij
lnk cksyrk& pgdrk jgrk gSA yksfjd T;knkrj
xk;o ds ckgj xk;ksa ds chp ;k v[kkM+s esa
jgrk gSaA mlds ikl bruh eosf'k;ki fd 360
pjokgs ifjos'k esa] lkeUrh

jhfr;ksa&ekU;rkvksa ds chp lEiUu ifjokj esa
mlds O;fDrRo dk fodkl gksrk gSA

yksfjd dk igukok ohjksfpr gSaA ;q) ds fy,
tc og rS;kj gksrk gSa rks xqtM+s dh isVh]
dqrhZ] ikoksa esa xqtcnu reku&twrk] vtxj dh
isVh] ukS eu yxHkx lk<+s rsjg lkS fdyksxzke
otu dh ftjgh] lkB xt yxHkx ipiu ehVj dk
nqiV~Vk ;k ixM+h cka/krk gSA
yksfjdh lqfu;s&

^yksfjdk ds dkus lcfn;k pfy tk;]
tdyk;y iqrok dBf;r dkA
,dne mBy iyafxc;k ls ck;]
xksM+ok rjdql xqts dk ck; twrkA
vghj pkair ,aM+k ck; p<+k;]
crhlksa leku ck; dlysA
gkFks esa ysys fctqfy;k ck; [kkaM+]
,d ne fudyy vaxubZ esa ck;A*

yksfjd dk lEiw.kZ thou la?k"Ze; gSA
fd'kksjkoLFkk ls gh mldk tks la?k"Z 'kq:
gksrk gS] og thou i;ZUr pyrj jgrk gSA og
vUSD yM+kb;kj yM+rk gS] nq"Vksa dk var
djrk gSa] vius vkSj fQj cM+s HkkbZ
/kjeh&lao: ds fookg esa Hkh vUSD yM+kb;kj
yM+rk vkSj nqXkZ dh lgk;rk ls lcesa fot;Jh

izklr djrk gSaA vius HkkX; dk og Lo;a
fuekZrk Hkh gSA vxksjh esa fujey ds gkFk
yksfjd dh e'R;q fy[kh Fkh] fdUrq og nqzkZ
dh lgk;rk ls lkr leqUnj ikj dj vkdk'k&yksd dh
,k=k djds bUnzklu esa mFky&iqFky epok
nsrk gSA og czEgk vkSj czEgk.kh dks Hkkx:
rd cny nsus ds fy, foo'k dj nsrk gSA vUr esa
czEgk dks fujey }kjk yksfjd dh e'R;q dh txg
yksfjd }kjk fujey dh e'R;q fy[kus ds fy, foo'k
dj nsrk gSA lqfu;s izlax&

^ÅBy u nsok ck; nqzkZ
,d ne Hkkxy bUnzklu ij tk;A
tk; dj Qwadr ck; nsok bUnzklu]
czEgk u /kbys ck; iNqvka
vc czEgkbu ygj ck; cVksjr]
czEgk u czEgkbu ck vdqyk;yA
czEgk ysgysu dye eflgku]
ikNs u gkFk djdsA
vxoka nsgys vk;ha ck ?kVk;]
og fnu ekyqe u jktk fujey dsAA*

yksfjd ,d vPNk Qkx xk;d rFkk
<ksy&oknd gSA puoka ls gksyh [ksyus ds
izlax esa og xkrk&ctkrk gSA fu'kkusct rks
,slk fd fipdkjh ls ,slk jax Qasdrk gSa fd og

lh/ks pioka ds mjksksa ij gh iM+rk gSA foifÙk;ksa ls og dHkh fopfyr ugha gksrkA iwjh ckjkr nkuo ds isV esa pyh tkrh gS] rc Hkh og lhk;rk ls ckjkr dks ckgj fudkyus esa IQy gks tkrk gSA og yEiV gha gSa] cjbZiqj dh yM+dh ml ij eksfgr gksdj fookg dk izLrko j[krh gSa] rks og mls le>krk gSA lok yk[k ckjkr;ksa dks tc liZ ml ysrs gS] rc Hkh og ?kcjkrk ugha] vfirq nqxkZ dh lgk;rk ls mudk m)kj djkus esa IQy gks tkrk gSA gal&gafluh dh ihB ij lokj gksdj lkr leqUnj ikj rd dh ;k=k fuHkZ; dj vkrk gSA og viuh tka?k dk ekal dkVdj mudk _.k pqdkrk gSaA mlds 'kjhj esa bruh rkdr gS fd iRFkj dh uky dkuh vaxqyh ls mBk ysrk gSA nksuksa gkFk ls gkfFk;ksa dks mBkdj tksM+h ;k xnk dh rjg Hkkatrk gSA puoka Hkh mldh ohjrk ls gh izHkkfor gksdj mlls izse djus yxrh gSA gjnh dk jktk mldh ohjrk ls bruk izHkkfor gksrk gS fd mls viuk vk/kk jktikV rd lkSai nsrk gSA

rkRi;Z ;g gS fd ykxfjd esa ,d yksd&uk;d ds lHkh xq.k fo|eku gSaA ;gh dkj.k gS fd yxHkx 15 'krkfCn;kj chr tkus ds ckn Hkh] ekSf[kd ijEijk esa jgrh gqbZ mldh thou

xkFkk,j vkt rd lkekftdksa ds fy, izsj.kk dk
vtL= L=ksr cuh gqbZ gSaA

^jke u uke xqu xkoS ds Bkdqj

Hktyh uke gks rksgkjA

nsfo;k u lqfejyh HkxorhA

jke jke j?kquUuu

/ku /ku djrk ukFk HkxokuA

pnk ¼pnsh½ xgjhu ¼nokj xhr½



Jh & dks y nokj pnsh xkrs gq s

;g pnk xgjhu dh xkFkk ^ykfjd pnk** I s

fHkUu gñ bl ykrd xkFkk dks nokj xk; d ijEi jkxr

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cpus fnYyh 'kgj ea tkrh gñ tgka iBku ckn'kkg ds

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xfgjk nokj dks ;g I ekpkj feyrk gñ og iBku

I fud I s ; q) dj vi uh i fRu dks okfi I vi us ?kj ys
tkrk gA

dFkk xkFkk & ifgys tue e oks jk/kk xkj h ghjk vkSj
i kANw e ekrk ds vkrkjA
rhu tue e oks pank xfgfju
/kjs yk pansuh vkSdj ukoA
x<+pkSj k ea tue /kjs xfgfju]
x<+egkck I I jkyA
dk nf[kys x vc pank xfgfju
ns[k cfju ugha tk; A
tfg fnu xgfju tue y /kjsvkSj
pgkfnfI i js gA nqkyA

pank xgfju

dFkk izl x & fnYyh 'kgj dh xfy; ka ea pansuh
xfgfju

^ngh ys ykS* dgdj ngh egh cprh gA
ngh ys ys egh ys ys xfgfju
gkd y ikju
gkadyk ikju ykx

izl x & fnYyh ds iBku ckn'kkg ds I fud pansuh
dks cnh cuk yrs gA rc pansuh I qk ds }kj k vi us i fr
dks I ans kk Hkst dj vi uh fLFkfr crkrh gA ; g I qdj

xkø l s xfgjk o tehknj , df=r gkus yxrs gâ fnYyh
tkus ds fy; Å

ckjk xkø ds xfgjk tM% gâ uksh

I kjk xkø ds gâ tehknjA

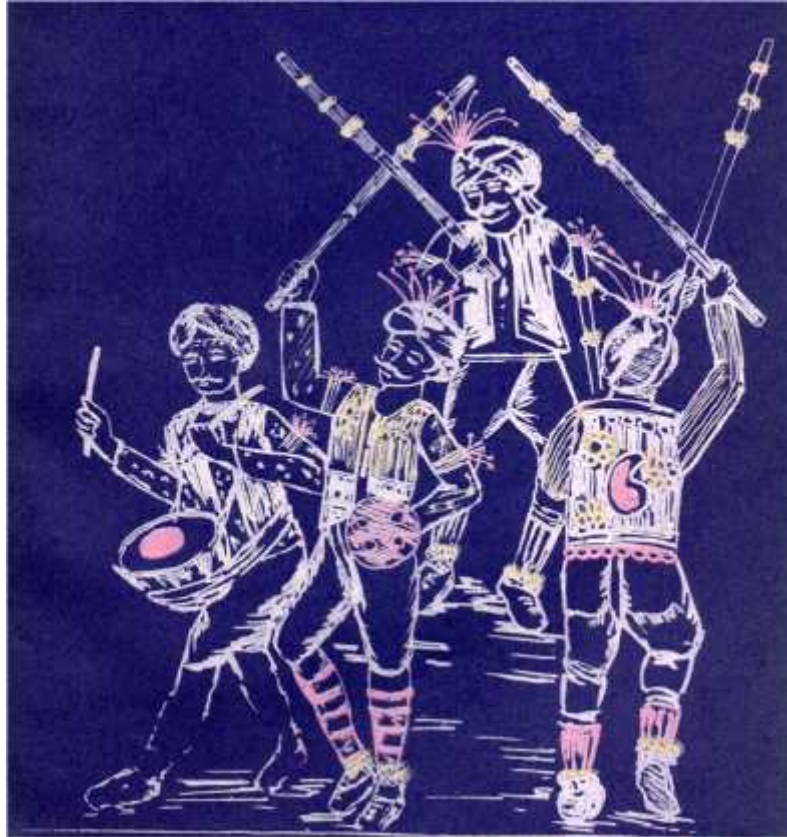
bl rjg nokj dchya ds yxs pnsuh ykd xkFkk
dks vi uh ikjEi fjd okn; : atw ds l kFk xkrs gÅ ; g
dFkk xk; u vc iwkr% ydr gks pdk gÅ

NÙkhl x<+ nqz dh cgw frf"Br l kldfrd ykd
dyk ep ^l kugk fogku** ds l kLFkki d nkÅ egkfl æ
plnk dj }kj k pnsuh 'ksh ea orëku ifjošk ij
yxfjd&pank ukVd [kyk x; k] ftl ds ys[kd Lo- Jh
iæ l kbeu th Fkš l kbeu th us ukVd ds ek/; e l s
l ekt ea 0; klr d': fr; ka ds l kelroknh vkš vkt ds
izkkl fud 0; koLFkk ij l fvd izkj djrs gq s gkL;
vkš foukn l s eph iLrfr fn; s gÅ

NÙkhl x<# ykd ukV; ij vHkh rd , d Hkh
ekfyd 'kks/k l keus ugha vk; k gÅ vr% cf) thoh; ka , oa
l fgR; dkj kš ykd dykdkj ka dks vc bl fn'kk ea dne
mBkuk pkfg; š NÙkhl x<# ykd ukV; pnsuh ea iHkko
mRiUu djus dh izy 'kFDr gÅ ; g ykd ekul ds
ân; dks l gt gh Nw yrk gÅ ; gh dkj .k gS fd yxs
l kjh&l kjh jkr bl s ns[krs cBs jgrs gÅ vr% vfHk0; fDr
ds JšB l k/ku ij xtkhj rki wzd fpru euu fd; k tk; s

rks bl ds fy; s dkQh I alkouk, a [kqyh gpz gSA ; fn bl
ukV; 'kSyh dks viuh [kq dh /kjr rh ij [kMk dj
bl dh emy vkRek dks cpkrs gq s dk; Z fd; k tk; § rks
; g dyk u; s iz; ksxka , oa dyoj ds I kFk Hkh viuh
fut ijEij kxr fo'kS'krk dk I j {k.k dj I drh gSA

v/; k; &3



pañuh ykđ ukV; ea ^l ãhr i {k** okn; iz; kx , oa
oñ kHkllk l kt l Ttk Jãkj** dk jpukRed v/; ; u

ykđ ea vius eukjatu dh ekfyd ijEijk, a gA
dbl ykđ fo/kk, a viuh ijEijk ea vuqBku ds fuokg
ds chp io&R; ksj ds eukus vius eukjatu ds
voljka dh iwrz dj yrh gñ yfdu ; s volj l Ei w k z
ykđ ukV; dks mi l Fkr ugha djra fQj Hkh ykđ ea
dbl fo/kk; a ykđ ukV; dh l Ei w k z vfhk0; fDr djus ea
l {ke gsrh gA ykđthou ea ykđukV; ds egRo dks
udkj k ugha tk l drk] cfYd ; g dgukl oFkk ikl fxd

gksxk fd ykcd iglu vksj eukjatu ds fy; s Hkjij
lkexh vkfndky ls ekstn gSA ykcd dh viuh
ikjEifjd jax nf"V dk fodkl /khj&/khjs gh gqvk g\$
ykcd ds Hkkoh rRoka dks ydj ykcd l enk; kaus viuh
vkpfyd jaxdekZ ijEijk dk fodkl fd; k gSA bl dk
ifj.kke ; g gqvk fd gj vpy ea vius&vius <ax dh
ykcd jax 'kfy; ka curh pyh xbA ftluga ge ykcdukV;
ds : i ea igpkurs g\$ os ukpk] Lokax] xEer] dfj; kyk]
[: ky] l kax] fonfl ; k] tk=k] rek; kk] g\$] Mxdk\$
fl jek\$] Hkxr] ukS/dh] Hkokb] ; {kxku] jkl yhyk]
jkeyhyk vkfn ds : i ea ns'k Hkj ea yEch vksj l e')
ijEijk ea fn [kkbz nrs gSA

vkfne l engka ea muds eukjatu dh ifj ikfV; ka
ekstn gSA ol; thou dh vkfne vfHk0; fDr; ka muds
uR; ukV; ka ea l gtrk l ns[kh tk l drh g\$ feVVh ; k
dk"B eq[kkS/s yxkdj uR; vksj ukV; ijEijk
tutkrh; l engka ea ik; % feyrh gSA l alkor; k]
ikj fHkd ekuo ds vkfne uR; l ukV; dh mRi fRr gpZ
g\$ rHkh rks vkfnokfl ; ka ea uR; iz/kku ukV; vf/kd
feyrs gSA cLrj ds efj; k vkfnokfl ; ka dk ekvsi kvk]
gk' kaxckn ds dksj dpyka dk [kEc Lokax] eMyk ds xkMks
dk rek'kk Lokax] Hkhyka dk jk; cfy; k vksj xojh ukV
vkfn bl ds i ek.k gSA vkfne ukV; ka ea ifjr gksdj

yksdukV; ka dh I j puk gpz gA bl hfy; s ykd ukV; ka
ea vkfne jax ds dbz rRo I ekjfgR gA vkfne I ekt+
vkj ykd I ekt dh dyk I Ldfr dh ; g vUrfdz; k
vkfndky I s pyh vk jgh gA ykddykvka dk emy
vkfne dyk, a gh gA

i kjEifjd I xhr] uR; vfHku; vkj dFkkud I s
feydj ykd ukV; dh I tLuk gksrh gA thou ds
vkl ikl ?kVr gj ?kVuk ykdukV; dks fo"K; gks
I dri gA ykdukV; ds ftrus [ksy gksrs gA mruh
fof/k fo"K; oLr' Hkh gks I dri gA ykdukV; I kfgR;
dk 'kCn gA yfdu [ksy ; k [; ky tS s fdl h 'kCn dk
i pyu ykd ea jgk gA ykd/kehZ ukV; ka dh ykd/kkj k
I Ldr' ds 'kkL=h; ukVdka ds I ekUrj I nB cgrh jgh
gA ukV;~kkL= ds iz.ksrk Hkjr efu us vius xFk ea
ykdukV; ka dk ftdz fd; k gA ykdukV; ykdthou
dk I a wKz ifrfcEc gA ykdukV; I keftd vfHkO; fDr
dk I cl s cMk I k/ku gA

yksdukV; ka ea ykd jax ep dh j puk vR; r
I jy gksrh gA xka dk pkjkgk ; k pkj ky tgka
vks/ykaxfy; ka I Md ij ykx [kqys ea viuh I fo/kk I s
cB ik; j cl ogha ykdukV; dk ep cu tkrk gA
chp ea , d [kEck xkMdj ml ij jfLI ; ka I s I Qn
pnajs cka/k yh]cl ; gh ep plnkak gks x; ka ykd

jæpka ea inŷ tŷ h dkbz vkM ugha gkrhA ik= ikl ds
 fdl h ?kj l s Jækj ; k esdi djds vk tkrs gŷ Jækj
 dh l kexh Hkh ngkrht gkrh gŷ dykdkj Hkh xkø ds
 ikjæfjd vfHkurk gkrs gŷ mudka muds dke ea
 ikjæfjd n{krk gkfl y gkrh gŷ tŷ s enæ ctkus
 okyk]fonWkd ; k L=hik= djus okyk ijEijk l s gh
 ikjær vkŷ fuf'pr gkrs gŷ t: jr iMæus ij iMksl ds
 xkø ds JŷB dykdkj dks fo'kŷk ifr"Bk ds l kFk
 cyk; k tkrk gŷ ml dh gj 'krZ eatij dh tkrh gŷ
 dgh&dgha is'koj dykdkjka dks r; fd; k x; k
 egarkuk fn; k tkrk gŷ , s h fLFkfr ea uR; djus okys
 dykdkj ds l kFk curh gŷ dHkh vius vpy ea og
 urd vR; f/kd ykdfiz; gks tkrk gŷ ml dh xkø ea
 , d rjg l s ^LVkj 0gŷ; i* gkrh gŷ ykødukV; del
 , d l kefgd l ghkkfxrk gkrh gŷ ykødukV; ka ea ijk
 xkø l fØ; Hkkxhnhkj h fuHkkrk gŷ funŷkd l s yxkdj
 n'kd rd xkø dh ifrHkk dk vnHkq l ello; ykø
 ukV; ka dh iZrqh ea ns[kk tkrk gŷ ykødukV; ka ea
 L=h ik= ik; % iq "k gh ijæjk l s fuHkkrs gŷ viokn
 : i ea ukŷadh vkŷ rek'kk , s h ykødukV; fo/kk, a gŷ
 ftl ea efgyk, a 'kq l s vfHku; djrh vkbz gŷ

vkpfyd : <h ykødukV; dh ekŷyd igpku
 cukrh gŷ gj vpy ds ikjæfjd ykødukV; ka dh

vi uh futh 'ksyh gsrh g\$ ml dk fuf'pr Lo: i gsrk
 g\$; gka rd fd ml dk fuf'pr mís; Hkh gsrk gA
 ykdukV; ea ml dk ijEijk l s fuokg dk dlnh;
 egRo gsrk gA l kjs ykdukV; fdl h u fdl h vuqBku
 vk\$ ioZ l s tM\$ gksr gA vuqBku vk\$ ioZ ds cgkus
 l ekt dh fo'k'krkvka vk\$ fol æfr; ka dks mtkxj djus
 dk bl ea vPNk vol j dnkfi ugha gks l drk Fkk] gekjs
 ykdfoktu bl ckr dks vPNhrjg l s tkurs Fk\$
 bl hfy, mlugkaus l kjh ykdfokkvka dks ioZ vk\$ vuqBku
 ds l kFk cMh prjkbZ l s tkMk gA ml l s , d vk\$ ykHk
 gvk] /kkfeZd vkLFkkvka l s tkM+us ds dkj.k ikjEifjd
 fo/kk, q thou ds l kFk l nso thour vk\$ dkyt; h cuh
 jghA

ykdukV; ka ea fo"k; oLrq ; k dFkkud dks mruk
 egRo ugha fn; k tkrk D; kfd ykdukV; dh l kexh
 fyf[kr ugha gsrh] fy[kh fg ugha tkrh] okfpd ijEijk
 ds vuq kj fo"k; oLrq vkys[k igys vki l ea ckrphr
 djds r; dj yh tkrh g\$ ml ea l a kks'ku ns l drk g\$
 ykdukV; ka dk ioZ jax ijh rjg l s ykdrkf=d jhfr
 viukrk gA , d txg Jh nohyky l kexj us Bhd
 fy[kk g& ^vl yh ykdukV; fy[ks gh ugha tkrs os
 jps tkrs gA** ; g l p g\$ ykd fo/kkvka jpuk deZ gA

yksdukV; ka dk LoHkko vksj Hkk"kk I kef; d gsrh
gA ca/kh& ca/kkbz ; k fy[kh&fy[kkbz fo"k; oLrq u gksus
ds dkj.k ik=ka dks ukV; ds dsh; Hkko rd Hkk"kk ds
fdl h Hkh jkLrs I s igpus ea Lorærk gsrh gA
bl hfy; s yksdukV; ea fo"k; vuk; kl vk tkrs g\$ os
i wZ fu/kkZjr ugha gksrs gS ik=ka ds fnekx dh rRdkyhd
mit gsrh gA I æhr] uR;] vfHku;] vksj I ðkn I s
feydj ykd ukV; curk gA yksdukV; ds fo"k;
thou ds fdl h Hkh vk; ke I s I æ) gksrs gA

yksdukV; ka dk ikjHk ikjEifjd vuqBkfud
jhfr; ka I s gsrk gS vksj vUr I kefgd xk; u] ol nu
vksj urZu I s gsrk gA e/; ea Hkh Lokax ; k udy ea
dMok ehBk dgk&I uk fn[kk; k tkrk g\$ ml dk vUr
Hkh xhr&I æhr dh vuqut ea gsrk gA ; g yksdukV;
dh pje ikflr gsrh gA

yksdukV; ka dk emy mis; eukjatu ds I kFk
I ekt dh vPNkbz vksj cjkzbz dh uct ij gkFk j [kuk
gA ykd kujatu yksdukV; ka dh igyh 'krZ gks I drh
g\$ yfdu gkL; ds ek/; e I s muea fryfeyk nus okyh
0; x; kRedrk Hkh gsrh gA yksdukV; vius ikjEifjd
foni] vfHku; I s xpnpkus dk dk;Z djrs g\$ igha
I el kef; d pq/hys I ðknka I s rh[kh ekj Hkh djrs gA
; g I c gal h&gal h ea gsrk gS vksj bl dh piV ea jktk

jad I Hkh vk tkrs gSA vU; ykd fo/kkvka dh ctk;
ftl s I ukuk gS ml s I c dN dg nus dh I fo/kk vkSj
Lora=rk ykduV; fo/kk ea I cl s vf/kd gS vkSj ; gh
ykd ukV; dh I cl s cMh rkdr Hkh gSA

mijkdR i fDr; ka esus Jh cl Ur fujxqks tks ykd
vkSj vkfnokl h dyk] I Ldfr vkSj I kfgR; ds v/; srk
ga mul s egykdr ea mlga I uk vkSj I e>k vkSj vius
fopkj eFku I s ; g ea fji kVZ ea fy[k jgk gSA

I xhr i {k %& NUkhl x<+ dk ykd I xhr ; gka
dh osiko'kkyh I kLdfrd] I ekftd , oa /kkfed jhfr
fjoktk] ijEikjvkva rFkk eku; rkvka dh Ja[kyk dh
ykd fuf/k gS ykd I xhr ; gka ds ykd thou dh
I Ldfr dh okLrfod igpku gSA ; gka ds tu I eku;
dh ; g I EifRr gS tks tu tu ds Je dh i hMk dks
nij dj muea uohu LQfr dk I pkj djrh gSA o"KZ ds
ckjgks eghuk] fofHku I kekftd] I kLdfrd , oa /kkfed
i okZ ds vol jka ij NUkhl x<+ dh ekVh ykd I xhr dh
cgj xh NVk ea I jkckj jgrh gS vkSj ; gka dk ykd
thou ykd I xhr ds d.k&d.k dh I xk I s I ns
egdrk jgrk gSA NUhI x<+ ds ykd I xhr ea vikj
[kf'k; ka gS I kLdfrd eku; krkvka , oa eV; ka dh I fpr
i wth gSA pansuh ykd I xhr ea , s h fof'k"Brk gS fd

bl ea iz; Þr vkpfyd Hkk"kk ds 'kCnka dks u l e>us
 okyk Jksrk Hkh bl dh bl ek/kj h l s foHkksj gks gh tkrk
 gA ; gh bl dh fl) LFkrk , oa yksd fiz; rk gA jhfr
 fjokt] os kHkllkk] l kt&J'xkj] ok/; ; æ] i n'kZudkj h
 dyk, ð vax l pkyu , oa vkHkllk.k vkfn yksd ukV;
 pansuh ds l xhr i {k dh l cy igpku gA vusdrk ea
 , drk dk vkn'kZ ; gka ds yksd ukV; ea gA NÜkhl x<+
 ds yksd ekul dh ekufi d l ai llurk ds n'kZu ; gka ds
 yksd ukV; ka ea feyrk gA NÜkhl x<+ dk l kãdfrd
 thou l xhr ds fcuk v/kjk gA l kekftd thou ea Hkh
 bl dh etcir idM+ gA l ekt dh jhfr; kã : f<; k
 ekU; rk, ð vkLFkk] fo'okl] igukok] dke dkt]
 [ksrh&ckMh] /keãjk; .krk] va'kfo'okl vkfn l s ysdj
 vUrizæ] ckl uk] HkfDr&Hkko] xk; u&oknu , oa urZu ds
 fofHkUu : i yksd ukV; pansuh ea ns[kus dks feyrk
 gA

iR; sd yksd ukV; dh viuh , d l kãdfrd
 vpy dk viuk yksd l xhr gA

NÜkhl x<+ dh ukpk] pansuh] i Moku] cnsy [k.M
 dh ukS/dh jkb] ekyok dk ukp] Hkxksj; k] fuekM+ dh
 x.kxkj vkj c?ksy [k.M ds ftanok] ydMεX/kk us yksd
 l xhr dh pruk dks l Ppk Lo: i i nku fd; kA budh
 thour vkj LokHkfod i Lrfr ea {ks=h; o vkpfyd

yksd l dfr ds fofo/k jax ekstun gsa ; gka dh yksd
l xhr rks cgrs ikuh] jeuk tksxh dh rjQ lrr-
iokg'khg g\$ tks ih<# nj ih<# , d xka l s nil js
xka , d 0; fDr l s nil js 0; fDr rd daks ij gkfk
Mkydj ?køus okyk Hkhrk] nokj vksj catkjk gsa

cLrj dh igkfM± ka ea Qyrk Qyrk Vsl vj
veyrkl] ljb] l kxksu] l ktk rFkk l yQh g\$ dksnkj
dø/dh] l kok] /kku] jkb] vyl h] [kEgg] egok vksj
vkoayk dh cggaxh NVkus Hkh NÙkhl x<+ ds yksd l xhr
dks viuh vfHk0; fDr l s l tk; k] l økj k vksj l ksyg
fl økj fn; k gsa uehk f'koukFk] egkunh blnkorh dh
ygjka dh fdyksy , oa Loj ygfj; ka us Hkh NÙkhl x<+ ds
yksd l xhr dks vejrk inku dh gsa NÙkhl x<+ dk
l xhr ihiy vksj c<+ dh Nka ikdj] vghj ¼j kÅr½ dh
ckd gh dh rku] iu?kV ij ikuh Hkjr h ifugkfju] <sdh
oykrh ekrk, j pDdh ohl rh vksj vka u ckgkjr h
; pfr; ka dh pfm± ks dh [kud vkfn ea , d eneLr
[kq kh dh /kMðu gsa NÙkhl x<+ dh yksd l xhr
vkpfyd Hkk"kk ¼Fkksyh½ ij vk/kkfjr gS l Ei w kZ
NÙkhl x<+ ea yksd Hkk"kk dh fofo/krk gS ; Fkk dksl dksl
ea ikuh cnyj chl dksl ea ckuh bl fofo/krk ds
ckotun NÙkhl x<+ ds yksd l xhr , oa yksd ukV;
pnsh dkl xhr ; g iækf.kr djrk gS fd bl fo'kky

Hkk&Hkkx vkš Hkkjrh; ân; I ekV ds fuokl h fhkUu
Hkk"kkvkš vkpkjka fcpkjka ekU; rkvkš Hkkf&Hkkf ds
ifj/kkuks vkfn djrs gq Hkh ykd ukV; pansuh ds
I æhr i {k , d ep gA

ykd ukV; pansuh dk dk0; , oa dFkk i {k&

NÙkhl x<h : i& ;gk; ykšjd pank xkFkk
uR; kfhku; ds I kFk db&dbz jkr fd; ktkrk gš ftl s
^pansuh* ds uke I s tkuk tkrk gA ^pansuh 'kšyh* ea
xkus o ukpus dk <æ&NÙkhl x<+ xkE; vpy ds
I rukeh I ekt ea iz[; kr g& , d e'kky okyk gqk
djrk gš tks xkus okys ds I keus pyr&ihNs rcyk]
fpdkjk o jkxh eathjk okyk gkrk g& xkFkk xkus okyk
, d gh 0; fDr gkrk gA ; gh 0; fDr viuh fofo/k
Hkfxekvka I s xkFkk dks Hkkokfhk0; fDr }kjk Li"V djus
dk eukgjh iz; kl djrk gA jkxh o I kftUns xk; d
ifDr ds vfre 'kCnka dks xk; d Loj ds I kFk gh
ngjkrk gA ftl izdkj ikphu dk0; ka ukVdkš
egkdk0; ka ds ikjalk ea nòh&nørkvka dh oanuk dh
tkrh gš ml h izdkj xk; d tc xkFkk ikjalk djrk gš
rks og dFkk ds ikjalk ea I Hkh nòh&nørkvka dk I feju
vi us bu Lojka ds I kFk djrk gš %&

I k& jx j d k jx j&j&l k& pkj
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fpdkjk oknd mijkDr Lojka dks igys foyfcr
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y; ds l kfk l æfr inku dj rky nrk gS &
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i u% rky ds cksyks ij vkf' kd ifjorU&*
/kk /khuk frud fru rk&rk rk & nks ckj
xk; d xq onuk l s pnsuh xk; u i kj tk djrk gS %&
fcu xq dbl s rju gks jkxh]
fcu xq dbl s fx; ku gks .
fcu xq bgkj eju gks jkxh]
fd dHkw ubZ fey; Hkxoku gks . AA
l rxq ds e; pju /kjoa jkxh]
djgh l eqn ys ts i kj gks .
l rxq ft; u&eju ds gs jkxh]
l rxq l cka ds vk/kkj gks . AA

I Hkk onuk&

I Hkk ds l ejuh l Hkk ek djø jkxh]
I Hkk go; xæk ds /kk. j gks]
fourh fcukoo l Hkk ds e; gk jkxh]
I qgw l cks yk l q'kk. j gks . AA

[kkor feB xM+fi ojk , jkxh]
 pil s cj feB dfl ; kj gks .
 xkor xhr pnsuh , l æh]
 l u yoo dku yxk; gks . AA
 noh&norkvka dk l feju
 t; egekbz ekjck ds vks&
 v[kjk ds xq cskys ; s vks&
 pkj B tksxuh ij [kk ds vks&
 Hkqt k ij gkos l gk; s ekj &
 nkbz ds ekj nkbz tkjka ; s vks&
 nnk ds ejh e'khus ; s rkj &
 Hkj dk ds nhnh l r cfiguh ; s vks&
 Mrej ds nhnh ij fru ; s vks&
 ckbj ds nhnh pjfyu ; s vks&
 vkj[kh ds nhnh 'kfupfju ; s vks&
 Nli u dkjh nork l fejka vks&
 rkj i \$ k ykxka e\$ k&e\$ k ; s rkj &
 rkj i \$ k ykxka ekrk] ekrk ; s ekj &
 tk fnu ns[ks ekj Hkkstyh] ekj cjxuk]
 ekj tækjk yk dfg ncs vks . AA
 dk0; i {k &
 pnsuh % ykfjd pank dh iz.k; xkFkk
 & jkek/kj l kgw l segykdkr ea i d æ l uk
 ykfjd pank ; k pnsuh] NÜkhl x<# ykcd i j ä jk
 ds varxir ykcdxkFkk xk; u 'ksyh] vR; r ykcdfi z; 'ksyh

gA NÙkhl x<+ ds fcykl ig] jk; ig] nqz ,oa
jktukn xkø ftys ea pnsuh xk; u dh ijajk vck/k
xfr l s gA pnsuh ykfjd ,oa pank ds iæ o l kgl
rFkk pank ds iæ dk l Vhd fp=.k ns[kus dks feyrk
gA

ykfjd pank ykd xkFkk mùkj ins k] NÙkhl x<+ ds
vykok Hkkstigh] eFkyh] exgh vkfn Hkk"kk&Hkk"kh {ks=ka
ea ipfyr gA bl ds l kFk&l kFk jktLFkku] cakya ea Hkh
ipfyr g\$ tgi ;g fHkUu&fHkUu ukeka l s tkuk tk
l drk gA eFkyh vk\$ exgh {ks= ea ik; % bl dks
ykfjdk; u dgrs gA Hkkstigh {ks= ea ykfjd dh vk\$
ykfjdk; u rFkk vo/kh {ks= ea bl s pnsuh dgrs gA rFkk
NÙkhl x<h ds xk; d ik; % vghj ; k ;kno gA ykfjd dh
e[; : i l s vghj tkfr dh ykd xkFkk gA oræku ea
;g Hkh ykd l kfgR; l s ykd dks nij gVk jgh g\$ vr%
vk'kadk g\$ fd dN gh o"kk\$ ea ykfjd dh t\$ s xk; u dh
ijajk {kh.k gkdj u"V gks tk; xhA ykfjd dh ds Jsrkvka
ea Hkh vf/kdkak vghj ykd gh gksrs gA mùkj Hkkjr ea
blga ;kno ;k pkyjh dgk tkrk gA bl tkfr dk
l cak ikphu vkHkhjka l s gh g\$ ftudk dHkh l iwz Hkkjr
ea i Hkko Fkka ykfjd dh ykd xkFkk ds ifr , d fo'ks'k iæ
g\$ vk\$ xk; u ds l e; ykfjd dh dh fot; vk\$ ijkt;
ds l kFk mudh HkkokRed , drk ns[kh tk l drh gA

yksjdh ds ; q)] 'kk\$ Z ml dh iRuh eatjh dh foifRr
rFkk vU; ?kVuk,; Jksrkvka ds eel dks Nirh gSA bl
vFKZ ea yksjdh , d I Pph ykdxkFkk gS ftl dk vius
fudVre Jksrkvka dh HkkokRed ds I kFk I gt I æa'k
tM+ tkrk gSA fdUrq bl dk vFKZ ; g ugha gS fd ; knoka
ds vfrfjDr vU; Jksrk bl ykdxkFkk I s i Hkkfor ugha
gksrA fdUrq , d tkrh; xk\$jo dh tks vuqkfr xk; u
I udj ; kno I epk; ea gksrh g\$ og 'kk; n vU; tkfr
ds Jksrk ugha egl vl djrA I alkora% I s dMks I ky I s
; g ykdxkFkk thfor g\$ ml dk emy dkj . k Hkh ; gh gS
fd , d fo'ks'k tkfr us bl dks iU; fn; k] I j {k . k fn; k
vk\$ ml ds I kFk viuk vVW HkkokRed I æa'k LFkkfir
j [kkA vU; Fkk ek\$ [kd ijajk ea thfor jgus okyk ; g
dk0; dHkh dk dky&dofyr gks x; k gksrkA

yk\$ ukV; pansuh dh jpuk if0; k ea , d
fo'ks'krk ; g Hkh ns[kh xbZ gS fd xk; d dN fo'ks'k
I =ka dks fo'ks'k Nanka ea atksdj j [krs gS vk\$ dN
fo'ks'k izdkj dk o.ku iLrq djus ds fy; s mudk ckj
ckj mi ; ksx djrs gS t\$ & yksjd ds tle LFkku xmjk
dk vusd ckj mYys[kA xmjk ea frjiu cktkj gSA ogka
rsyh] rekyh] dyokj j?kpa kh] ; qnoa kh Xoky I Hkh jgrs
gSA ogka ?kj&?kj ea v [kkM\$ g\$ ml ds ikl ea gh ckgk
gS tgka xk; ka ds pjus ds fy; s pkjxkg gSA ohj yksjd

vi us vL=&'kL= l s l d fTtr gksdj vi us j{kk l # ds
fy; s l k[kh vksj l eju fu dks fuc) dj xkrk gs ftl ea
egkekbZ eksok dk fo'k'sk Lej.k fd;k tkrk gSA l k[kh
vksj l eju fu dk n"V0; iLrr g&

l k[kh& Nks/s ydMh ek eks .j c<kbZ jkos jkxh
Nks/s ydMh ek fdl ku gksj
Nks/s iq "k ek frokbZ jkos jkxhA
ubZ Mksys ihij ds iku gkSA
cMf ydMh ek eksj c<kbZ xj ts jkuhA
cgjk ek xj ts fdl ku]
cMf iq "k ek frokbZ xj ts jkxh
jk[ks l Hkk ek ifr ykt gkAA
tmus l e; dj cfj; k ek oks
; ns xkor gkos pank ; s fnuk rkj
pank ds csh pansuh , oks
; ns xkor gkos pank ; s fnuk rkj
; ns xkor gkos ykfjd ; s fnuk rkjAA

bl ijs l eju h l s Li"V gks tkrk gs fd ; g
ykdxfkk ykfjd dh ohjrk l s Hkjh iMh g\$ fdUrq
ml dk vful l eju h pank l s l kfu/; dk izl æ
fu% ng iæ rFkk Jækj iz/kku gSA ykfjd ohj gkus ds
l kFk&l kFk iæ&izl æks ea Hkh izoh.k gSA ^ykfjd h** ea
ykfjd&pank ds iæ&izl æks dk o.ku cMk l gt rFkk

xkeh.k okrkoy.k ds vuody gA pank xkø dh ckfydk
gS tks o; % l f/k dh voLFkk dks ikj djrh gpZ ; ksu
dh ngjh ij ikp j[k pph gA gksh ds vol j ij
xkø ds ; pdks l s ml dh eBHKM+gks tkrh gA og ijkr
dk ikuh ; pdka ij Qdrh vksj ; pd Hkh ml ij ?kM\$
dk ikuh bl izdkj Qdra gA fd ml ds mjkstka ij gh
tk yxA , l k gh gkrk gA og fryfeyk mBrh gS vksj
fQj cM\$ l gt <æ l s viuh eka fl flg; k l s f'kdk; r
Hkh dj vkrh gA ml dh eka rkuk ekjrh gpZ ykfjd l s
dgrh gS fd ^; fn ohj gks rks cM\$ HkkbZ dk fookg dj
ykvks vksj HkkHkh l s gksh [ksyk\$ xkø dh cfgu&csh ij
jæ D; ka Qdrs gks **

; g ckr ykfjd dks xksh dh rjg yxrh gA
ifj/kke Lo: i og vius cM\$ HkkbZ l ø: dk fookg ml h
xkø ea l fr; k l s djrk gS vksj puoka dks Hkh iæ i k'k
ea cka/kus dk fu'p; dj cBrk gA

bl h chp , d ?kVuk ?kVrh gA puoka dk fookg
l ogj l s gkrk gA l ogj ohj gkrs gq f'ko 'kki ds
dkj.k uidd gks tkrk gA ; prh puoka usj Hkkxrh
gS ekxZ ea cBok ml l s NM+kkuh djrk gS ft l l s
ykfjd gh ml dh j{kk djrk gA cBok ykfjd dh
yMkbZ ea pank vkM\$ vkrh gA og ml dh ohjrk l s
i Hkkfor gksdj ml l s l; kj djus yxrh gA nksuks dk

xdr&feyu gkrk gA ykfjd jLI h ds l gkjs jkr ea
pank l s feyus ds fy; s xdr : i l s ml ds 'k; u&d{k
ea tkrk gA iyæ ij cBrs pank ykfjd l s thou
i; Ur l kFk fuHkkus dk opu iDdk dj k yrh gA og
; g Hkh 'ki Fk dj k yrh gS fd bl jgL; dk i rk fdl h
vkj dks u pyA nksuks dk fuR; feyu gkrk gA iæ ea
iæk<rk vkus ij nksuks xkø NkMødj gYnh jkT; Hkkx
fudyus dk fu'p; djrs gA fnu r; gkrk gS vk/kh
jkr ds l UukVs ea nksuks vi u&vi us ?kj l s ckgj
fudyrs vkj xkø ea ckgj ihi y ds o{k ds uhps feyrs
gA ykfjd ml iM+ ds ikl igys gh igop x; k Fkk]
fdUrq pank dks fp<kus ds fy; s iM ds dksVj ea tk
fNi kA pank vk; h rks ns[kk ykfjd dk dgha i rk u Fkk
og fl j ij gkFk j[kdj iM+ ds uhps ml dh , d tM+
ij cB x; hA brus ea ykfjd ihNs l s igopk ftl s
ns[kdj og gal h] fQj ekuorh ukf; dk dh Hkkfr
cukoVh eku dkj.k djds ckyh fl j eMkrs gh vksys
iM+ vHkh ; g gkyr gS rks ckn ea D; k gksxkA

ykfjd ml s eukrk gA og eku tkrh gA nksuks
ckgk tkdj /kjeh l s l kjh cks l p&l p crk nrs gA
/kjeh mlga f[kyk&fi ykdj fonk djrk gA vkxs c<us
ij C; kjk unh feyrh gS ml s nksuks ydMh ij cBdj
ikj djrs gA fQj os fcljh xkø ea igoprs gA tgka

pnk dk fookfgr i fr l ogj gA muds vkus dk irk
pyrk gA og 360 pjokgka dks l kFk ysdj vkxs c<rk
gA bl dh [kcj ykfjd ds vxzt /kjh dks Hkh ux
tkrh gA og l Hkh pjokgka ds rhj , d= djkdj ml ea
vks yxk nrk gA bl h chp ykfjd vksj pnk Hkh i gop
tkrs gA l ogj dks thruk ykgs dk puk pckuk g\$
vr% pnk ykfjd l s dgrh g& ^ki yfM; \$ ftl dh
fot; gkxh] ea ml h ds l æ gks yxhA ftl dh gj
gkxh og vius eq[k ea dkfy[k ikrdj yk\$ tk; xkA
[k\$] bl ckj ykfjd dh thr gopA ykfjd&pnk nksuks
vkxs c<A b/kj l ogj us dksyks dks HkM&dk; k dksyka us
Hkh ml ij vkØe.k fd; k] fdUrj os Hkh ijkftr gq
ml l e; gjnh ea egvj jktk jkT; djrk Fkka
ykfjd dh ohjrk l s iHkkfor gkdj ml us ml s vk/kk
jkT; ns fn; kA vc D; k Fkk] ykfjd&pnk ds l æ
l d[ki nkd jgus yxkA mul s pujbl k uked ohj i e dk
tle gvkA

ykfjd&pnk ds bl iæ i l æ dk vud idkj l s
mYys[k gvk gA bl dFkk ds l kFk vokUrj dFkk, j Hkh
tMh gopZ gA tks Hkh gks ykfjd&pnk dh dFkk dk ; g
iæ&i l æ tgka , d vksj ykfjd ds pfj= dh LoHkkfod
detkfj; ka dks 0; Dr dj ml s nrk rY; gkus l s cpk
yrk g\$ ogha nd jh vksj thou ea l æk"kl dh i g .kk Hkh

i nku djrk gA pank ml dh l ghkkfxuh u curh rks
'kk;n ykfyd dks bruk l c djus dk vol j u
feyrkA pank , dh ifedk gS tks ml s l ?k"KZ dh i j .kk
i nku djrh g\$ mu nksuks dk iæ l ?k"KZ ya Vrk dk
i rhd cudj gh ugha jg tkrk gA orZeku ifjosk ea
Hkh ykfyd pank dk iæ vkt ds ; pdka vk\$; pfr ; ka
ds fy ; s vuqj .kh ; gA

okn; ; æks l s dky&n"; ka fuekZ k] l q[k] nq[k] ; q) dk

l æhr }kjk l kdsrd ifjp;

dky vk\$ eay& veay ds l pd

ofnd ekl; rkvka ea ctkka ds l 'tu ds emy ea
dkj.k dks /ofUr fd;k x;k gA __XonkDr 'kkVîk; u
ckã.k bl ckr dh if"V djrk gS fd oh.kk ctkdj
Hkksj gksus dk l æsr fn;k tkrk FkkA , d dFkk ds
vuq kj vl jka us d.o efu dks vkj[ka ck/kdj
dkydkBjh ea Mky fn;k FkkA muds fl) gksus dh
ijh{kk bl vk/kkj ij yh xbZ fd os fcuk ns[ks gh ; g
crk, j fd Hkksj gpZ fdughA mlgkaus vf'ou nork ds
oh.kk oknu l s tku fy;k Fkk fd m"K%dky gks x;k gA
ckn ea muds crk; s tkus ij mlga dkjxkj l s efDr
feyhA 'ka[k vk\$ nqndHk ctkdj ; q) ; k vU; dkbZ
egRoi wkZ ?kks'k.kk, j l qkbZ tkrh FkhA ok|ka ds rhoz ; k
e/; e ; k cd js ctus ij eay&veay dks tku fy;k

tkrk FkA ofnd ; Kka ea efgyk, i feydj vk?kkVh]
fiPNksyk] ddVdk] LrEcy oh.kk] dk.M oh.kk vkj
dfi 'kh"KZ kh t9 h oh.kkvka dk oknu djrh Fkh vkj
; Kkol j dks mRI o l k : i nrh FkhA

jkek; .k ds , d i z x ds vuq kj ufugky l s ykS/s
Hkjr us tc v; ks; k ds jktegyka ea i os k fd; k] rc
oh.kk vkj enaxoknu u l udj mudks vexy gkus dk
vupeku gks x; k FkA 'kkL=ka ea fy [ks vk[; kuka] dFkkvka
gh ugh] ykd k[; kuka ea Hkh cktka ds cgrjs i z x
feyrs g] ftudks i < & l udj yxrk gS fd cktka us
vi us cksy tgi&rgki ntz fd, gA czak.Mi g k.k dgrk
gS fd }kij ea ol no vkudn n fHk ds uke l s bl fy,
[; kr Fks fd muds uke o ; 'k dh n n fHk vkdk'k
0; kfi ?kks'k djrh FkhA

ns k ds vxz.kh ykd xkf; dk i neHkkk.k MkW Jhefr
rhtu ckbz l s egyptkr ea ; g okn; ka dh dFkk rRo dh
ppkz gpz &

cktka ds cuus vkj muds i z; ksx ea vkus l s ydj
i z; ksx djus rd dh dbz dgkfu; ki g] fdarq dbz i z x
os g] tks ijkrudky l s gh i pyu ea jgs gA
ukVi 'kkL= ea ok | ka dk foHkktu pkj ml h l e; o"kkz
i kjEHk gks x; hA l jkoj ea dbz dey&Qny f[kys gw
FkA o"kkz dh c n a i gys /khj&/khjs vkj fQj rsth l s tc
dey i di ka dh Nks/h&cMh i a [kfM; ka i j fxjus yxh rks

mul s fofHkUu i xkj ds 'kCn mRiUu gkus yxA Lokfr
tks fd I æhrK Fkj mUgkaus bu /ofu; ka dks cMf /; ku
I s I qkA mUgkaus I kpk fd D; k gh vPNk gkj ; fn dksbZ
, d k ok| cuk; k tk I dš ftI I s fd bl i xkj ds
'kCnka dks bPNkuđ kj mRiUu fd; k tk I ds vkš I æhr
ea mudk ; Fkkspr iz; ksx fd; k tk I dš os fo'odekZ
ds fudV x, vkš mudks I Ei wKZ o'rkUr crk; kA
fo'odekZ us bl I s i fjr gksdj , d ok| & æ dk
fuekZ k fd; k vkš bl ok| dks ^i dđj* dgk x; kA
dkyUrj ea bl h vk/kkj ij i .ko] nnš] i Vg] enæ]
<ksy vkfn vusd vou) ok| ka dk fuekZ k gqkA
ykod ok| %&

ok| oxhZdj .k ds fo"K; ea I oZ Fke Hkj r efu us
ukV; &'kkL= ea pkj oxZ ekus gšA
; Fkk&

rr pškou) p /kua I f"kj eo pA
prfoZ/ka rq foKš ekrks y{e. kkfljoreAA
& vFkkZr~ rr~ ; k ræh; q r ok|] vou) ; k
pe&vkPNkfnr ok|] ?ku ; k djrkykfn ok| vkš I f"kj
; kfu oā kfn ok| A Hkkj rh; I æhr 'kkL= ea Hkj r efu
dk ok| oxhZdj .k gh I okf .kd i kphu] I oZšB ekuk
x; k gš ftI dk cgr vYi : i kUrj ds I kFk fo}kuka
}kjk vc rd iz; ksx gksrk jgk gšA

rr-ok | & os rkj ds ok | tks fd fetjkc | s ctk,
tkrs gſ tſ & rEcjk] rſrſk] cſtks vkfn
rr-ok | dgykrs gſ

frr-ok | & tkj rkj ok | xt ;k dekuh | s ctk,
tkrs gſ tſ & fpdkjk] fpdkjh] | kjæh]
ckuk] jſdMh vkfn mlſga frr-ok | dgrs
gſ

I f"kj ok | & Qſd | ſ /kkſduh | s ctk, tkus okys ok |
tſ & oſ kh] ejyh] ekſjh] 'kgukb]
vyxks>k] chu] gkjekfu; e bR; kfn dks
I f"kj ok | dgk tkrk gſ

vou) ok | & os rky ok | ftu ij [kky&e<h jgrh
gſ tſ & <ksy] <ksyd] enæ] ekſnj
bR; kfn ok | ka dks vou) ok | dgk tkrk
gſ

?ku ok | & ftu ok | ka dks vki | ea Vdjkdj /ofu
mRiUu dh tkrh gſ tſ s djrky] >k<]
eat hjk] fpeVk] bR; kfn dks ?ku ok | dgrs
gſ | Hkh iſdkj ds ok | ka ds fy, tk; | h us
dgk gſ

rr~forr~fl [kj ?ku rkj kA i kjkA

I cn gkbZ >udkj kAA

rUr' ok | & rEci jk] fpdkjk] fpdkjh] ckuk] rUr uk]
j dMh] jko.kgRFkk] fdUnjh] fdujh]
, drkj k] I kjæh] rkuD; k] fdfdj] pŕkj k]
txrkj k] tUrj] dkei pk] jokt] I fjUnkA

vou) ok | & <ksy] <ksyd] ekny] eknj] fVedh]
e'næ] <k;d] Me:] <Qyh] <Q] uxkMk]
uxfM; k] dq Mh] I hæ cktk] xnecktk]
nÅ] xMek&cktk] eknjh] Mksy] dq Mhj]
i u Mksy] <ksydh] nekek] gMpd] ?kj kA

I f"kj ok | & ekj h] I suk b] 'kguk b] oæ kh] eij yh]
ckl j h] i koh] QQj; k] vkyxks>k] jeryk]
V/kMh] HkæMh] rksMh] chu] fl æh] i koh]
¼i obZ] dUnfj; k] I rkj k] u< } I j ub]
eij yk] i koj h] j . kfl gk] rj gh] rj hA

?ku ok | & >k;>] eat hj k] >hæ k] fpeV k] >syk] ?kpk:]
Fkkyh] [kj rky] fBl dh] pVdh] fpVdgyk]
[kat j h] B thj ¼y k gNM¼ ?kA] dMk] ?kpk:]
>kyA

pnŕuh ykæ ukV; ds dykdkj ka dh i kj Ei fj d oŕk&Hkllkk
vkj I kt&I Ttk eŕus vi uh vxzt Jh foØe ; kno]

xke [k] jktukn xko NÙkhl x<+ ds cqt xz dykdkj
 tks gchc l kgc vkj cLrj cM ea l f"kj okn; ctkrs
 jgs gA ftUgkus ns k&fons k ds dbz i frf"Br epka ea
 i Lrfr na pds g\$ mudh tckuhA



NÙkhl x<+ ea jkmr vkj xkM+ l cl s vf/kd i kphu
 tkrh; ka g\$ vkj ; gka dh ykd l dfr ea jph cl h gA
 jkmr* jkor] ; kno vkghj] igfV; k] BBokj] ns gk]
 Xokyk pjokgk] cfngk vkfn l aks/kuka l s 'kkr bl
 tkfr ds yxs orëku NÙkhl x<+ ea yxHkx 20 yk[k dh
 l a; k ea gA igk.kkuq kj vkfn iq "k euq ds cak ea
 jktk ; ; kfr dk tle gqk ; ; kfr ds T; \$B iq dk uke
 ; nq Fkka b; h oãk ea Hkxoku Jhd".k dk tle gqk
 rFkk ; nq oãk ds oãkt gh ; kno dgyk; A bl vpy
 ds jkÅr Hkxoku d".k dks vi uk i wzt ekuus ds dkj.k
 vi us dks ; nqã kh ekurs g\$ egkHkkjr] JhenHkkxor]

gfjoak igk.k vkfn ikphu xUFkka ea budk bfrgkl
 feyrk gSA byds ckd xhr buds ^rRdkyhu oBko]
 'kfDr I aiurk vkfn dk c[ku djrs gSA egkHkkjr ; q)
 ea budh fo'kky I suk us Hkh Hkkx fy;k Fkka bl
 fouk'kd ; q) ea dks oks dh ijkt; ds I kFk ; nopa kh
 I suk Hkh ohjxhr dks iklr gpa bl ds ckn ; q) ea cps
 [kps ; nopa kh I sud dykarj ea vius vL= 'kL= R; kx
 thfodksi ktzu ds fy, ns k ds foHkuu Hkkxka ea cl x; A
 mudh , d 'kk[kk mUkjins k I s NUkhl x<+ vkbz vkj
 ; gka ds ykd thou ea vkRel kr gks xbA

jkAr tkfr ds ykx xfByj mHkjh eka & i f'k; ka
 I s i qV ckgvka oky] vka"kd pgjk ekgj okys fdl h
 I q'ku vk; a iq "k I s de ugha fn[kkbz nrs gSA xy
 ePNka okyka ruh gpz uphyh eNka oky] vPNh dn
 dkBh ds /kuh vkj Atkz I s Hkjiij gkus ds dkj.k dkBh
 ds /kuh vkj Atkz I s Hkjiij gkus ds dkj.k vyx gh
 igpku fy, tkrs gS vkj viuh tkrh; mRi fuk dks JSB
 ekurs g&

vku tkr dk mi ts
 mi ts tkr vghA
 ykBh yk<; fp[ky dkanka
 xkj I Hkhat ; 'kj hj A

vU; tkfr dh mRi fuk D; k gS dN Hkh ughA vghj
 tkfr dh mRi fr gh ied[k gSA ml dh ykBh I nB
 dhpM+ ea ykV/rh gS vkj ng nwk I s ugkbz gsrh gSA

I p g& ykBh gh jkÅr dh viuh fof'k"V tkrh;
igpku gA ftI dh 'kfDr gA 'kku dh iæhd gA rHkh
rks og dgrk g&

ræw I kj ds ykBh I æh]

I j&I j ?kh [kkbA

ts[kj Åij fxjgh I æh]

jkB Nkb Nfj; kbAA

; g ræq dh vi yh ykBh gA ml s I j &I j Hkj
?kh fi yk; k x; k gA ; g ykBh ftI ij fxjæh og
{kkj&{kkj gks tk; æk ¼; gka ; g mYys[kuh; gS fd ræw
dh ykBh viuh etcæh ds fy, jkÅr Iekt ea
ykædfi z; g½

i kjEi fj d os kHkækk /kkj . k djus ds i æZ

pæsh dh i æZ r\$ kjh ds : i ea n'kgjs I s gh
v[kkM\$ dk vkJ; fy; k tkrk gA ftI xæku dh
v[kkM\$ ds fy; s r\$ kj fd; k tkrk g\$; gka , d [kEHk
xkMædj jkÅr ml ij vius vL= 'kL= Væærs gS rFkk
vL= 'kL= pkyu dk vH; kl djus ds I kFk gh
'kkjhfd 'kk\$ Z dk in'kæu djrs gA ; g okLro ea
i ækæH; kl gærk gA v[kkMæ ds pkjæa dkæka ea f'kyk ds
: i ea pkj næka ddh i fr" Bk dh tkrh gS vk\$ mlga
egRo fn; k tkrk gA v[kkMæ pæsh ukp i æZ i kj æk
gærs rd yæHæx , d ekg rd yæx; 'k tkrk gA ukp

ds vol j ij v[kkMk dks rksj .k vkfn l s l tk; k tkrk gA

cMh , dkn'kh ds fnu jkÅr vius ?kj ij bZV
nø dh iwtk dj }knl dks gkæ&?kii nsus ds ckn uR;
dh i ks'kkd /kkj.k djrk gA bl iwtk ea ifguus okys
oL= Hkh l fEefyr jgrs gA tc og vL= 'kL= /kkj.k
dj , oa ykkouh vksj pVdh yh i ks'kkd ea vius ?kj l s
ckgj fudyrk gS rks ml l e; ?kj dh fL=; ka ml dh
vkjrh mrkj dj rFkk ngh v{kr d pnu yxkdj fonk
djrh gA mudh eku; rk gS fd os vius ifr dks j.k ea
Hkst jgh gA os ogka fot; h gksa uR; ds i wZ l Hkh
jkÅr v[kkMk ea , df=r gksrs gA

jkÅr ukp 'kkS Z vksj Jækj dk vnHkr l æe
gksrk gA ; g rks l Hkh dks fofnr gS fd vL= 'kL=
pkyu jkÅrka dk , d i j jkxr tkrh.k xqk gA jkÅr
ukp ea ykBh pkyu xq n <ky vFkok Qjh vkfn dk
iz; ksx 'kL= pkyu dk gh væ gS vksj muds {kfrRoRo
dk l upd gA tc jkÅrka ds gkFk ea Qjh vksj ykBh
gksrh gA rc og ukp 'kkS Z dk iæhd gksrk gS vksj
tc urd ?kqk: cka/kdj bl s djrs gS rc ; g Jækj
dk iæhd cu tkrk gA bl ukp ea iq "k vksj L=h
nksuka dh Hkkxhnhkjh gksrh gA i j a q L=h dk : i i q "k
gh /kkj.k djrs gA bl ukp dk vkjalk v[kkMk l s fd; k
tkrk gA

; g ukp nø mBuh l s i kjalk gksrk gS vksj i w. kZek
rd jkr jkr Hkj uxj o xkoka ea , d l k pyrj jgrk

gA bl ukp ea jkÅr ijä jkxr os kHkllkk /kkj.k dj ohj
os k ea jgrs gS ; q dh r\$ kjh ea pyrs gA tS s blga
dgh fot; vfhk; ku ij fudyuk gA os xMøk cktk dh
/kq ij ukprs 'kL= ea pkyu djrs , oa nkgS i kjrS
pyrs g%&
os dgrs gA

gej i kØ g ?kØk: ck?ks
ykBh gkFk ?kjs gA
vbl s rks ge ukp fj >kyh
fcxMa eka eM i js gAA

I pep ea jkÅrka ds I kFk cMh ckra gÅ , d vkSj
rks i kØ ea ?kØk: cka'ks dykd kj gS rks nvl jh vkSj ykBh
fy, gq ohj iq "k HkhA os viuh vgfe; r dks i klr
djus ds fy, fonkgh gkus ds fy, Hkh r\$ kj gA

^panSuh dh i kjä fj d os kHkllkk vkSj I kt I Ttk
I kekxh**

panSuh ykd ukV; i Lrqr ds i wZ vius 'kjhj ds
fofHkUu vaxks dks ; gka rd fd flj I s iS rd
vkd"kd jaxhu , oa u; ukfHk jke oL= vkHkllk. kka I s I tkrS
gS rFkk Hkkfr Hkkfr ds vL= 'kL= /kkj.k djrs gS /kkj.k
fd; s tkus okys i kjEi fj d oL=kHkllk. kka dh 'kCnkoyh
fuEukuð kj g%&

fl j ij%& ixMh] ikxk ¼fl j ea /kksrh dk ixMh½ jæ
fcjæ >kyj] xank ds Qmyka dk xtjk] dkxt ds Qmyka
dh yach ekyk] eksj ia[k dh dyxh] Qmy ds Åij cVjh
okys NksVs NksVs cYc ¼vk/kfud iHkko ds QyLo: i ½

ekFkk ;k xky ij%& fl Unijh I g [kh panu] fl anij ;k
nil js yky] jæ dh dykRed VhdK ;k fryd] pCcuH
vkj ml ds fudV fl Unij dh I g [kh fcanh ¼fot; h
in'kLuh ea tkus ds I dsr½onu ¼tc jkÅr I t/kt dj
ukp ds fy, ?kj I s tkrs gS rks ekrk, a ea Fkky ea fn; s
vkj onu I tkdj mudh vkjrh mrkjrh gS vkj ekFks
ea onu VhdRh gS rFkk ogh v{kr dk panu yxkrh gSA
vka[kks ea& vatu ;k dkty ;k dkyk p'ekA

xkyks ij%& nksuks xkyka ij rhu rhyh dkyh fcfna k]
gYdk I k yky xgyky
BkMh ij%& dkyh fcfn; k

pgjs ij%& jkejkt½onkou dh ihyh feV½h½ vHkd
ihyk gjrkyA

xys ea& xns dh ekyka

da'ks ij%& ttok ¼xk; dh iN l s fufel ½

I hus ; k c{kLFky ij%& dop ds l eku dkfM; ka dh
cuh i s/hA

ru ds oL=%& l yw[kk ¼; g l k[k] j's'ke ; k eyey ds
diMs dk cuk; k tkrk gS rFkk ijh vLrhuka dk gkrk
gA bl ea xks/k]cVu vkj dkfM; ka l s l tkoV dh tkrh
g½] ckfLdV ¼; g cay cW/nkj vkj f>y&fey djrs
l yeka fl rkjka l s tyh fo'ks'k tSdV gkrh g½ dgjrk]
dgjrh] cMh]NhV gh deht]pkyuk¼; g jaxh , oa Nhd/nkj
diMs dk cuk gkrk gA ; g ?kM/us ds Åij rd dl k
gkrk gS vkj bl ds fl jka ea Qunus yxs gkrs gA ; g
, d izdkj dh pMMh gkrh g½ yaxkV] yky uhps i hys
i hrkEcj] l Qn jax dh pqr , oa yky jax ds cVsdkj
dh /kkrh] ?kM/us rd dl h dkys xhVs dh fdukjh yxh
l Qn /kkrh dkNkA

i hB ij%& e; ij ia[k l s cuk >ky

dej ij%& iNk] tykty ¼, d izdkj ds cMa ?kM: ka dk
cYV¼

ckjg ij%& cgdj ¼nksuks ckjgks ea dkSM; ka l s fufeZ , oa
/kkfjr vkHkllk. k½

dykbZ e%& pMk ¼dkSM; ka l s fufeZ vkHkllk. k½
cktwan ¼dkSM; ka dk Qunuskj vkHkllk. k½

gkFk e%& nk, a gkFk ea 4&5 gkFk dh rñw dh
ykBh ¼bl ykBh dks ry ea Mjksdj ml ij Hkksbz
yiVh tkrh g% nka s gkFk eQjh ykgs ; k ihry dh
cuh <ky] ; g fgj.k ds l hax l s Hkh cukbz tkrh g\$
xq n ; g ekjd vL= , d QW yEch NM dk cuk jgrk
gA ftl ds fupys fl js ij , d fjax yxk jgrk gA

ij ij%& ?k?k:] istu] HknbZ ¼, d ikjEifjd
vkHkllk. k½jx fcjxs iVV; k] ycs ekstj xfVI tirk]
: pep iugh HknbZ ¼peMs dh pli y½

urzd vius dh fpRrkd"kd cukus ds fy, ihyh
feVvh] gYnh] pnukfn dkysi djrs gA buds xMok
cktk ea <ky]ful ku ¼NksVs uxkM½ eksj h¼NksVs cka] g h½
neÅ] fVedh] MQjk] 'kped]ekny] enax] xq: e]
>>uh] rrgjh] uxkMk] >ka] ethjk] <ksyd] [katj h
?k?k: vkfn ykcd ck] ka dk l ekos k gksrk gA

orëku ; æ ea l kãdfrd inllk.k ds Qy Lo: i
tutkrh; dyk, a viuk emy Lo: i rsth l s [kkrh tk
jgh gS vks dN rks fod'r gks pph gS ; gka rd fd
ykdokfl ; ks ds ukpus xkus ds rks rjhdkã os dkQh
ifjorü vk x;k gS vks mu ij uxjh; lH; rk dh
Nki vfd r gks xbz gA bl ds foijhr vkt Hkh jkÅr
tkfr viuh ijEijkxr l kãdfrd /kjkgj dks cM
tru l s l atks s gq s gA viuh bu ikjEifjd ykd
^ohj ykfjd** dks vius vkn'kz vks ij [kk ekurs gq
bl ikjEijk dks thfor l jf{kr j [ks gq gA ea viuh
jpukRed v/; ; u ^ykd ukV; pnsuh ds l æhr i{k
ykd okn; , oa os kHkllkk] l kt&l Ttk dk viuh cf)
, oa yksxks }kjk ?k&?k dj xkeh.k {ks=ka , oa ykd
dykdjka l s feydj ; g fj i kVZ r\$ kj fd; k gA

v/; k; &4

NÙkhl x<h pnsuh ykd ukV; ds ykd dykdkj
, oa jæfuns kdkæ dk l k{kkRdkj vkj ej s nks o"KZ ds
pnsuh ykd ukV; dh vuñko

NRrhl x<+ dh ykd ukV; ijEijk pnsuh vkt
ftl epke ij gS bl dk Lo: i Bhd , d k ugha Fkk tS k
fd vkt gA ml s vud pVVkuka ?kkfV; ka esnkuka vkj
taxyka l s xqtjuk iMk gA ; æ vkj ifjosk ds cnys
roj dh ifrPNk; k bl ij fujUrj iMfh jgh gS pnsuh
dh vud Louke/KU; i kfVZ; kWcuh u; &u; s : i ka l s vkt
Hkh curh tk jgh gS ofj"B jædehZ jkegn; frokjh us
dgk fd ykd ukV; dh ; g i ; flreh fdl xaxksh l s
fudyh fdl xaxkl xj dh xkn ea l ek, xh dksu dg
l drk gS ge døy dkeuk gh dj l drs gS fd vpy
dh ; g gS vkReh; ijEijk rc rd dk; e jgS tc tc
rd ykd thou ea l iñnu gS A

mijh rkj ij l k/kkj . k l s yxus okys bl fo"k; dh
Fkkg] ; g ekuus dks foo'k djrh gS fd ; g vFkkg l kxkj
gS ge fdruk de tkurs gS vkj tks dñ tkurs gS ml s
Hkh fdruk de vfHk0; Dr dj ikrs gA bl , gl kl us
eas vf/kd ftKkl q vkj uez cuk; k gS vi us blgha Hkkoka
ds l kfk NRrhl x<+ dh bl vu'oj ijEijk dks es ueu

djrk gW vkj NRrhI x<+ ds bu egku foHkfr; ka dk
 I k{kkrdkj djds ea vi us vki ds /kU; ekurk gWftuds
 HkkxhjFk iz; kl I s ; s ijEijk geans[kus I qus I e>us dks
 fey jgk gS vkj bl ijEijk dk fi<&nj fi<h vkxs
 c<kus dks fy, i kRl kfgr dj jgs gS

es Øe'k% bl fo/kk ds ykd dykdj dk
 I k{kkrdkj muds fopkj fparu vi us prfKZ i ksd fj i kS/Z
 ea i s k dj jgk gW ftI dk iz u fuEku d kj gS

xk; u oknu uR; ds {ks= ea vi uh vki kj Nki
 NkM+ pida feV\h ds [kirkw dks egdkus okys ykd
 dykdj ka I s I k{kkrdkj %&

- 1- xk; u oknu uR; ds {ks= ea vki dh : fp dc vkj
 dS s tkx'r gPZ
- 2- vki us vHkh rd dks&dks I s vk/kfud NRrhI x<h
 ykdukV; ka ea xk; u oknu uR; vFkok vHku; dks
 ydj I g; ksx fn; k gS
- 3- ykdxhr ykd I xhr vkj ykduR; ds fo"k; ea
 vki vi us fopkj crkb; s \
- 4- vk/kfud NRrhI x<h ykdukV; ea i k'oz xk; u dh
 ijajk dc I s 'kq gPZ bl ijajk dks dgk rd
 mfpr ; k vufpr ekuk tk I drk gS vkj D; ka \

5- i kjā fj d NRrhI x<h ykōdok | ka ds I kFk vk/kfud
 ok | ka dk I ekōs k vk/kfud ykōdukV; ka ea dc I s
 gqvk \bl ds vkfP; ij fopkj nhft; s \

Jh feffkys k I kgw i fl) ykōd dykōdj vfhkusrk]
xk; d ykōd I æhr ds fo' k's'kK



xEer ea dkbz fyf[kr I ækn ugha gksrk

tc ea d{kk rhI jh i kFkfed 'kkyk ea i <+ jgk Fkk
 rks cPpka dh ukp i kVhZ dk fuekZ.k gekjs xkō ea cPpka
 us feydj fd; k , d I ekt I fodk efgyk ekudqj dk
 , dek= i = Fkk & dekj fl æ ml I s gekjs I kFk; ka us
 feydj ukp i kVhZ dk fuekZ.k fd; k emy fuokl xke
 ck: dk ea ekudqj vkj nks rh ckbz bu nksuka vkfnokl h
 efgykvka us gekjs eukcy dks c<k; k vkj ea vi us cky

fe=ka dekj fl g dqtke Lo <syjke , oa fy[ku i hre
ijns kh l od vkfn ds l kfk cpi u ea ukp i kvhZ ea dke
djuk i kjnk fd; k A

jk; ig ftys ea esh tkudkjh ea ml l e; jkfte
l s nshkx rd xkoka ea ukp eMyh gh , dek= eukjatu
dk l k/ku FkkA ml vpy ea vkt ukp ds vykok dkbZ
vkj l cl s T; knk l 'kDr eukjtau dk l k/ku ugha gs gj
xto ea yhyk]ukVd ljkek; .k eMyh gh gs dQn xkoka ea
iMokuh dk ipyu Fkk tc ea ink gqk vkj dQn
l kpus l e>us ds yk; d gqk rc l s eQs ukpk ns[kus
dk vol j feyk D; kfd esj firk th Jh thou yky
l kgw ¼kwi w fo/kk; d jkfte½ Lo; a ukpk i kvhZ ds l pkyd
Fks vkj ukpk ds ml l e; ds [; kfruke dykdjks dk
fjgl zy esj ?kj ea gsrk Fkk [; kfruke nsokj tkfr dh
urfd; ka , oa jkfte djkl ukp i kvhZ ds l pkyd firkt
Fks i kMok eMkbZ vkj jkfte esyk ea ukpk dk cgr
pjs Vh 'kks gsrk Fkk ukpk dk okrkoj .k ?kj es gh feykA

ukpk dh dgkuh l kekftd i kfjokfjd , oa jk"Vh;
rFkk varjk"Vh; l eL; kvka dks /; ku ea j [krs gq xEer
dh dgkuh pprs ga vkj , d gh fnu ea i k=ka dk p; u
djds rjar edi djrs l e; gh i wkh; kl dj yrs gs
xEer ea dkbZ fyf[kr l okn ugha gsrk A i k=ka dks
dgkuh crk nrs gs rRdkfyd ep ij dh l okn dk

fueZk djds ukpk ds ik= viuh Hkfredk dk fuokg
djrs gS dFkkud dks vkxs c<kus ds fy, xhr l xhr
uR; vkj p/hys l oknka }kjk dk; Ze djrs gA

bl izu dk mRrj ea igys Hkh ns pok gA iR; d
xEer dk dN u dN l eL; kvka ij vk/kkfjr mnns;
gkrk gS ml s viuh ifrHkk ds ek/; e l s ukpk ds
dykdj viuh Hkfredk fuokg djds mnns; ikr djus
ea l Qy gks gh tkrs gS vkj l ek/kku dk jkLrk Hkh ukpk
ds ek/; e l s l ekt dks crkrs gS A

fuf'pr gh xEer dh dgkuh vkj ukpk ds ik=ka
dh ftUnxh ea varj gkrk gS xjhc l s xjhc dykdj
ukpk ea l s l kgudj vkfQI j vkfn dh Hkfredk vkl kuh
l s fuokg dj yrs gA exj okLrfod thou bl ik= dh
Hkfredk l s fuf'pr gh fHkuu gkrk gA

gj ukpk djus okys ekuo dh ftUnxh ea 0; klr
l eL; vka , oa muds funku dks gh viuh xEer ds e/; e
l s ykxks dks l e>ku dk iz; kl djrs gS A iæ l kbeu
}kjk fyf[kr , oa nhi d plnkaj }kjk funf'kr xEefrgk
ukVd bl dk iR; {k mnkgj .k gA

cpiu l s vc rd ea xke ck: dk dh ukpk ikVhZ
xke d'nk dh ukpk ikVhZ ip'khy f'ko'kadj ukp ikVhZ
jkfte djgz ukp ikVhZ eVok ikVhZ l s tMk jgk gA

NRrhl x<+ ds I q fl) ukpk ds ryl h I Eeku I s
 I Eekfur I oZh enu fu"kn xkfoan fueydyj
 bfnjkxka/kh Lefr jk"Vh; I Eeku I s I Eekfur ykyjke
 I kgw uknxka vksj >epnkl U; kf; dnkl ½eVok½
 [KYykh ukp ikVhZ ds jkev/khu vNksVk ukp ikVhZ ds
 jkeyky jkte dgkz ukp ikVhZ ds jtm frgk: I ksuw
 I kgw dksWw I kgw ijns kh jke cypnu xluw ; kno ukjk; .k
 nknk dpuk eMsyh ukp ikVhZ ds dgysoj jk[kMk ukp
 ikVhZ ds Jh xakjke 'kadj I kgw Bsdyk okys epok ukp
 ikVhZ ftyk jk; ij ds I j t Hkkbz vksj Hkyokjke ; kno
 ryl h I Eeku I s I Eekfur fjæuh ikVhZ ds dykdjka dk
 iHkko eq ij iMk I kFk gh ekunkl VMu igkus [kM\$
 I kt ukp ikVhZ cgyk fodkl [kM nqz tks vkt Hkh
 NRrhl x<+ ds I cl s ikphu vksj I 'kDr ukpk fo/kk dks
 thfor j [kk gs mul s ea vf/kd iHkfor gqvk A nkuh
 njcu ukp ikVhZ dk Hkh ejs thou ea iHkko iMk nokjka
 dh ikVhZ ea cjruhu ckbz fQnkckbz ekykckbz inek
 cl arh ek; k fdLerckbz vksj plnHkku dk ukpk ns[kdj
 ea cgr iHkfor gqvkA

[kM\$ [kM\$ I kekftd I eL; kvka ij xEer djrs Fks
 ykx ijh jkr tkxdj viuk eukjatu djrs Fks yfdu
 vc ukpk dk Lo: i fcYdy gh foijhr gks x; k gs
 if'peh I H; rk dh ekj vksj foKku ds fodkl dkj.k

rFkk fl usek ds iHkko us ukpk ds eny Lo: i dks fod'r
 dj fn;k A vc l e; dh ekax vksj n'kzka dh
 i fjfLFkfr; ka ds vuq dny ukpk ea fQYeh xkuk vfuok; Z
 &l k gks x; k gS ; gh dkj .k gS fd ukp okyka dks n'kzks
 dh orZeku ekufi drk dk /; ku j [krs gq i gys ftl s
 vki ukpk dh ijh fy [ks gS ml s NRrhl x<+ ea updkfju
 cksyrs gA vc bl s M&l j dgk tkrk gS A/c kn ea tks
 nil jh ijh vkrh gS ml h uatfj; k dgrs gS mUga fQYeh
 xkkuk xkkuk i M+k gS vksj nil jh ijh vksj xEefrgk ; k
 tkDDM+ ¼tkd j ½ ykx i kphu ukpk dh ijEijk dks dk; e
 j [kus dk iz; kl djrs gq NRrhl x<+ ykdxhr uR; , oa
 l dkn cksyrs gA

ijkuh ijEijk ds vuq kj gkus okys ukpk vc
 NRrhl x<+ ea uke ek= ds jg x; s gS yfdu orZeku
 ukpk ea ijh ¼MkUl j ¼fQYeh iHkko l s xkfl r gS vksj
 fQYeh ukf; dkvka dh rjg esdvi djrs gS yfdu
 xEefrgk tkd j vksj uatfj; k vkt Hkh i kphu ukpk ds
 vuq i gh esdvi djrs gS A ukpk okyka dh fatanxh
 vthc gkrh gS vf/kdrj xjhc ; k e/; e ifjokj ds
 ykxks dks gh ukpk fo/kk l s tMs gq i k; xa A bl fy,
 l hfer l k/kuka l s de l s de [kpZ vksj ukpk ds
 vk; kstdka }kjk fn, tkus okyh jkf'k dks /; ku ea j [kdj

gj ukpk i kVhZ ds dykdkj vi uk esdvi djrs gSA vkSj
 tks I keku vko'; d gkrk gS ml s 'kgj I s [kjhnrs gS A
 ukpk djrs I e; esj s ?kj ds ekW cki HkkbZ&cgu
 vkSj i Ruh dk 0; ogkj esj s LoHkko dks tkurs gS bl fy,
 esj s fy, vuqndy gkrk gS D; kfd es cpi u I s gh bl
 fo/kk ds vykok I xhr ds vu; fo/kkvka dks vkRel kr
 dj fy; k gW A fo'ks'k dj NRrhl x<+ ds ydr ik;
 I kldfrd ykd fo/kkvka dks thfor j[kus ds fy, bl
 dk;Z ea 'kks'k I 'tu vkSj I xg.k djds muga thfor
 j[kuk esus vius thou dk y{; cuk fy; k gS esj h
 dks'k'k jgrh gS fd bu I kldfrd fo/kkvka dk esy
 Lo: i fod'r u gks fQj Hkh I e; vkSj i fjLFkfr; ka dh
 ekax ds vuq i ea bu ydr ik; NRrhl x<+ ds xhr
 I xhr uR; ds esy Lo: i dks cpkrs gq ml s u; k thou
 vFkkZr I tkus I okjus dk dk;Z gh djrk gWA

ukpk djus okyka ds ifr xka okyka dk 0; ogkj
 cgr gh vPNk vkSj fouez gkrk gSA xkeh.k vpy ea
 ukpk okyks dks cgr Lusg I Eeku o I; kj feyrk gS
 D; kfd xka okyka dks vius chp ukp okyka dks ikdj
 yxrk gS fd vius gh ifjos'k ea thus okys yksx vk; s
 gq gS tks mudk vkt jkr Hkj eukjatu djaxs A esus
 vf/kdrj xkoka ea ns[kk gS ukpk ds fdl h u fdl h ik=k
 ds I kfk ukp ns[kus ds ckn vkRel; I ca'k gks tkrk gS

vkšj NRrhI x<+ dh , d ijEijk ftI s thoui ; Ur fuokg
djrs gš tš &egki l kn]xæktj]xtkew]tækj] Hkstyh
jsh dksj ; kQmy vkfn uke ndj thou Hkj ds fy,
i kfjokfjd l æk LFkfi r dj yrs gš vkšj gj dkbz , d
nil js ds l d[k&nd[k ea thou i ; Ur l ækka dk fuokg
djrs gš

ukpk thou ea dkbz vfoLej.kh; ?kVuk; a ?kkVh gš
ftI ea nks ?kVukvka dks eš thou i ; Ur ugha Hkmy
l drkA , d ckj ejš fuokl xke ck: dk ftyk jk; ij ea
ukpk , oa oržeku NRrhI x<+ l l dfrd dk; ždæka l s tš
dykdj , d dk; ždæ ds fl yfl ys ea i dkh; kl ea
, df=r gq ftI ea ryl h l Eeku l s l Eekfur l ožh
enu fu"kn , oa xkfon fueždj Hkh 'kkfey Fks ejš
firkJh vpkud cksys vkt vki ykška dks ukpk dk
dk; ždæ djuk gh gkška ukpk ea efgyk ik=k dh
Hkfedk djus okyk vkl ikl vFkd iz; kl ds ckn Hkh
mi yč/k gks ugha ik; š xkæ ea Hk; ždj HkhM+ bdVBk gks
xbA tc dykdj fircth , oa turk dks ns[kdj
?kojk; s cšs Fks fd dk; ždæ fdl rjg 'kq fd; k tk; š
ml l e; nk<+ c<k; k Fkk & ešus vpkud dgk efgyk
ek= uatfj; k dh Hkfedk eš d: ækA vc xkæ ea nk<+
cukškyk ukbz vuq fLFkr Fkka nk<+ bruh cMh&cMh
Fkh fd vkl kuh l s cuk; s tkus eš' dy Fkk A fQj Hkh eš
eš ea dkyk ešvi djds l kMh ea eš Nq kdj enu
fu"kn vkšj xkfon fueždj vkšj ykššoj Hkmy; l ukpk
ds dykdjka ds l kFk tekufju dk dke fd; k A
dk; ždæ vR; r l jkguh; jgk ukpk txr ds fl) gLr

dykdkjka ds I kFk vi uh efgyk ik= dh Hkrfedk fuokz
 djus dk eqs Hkh xoz Fkk vkj vkt Hkh gS A bl ?kVuk
 dks ejs xk ds ykx ,oa I eLr dykdkj thoui ; Dr
 ugha Hkny I drA

oñ s gh vkdk'kok.kh jk; ij ea tekncfju xEer dks
 blgha fl) gLr dykdkj enu fuokn ykyjke vkfn ds
 I kFk ukpk ij vkybfM; k dkEi hVh'ku ds fy, fnYyh
 Hkstus ds fy, fjdkfMx djuk Fkk ml ea Hkh ; gh fLFkr
 fufeR gpZ vkj eqs gh efgyk ik= dh Hkrfedk dk
 fuokz djuk iMk Fkk D; kfd efgyk ik= ml fnu
 mi fLFkr ugha gks I dk FkkA ukpk ds mijkDr nks
 ?kVuk; eqs thoui ; Dr ; kn jgax A

pr: jke I kgw ¼i fl) tkodj½
xEer okLrfod ftUnxh dk ifrfca gS



es ukpk ea dke diuk lu~ 1958 I s i k i k fd; k
 gA mDr ukp i kVhZ dk dke u; ki kjk ukp i kVhZ FkkA
 rFkk u; ki kjk nqZ I s i k j k fd; k Fkk A

ep̄s bl {ks= ea dke djus dh ij .kk Jh uxokjke
l kgq ej̄s ukuk l s cpi u l s feyh ej̄s ukuk ukpk ea
tk̄dj dk dke djrs FkA

ge ykx xEer dh dgkuh l kekftd djhfr; ka , oa
l edkyhu i fjLFkfr; ka , oa l eL; kvka ds vk/kkj ij
gkL; 0; X; fefJr , oa fufez̄ dFkk; a i Lrq djrs gA

xEer ds ihNs gekjk mn̄s; xkeh.k turk dk
fo'kq) eukjatu , oa tu pruk tkx'r djuk gS A xEer
ea yk̄d jatu , oa gkL; dh i z̄q̄k Hk̄fedk jgrh gS A

xEer dh dgkuh okLrfod ftUnxh dk ifrfc̄ gS
ftl s uk; d ukVdh; 'kSyh ea okLrfod ftUnxh dh
i z̄q̄k ?kVukvka dks i Lrq djrk gS ukVd ea ftl <x
l s dFkkoLrq dks i Lrq fd; k tkrk gS ml a okLrfod
ftUnxh ea vfHk0; Dr ugha fd; k tk l drk gS A

ikj̄tk l s u; kikjk ukp ikVhZ tks fd ej̄s fuokl
xke ea gS rFkk l Ldfrd dyk ep̄ gej fcgko Hk̄p; ka
ds Hkxoku l kugk fcgku dkjh gj̄syh xEefrgk i p̄uh ds
pnk ekj̄ x̄bz̄ x̄k̄ NRrh l x<+ egrkj̄h pn̄sh x̄k̄nk
1/2sdok1/2vugkx /kkjk eks̄jk ferku rFkk or̄ku ea yk̄d
j̄x vt̄nk l s t̄mk ḡvk ḡ A ej̄s mij fuEufyf[kr
dykdjk̄a dk i Hkko jgk gS Jh uxokjke l kgw u; kikjk
n̄q̄Z Jh enu fu"kn̄n uokx̄k̄ Jh Bkd̄j̄jke fj̄xuh Jh

Hkš kyky gMkm jktuknæko , oa ejs vU; dykdkj cakq
ftuds I kFk ep>s dk; Z djus dk vol j feyka

vkt dy I kt dh ijh I ekW ck/kus ds fy; s fQYeh
xhr xkrh gS pafid n'kZka ij fQYeh xhrka dk iHkko
vf/kd gS iWZ ea ukp dh ijh cEgkun ds Hktu ehjk ds
in ykouh euekguh ds xhr , oa /kkfzd xhr gh xk; k
djr h Fkh D; kfd ykxka dh : fp ml h izdkj dh Fkh A

xEer dh ijh vkt Hkh ykd xhr bl fy, xkrh gS
fd xEer ds dFkkud dks iZr r djus ea ykd xhr
vR; Ur I gk; d gS A ykd xhr ds ugha xk; s tkus ij
xEer v/kjk egl i gksxk A

ukpk ea edvi dykdkj Lo; a djrs Fks rFkk
fuEufyf[kr edvi I kekuka dk mi ; ksx djrs Fks epky
'ka[k dede vHkd dkty NpZ dks yk vkfn Igt
mi yC/k I kexh mDr I keku dN vko'; d cktkj I s
dz; dj rFkk T; knkrj I keku ?kjsyW mi ; ksx ds gksrs Fks
ftI s dykdkj Lo; a ik= dh Hkrfedk ds vk/kkj ij vius
Lrj I s iZlr djrk Fkk A orZeku ea edvi ds fy,
vyx gh fo'ks'kK 0; fDr gksrs gā rFkk vk/kfud edvi
dk I keku cktkj I s dz; dj mi ; ksx djrs gā A

ukpk ea dke djus ij ejs I Hkh ifjokj [kq kh
vuqko djrs gā rFkk ges'kk iKRl kfgr djrs gā ejs

i fjokj dk 0; ogkj cgr gh vPNk jgk gS rFkk Hkfo"; ea
Hkh jgus dh mEehn gSA

ukpk ea dke djus okyka ds i fr xka ds ykxka dh
nf"V I Eekuuh; jgrh gSA vkt Hkh ukpk ds dykdjka
dks vknj I Eeku feyrk gS ijUrq ukpk ds dykdjka dks
xalkhj 0; fDr ugha I e>ra A mlga okLrfod ftUnxh ea
Hkh fonWkd ,oa gkL; dykdj gh I e>rs gSA rFkk
viuka I s FkkMk gVdj I e>rs gSA

ej's ukpk thou I s tMh dN vfoLej.kh; ?kVuk; a
fuEeud kj g%&

- 1- ej's ukuk eq's cpi u I s gh daks ij p<kdj
i R; sd ukpk dk; Zde ea ys tkrs FkA
- 2- fnuka 30-05-99 dks ejh ukuh ds ngkar gks
tkus ds dkj.k mudh vfre fØ; k ds i' pkr-
ml h fnu gjsyh ds dk; Zde ea i wZ fu/kkFjr
vfHku; vius 0; fDrxr nd[kka dks Hkmydj
djuk i Mk A
- 3- xke dpj vNfj; k ds esyk ea ej's }kjk
i Lrr i' kcfy ds fo:) ukVd I s i Hkkfor
gkdj i' kcfy grq yk; s cdjk dks gekjs
ukV; I LFkk dks nku dj fn; k ftI s ea
cdjk ds thou i ; r i kykA
- 4- gjsyh ukVd ds ,d n"; ea fjgl zy ds
nkjku xke erokjh ea ejk ij QDpj gks
x; k ftI ds dkj.k eq's bykt ds I kFk gh
I kFk 9 efguka rd cS k[kh ds I gkjs pyuk
i MkA

5- ykddyk egkRI o fhkykbZ dkjck I s i z kfLr
i = , oa eMy vkfn vke turk dk Lug vkj
I; kj feyk A

nsh yky ukx ¼i fl) ykd l æhrdkj] vfhkurkj
xk; d½

ykd xhr NRrhI x<h
ygts l s ik.koku gks tkrs gā
igys eā ijh dk dke djrk
FkKA eāus jkek ukp ikVhZ vkš
x.k's'k jkeyhyk eMyh eā dke
djrk jgk rc egh mej
pkšng&iUnz l ky dh Fkh A
ml ds ckn fjæuh ikVhZ ½enu
fu"kkn vkš ykyij ke½ eā dke
'kq fd; kA /khj &/khj s
gkjeksfu; e ctkuk 'kq fd; k
vkš ijh dk dke NkM+ fn; k
A



eā Jh gchc ruohj ds u; k fFk; vj eā gjeksfu; e
ekLVj ds : i eā dk; Z fd; k vkš vkt Hkh dj jgk gā
teknkfju xkō ds uke l l gjky ekš uke nkekn vkxjk
ctkj feVvh dh xkMh cgknj dykfju pj.knkl pkš
vkš fgjek dh vej dgkuh l fgr vusd ukVdka eā
xkk; u ds l kFk&l kFk gjeksfu; e ctkus dk dk; Z fd; k
gS A dN ukVdks eā vfhku; Hkh fd; k gā

NRRhl x<h dh vf/kdkā k /kqā , d h gS tks Jksrkvka
 dks vius Hkko ea cgkdj ys tkrh gS A ykṣd xhrka dks
 tc e/kj dB vkṣj NRRhl x<h ygtk feyrk gS rks os
 i.k.koku gks tkrṣ gA ekykckbz I kṣeokuh] t ; ah ; kno]
 fQnkckbz vkṣj iue dh vkokt dk tknw gekjs
 NRRhl x<+ ea gh ugha fnYyh ea Hkh gA Hkyokjke ; kno
 cgr I /ks gq <ā I s xkrṣ gS vkṣj eṣ/k dj nrṣ gA
 i gys <ky MQMk ful ku nem vkṣj ekṣjh dk iz; kṣ
 ukpk i kfVZ; ka ea gksus yxk A iz; kṣ ge u; s ok | ka dk
 dj I drṣ gS yfdu og iz; kṣ ykṣd I āhr dks fod'r
 u dja A bl ckr dk /; ku j [kk tkuk pkfg, ykṣd
 I āhr gekjh I kldfrd fojkl r gS A eṣ; g ckr ; kn
 jgrh gS & os ; k] okuj] vfXu] ty] dṣVd]dVd
 dykj ¼ kjk fodr ½ nl ka phṣ viuk ugha gṣZ
 ¼Fkkuk½ I ṣk I ṣkj A

Jherh dfork okl fud ¼ykṣd xkf; dk½

ykṣd I āhr ykṣd ukV; dh vkRek gA tgka rd
 : fp ds ekeys ea eṣk ekuuk gS fd cpi u dk ifjōk
 ; k I Ldkj tṣ s gks cPpk ml h ds vudny viuh : fp
 dk fueZk dṣxk rks LokHkkfod gA eṣ; Hkh i kfjokfjd
 , oa I kekftd ifjōk dk okrkoj . k I āhr I s vkr i kṣ
 jgk gA tc I s eṣ; gks k I ākkyk rHkh I s Ldnyka ds , oa

I kekftd dk; ldeka ea egh I fdz; rk jgh gS vksj ; gh
egjs xk; u i kjHka djus ds vol j jgs gS A

; g ejk I kSkkX; jgk gS fd eqs NRrhl x<+ vpy
ds mu I Hkh xfjeke; ukVdka , oa epka ea vol j feyk
gS tks bl vpy dh I Ldfrd tkx: drk ds nizk jgs
gS & tS s pnsuh xkank I kugk fcgku ykfjd pank
ykdKRI o dkjh vugkx /kkjk , oa dfork ukbVA

ykd xhr , oa ykd I xhr ds ckjs ea ejk ekuuk
gS fd pkgs og fgUnqrku ds fdl h Hkh i kar ds gka
mudks xk; s tkus dk vi uk rjhdk gkrk gS vr% ml
rjhds dks vi uk; k tk; s vksj xhrka dks xk; k tk; s rks
fQYeh xhr ; k I xhr Hkh ykd xhrka ds Lo: i dks
/kkj.k djrs gS vksj ykd xhr , oa I xhr Hkh muds
rjhds I s ugha xk; k tk; s rks fQYeh vksj vk/kfud
yxus yxaxA vr% fdl h Hkh ykdxhr o I xhr es
ml dh vkRek thfor jguh pkfg; s A ykd xhr , oa
ykd I xhr ds xk; s tkus dh LVkby gh ml dh vkRek
gS A

vk/kfud NRrhl x<h ykd ukV; ka ea i k' oZ xk; u
ds ijEijk dh 'kq vkr NRrhl x<+ vpy ds ykd
I Ldfr ds Hkh"e firkeg nkÅ Jh jkepanz ns'keq[k ds
>kjk pnsuh xkank ds I e; I s gpZ gS vksj ; s ejk
I kSkkX; jgk gS fd bl i kjfHkd nkj ea eqs Hkh vol j

feyk gS A pnsuh xkank ds i oZ ykSD xhrka dks ukpk ea
 Lo; a uk; d vkj ukf; dk ep l s xk; k djrs Fks ftl l s
 oks xhr mrus ykSdfiz; ugha gq ftrus fd i k' oZ xk; u
 l s gq gA i k' oZ xk; u dh 'kq vkr ds ckn NRrhl x<h
 xhr , oa l xhr ds {ks= ea , d l kldfrd dkfr l h
 vkbZ vkj vkt ml dk ifj.kke gS fd NRrhl x<h xhr
 ijh nfu; k ea viuh igpku cuk jga gA ejk Lo; a dk
 xk; k NRrhl x<h xhr irk ystk js xkMh okyk ch-ch-l h-
 ynu l s Hkh iz kfjr gsrk jgrk gS A ; fn i k' oZ xk; u
 dh ijEijk ugha gsrh rks 'kk; n ea Hkh NRrhl x<h ykSD
 l kldfrd ep l s ugha tMh gsrh D; ksd vfHku; ea
 ejh : fp ugha jgh ijUrq i k' oZ xk; u us gh eps bl
 fo/kk l s tkM+ j [kk gS A vr% i k' oZ xk; u dh ijEijk
 mfpr ftl l s fd ukV; fo/kk , oa xk; u dh fo/kk ds
 dykdj vki l ea feydj fd l h Hkh dk; Zdz dks
 thar cuk nrs gS A vknj.kh; jkegn; frokjh th tks
 bl vpy ea ykSD ukV; ka ds iz ksrk jgs gS }kjk
 funf'kr ykSD ukV; dkjh bl dk l 'kDr mnkgj.k gA
 ifjorZu vkj ifj"dkj l f"V dk fu; e gA l e;
 dks tks ugha Lohdkjxk og viuh igpku [kks nsxk A
 viuh igpku dks cjdjkj j [krs gq vk/kfudrk l s
 l keatl; j [kuk gskx vl; Fkk ykx id n ugha djxs A
 tgka rd ejk ekuuk gS fd tcl s NRrhl x<h ikjEifjd

ok | ka ds | kFk Hkkjrh; ok | gjekfu; e]rcyk] <ksyd], oa
ckd gh dk | eko'k gqvk NRrh | x<h xhrka us rHkh vi uh
ykd fi z; rk dks i klr fd; k gSA vr% tc | s NRrh | x<h
xhr ykd fi z; gS rHkh | s i k j E i f j d ok | ka ds | kFk
Hkkjrh; ok | ft | s vki vk/kfud Hkh dg | drs gS dk
| eko'k gqvk gS A ejk ekuuk gS fd dkbz ok | tks
| e; k u p d y gks ml s vk/kfud ugha dgk tk | drk A
ok | rks ok | gS ml ds iz; kx dk izdkj gh xhrka ds
Lo: | dks cny nrk gS A vk/kfud ok | ykd ok | ds
| kFk | ketL; dks vfr e/kj cukrk gSA D; ksfid bz oj
us vkokt | Hkh dks nh gS ml h vkokt | s dkbz ykd
xhr] dkbz | x e | xhr | i Wi | xhr vkj dkbz fQYeh
| xhr xk jgs gSA ml h izdkj vko'; drk u p d y ok | ka
dk iz; kx fd; k tkuk pkfg; s A ukfxu i g kuh fQYe ea
| xhr dkj Lo- gerad ekj th us vk/kfud fons' kh ok |
Dys ok; fyu , oa gjekfu; e ds | ketL; | s chu dh
vkokt fudkyus dk iz; kx fd; k Fkk tks cgr ykd fi z;
jgk chu rks Hkkjrh; ykd ok | gS A i j U r q fons' kh ok |
Dys ok; fyu , oa gjekfu; e ds | ketL; us bl dh
vyx i g pku cukdj bl s LFkkfi r fd; k gS A vki dks
| u- 2016&17 ds i fr f" B en k th | Eeku ns' k ds
egke fge jk" V i fr } kj k N U kh | x<+ ' kkl u } kj k
| Eekfur fd; k x; k gSA

Jherh i ði yrk usrke ¼i fl) xkf; dk½

Xkk; u l æhr ea fu[kkj dh dyk gS cpi u l s : fp
gS vkB o"kl l s eus LVst i ksxke cSykMhyk l s 'kq okr
dh gS vkSj j fM; ks ds }kjk gh yrk ds xhrka dks l udj
xkuk xkus dh bPNk tkx'r gpZ A

eus vHkh rd vk/kfud NRrhI x<+ ykduV; ea
xkf; dk ds : i l s l cl s igys nkÅ egkfl g pankdj ds
l kugkfcgku l s 'kq vkr dh Fkh Abl ds ckn muds gh
cuj rys jkegn; frokjh ds funZ ku ea ykfjd pank ea
ik'oz xk; u fd; k rFkk y{e.k pankdj }kjk funf'kr
VsyhfQYe gjyh ea xkf; dk ds : i ea ik'oz xk; u
fd; k bl ds ckn xEefrgk nhi d pankdj }kjk funf'kr
ukV; ea ik'oz xk; u djus ds ckn orZeku ea cgpfpr
l l Fkk ykdeatjh ds nokjh ukV; ea iæq[k : i ea
viuk l g; ksx ns jgh gA l kFk gh ykdn'kZu ea Hkh
dke fd; k gA

ykdxhr nks izdkj ds gA ¼1½ kjEi fjd ykdxhr
tS k djek] jSyk] 'kSyk nnfj; k] fjuk] l pk] fcgko]
xkSj k] xhr ; s l c i kjä fjd gA bu xhrka ea ykso /kq
rFkk yksoKn; ka dk iz; ksx fd; k tkrk gS nil js izdkj
dk vk/kfud yksofxr tks dfo; ka }kjk viuh Hkkoukvka
dks 0; Dr djrs gq fy[kk tkrk gS A ftI ea vk/kfud

okn; dk iz; ksx dj /kq rš kj fd; k tkrk gSA o ml s
l tk; k o l ækj k tkrk gSA ijUrq ikjā fjd xhrks dh
/kqka dh e/kj rk vk/kfud xhrka ea iz; ksx djus ij
udy djus tš k fn[k tkrk gSA tš s djek rky vkš
xhr nks izdkj ds gksrs gā ij l qus ea nkuka ea varj
egl v gsrk gSA vk/kfud xhr Hkh jkx rky dk mfpr
iz; ksx gkus ij ml s Hkh l qus o xkus ea vPNk yxrk gS
A eā nkuka izdkj ds xhr xkrh gSA nkuka vi uh&vi uh
txg e/kj gSA QugM+r k ,oa vk/kfud cks>y rk l s
l æhr dks cpk; s j [kus dh vko' ; drk gSA

vk/kfud NRrh l x<h ykdukv; xk; u ea ik'oz
xk; u dh ijEijk pnsuh xksnk n'ker dšuk gjsyh l s
'kq gqz ; g ijEijk emyr% mfpr gS D; kfd dykdjka
dh ifrHkk dk fu[kkj iu bl l s mHkjrk gS l kFk gh
dykdjka dk eukcy mBrk gSA

ikjā fjd NRrh l x<h ykd okn; ka ds l kFk
vk/kfud okn; ka dk l ekos'k ikjā k l s gh gsrk jgk gS
AfQj Hkh bl dk iz; ksx vkt dy l æhr ea fu[kkj ykus
ds fy, 0; kid i škus ij fd; k tk jgk gSA bl l s
l æhr es fu[kkj vk; k gSA ogha ij n'kdka dks vk/kfud
ukV; ka us vi uh vkj vkdf'kzr fd; k gSA tks l e; dh
i qkj gSA

dejkeš ojh ¼ykd uR; kxuk½



uR; I s vikj I r f"V feyrh g\$ gks k I alkkyrs gh
 esus vius Hkhrj uR; ds ifr , d fo'ksk yxko o
 I a s'k.k vuqko fd; kA D; kfd esus egl vl fd; k fd
 j\$M; ka I s i d kfjr fgUrh fQYeh o NRrhI x<h xhrka dks
 I udj ea I gt gh vkdf"kr gks ml ea Hkko foHkkyj ukp
 mBrh Fkhj ea Lo; a vkj ejk ifjokj bl vl e;
 Hkko&Hkfxekvka I s gri Hk Fkj vdsys ea xhr I urh vkj
 ml ds vuq kj pgjs ea Hkko cukdj ukpus dh dks'k'k
 djrh] Ldwy dh I kAdfrd xfrfof/k; ka ea esjh bl
 i kj fHkd : fp dk c<kok feyk A ml h nkj ku xka ds
 gh nkA egkfl g pankdj ds ckM\$ I s fudyrh I kt
 vkj vkokt us ep\$ vkdf"kr fd; k vkj mudh dfr
 I kugk fcgku vkj ykfjd pank I s eph; I d kj ea
 i os k fd; k A

ykfjd pñk l s 'kq vkr gþz fQj xkš kekrk vkš
ml ds ckn nðkjh ea esus viuk vfHku; vkš ur;
l kFkd fd; k ftl l seqþs vikj l rþ"V iklr gþA

orþeku ea NRrhl x<h ykduR; tks fofHkuu : ika
ea iþfyr gš ml s v{kq .k cuk; s j [kuk vkš ml s ih<h
nj ih<h gLrkþfjr djuk gekjh eq[; ftEenkjh gA
vk/kþudrk dk nþi Hkko ykþepka ea Li"V nþ"Vxkþj
gks jgk gš bl fy; s bu fo/kkvka dks bþekunkjh Jegur
yxu o l eiZk t: jh gš A dk; l dfBu gš yfdu
budh ikjþ fjdrk dks dk; e j [krs gþ s bl s xfjek ds
vupþy ifr"Bkfir djuk NRrhl x<h ykd l l dfr ds
fy; s cgþ t: jh gA

; g ijþ jk dc l s 'kq gþ] ; g egRoi wkz ugha gš
cfYd ; g dš s gekjh ijþ jk cu xb] ; g fopkj .kh;
fo"k; gš l e; ds vuq i eþh; vko' ; drkvka ds pyrs
; g t: jh rks gþk] yfdu vkf[kjþkj bl l s gekjh
ekšydrk dæ'k%u"V gþz gš bl l s bþdkj ugha fd; k tk
l drk A

tgka ge NRrhl x<h ykduV; ep dks vll;
cþkyh]ejBh]mfMþ; k o fgUnh vkfn jþþepka ds l ed{k
ys tkus dh ckr djrs gš rc ; g ykfyeþ gš fd dþN
vk/kþud ok | ; aþka dk iz; ksx gekjs ykduV; ka ea gkš
yfdu /; ku jgs ml l s gekjh ikjþ fjdrk o ykdi u

u"V u gk] rFkk , d k Hkh u yxs fd gekjh iLrqr ; k
i Hkko , dne I s dN Hkh vk; kftr gSA

bZdjkt fl g Hkkejk ¼i fl) ykd I æhr fo' kS'kK½



'kCn I d kj ea cnyko I ek; k gqk g\$, d
vkdLVk gqk djrk Fkk ftI dk uke jkx&jæ vkdLVk
fHkykbZ ftI ea vf/kdk' k dykdkj f'k{k d gh Fks ftuea
ej s i kFkfed 'kkyk ds f'k{k d Jh frokjh th FksA

Tkks os eps i <kus ds vykok vfrfjDr d{k k ea Hkh
I g; ksx djrs Fks mlgha ds ekxh' kZu ea jkx&jæ
vkdLVk Qy&Qmy jgk Fkk] ejh yxu dks ns[kdj
mlgkaus eps ejh mez ds fgl kc I s eps ok | ; æ nus
dk vk'okl u fn; k tks vkt rd ej s tgu ea ekStn

gA cpi u dh oks yxu l s ek/; fed f'k{kk l ekir gkrs
gh ea l æhr dh l LFkkvka ea oknd ds : i ea tMfrk
pyk x; kj ftl dk ifj .kke vki ds l keus gA

Okknd ds : i ea ejk igyk NRrhl x<h ukVd
nl er dsuk jgk bl ds vykok gjsyh xEefrgk ykfjd
pank ?kj dgka gS xørjhgk , oa NRrhl x<h ykød ukV;
nøkjh ea oknd , oa l æhr funð kd dk l g; kx nrk
jgk A

fdl h fo'k'sk LFkku] uke , oa iæfr ds Åij
ekfyd : l ea ik; k tkus okyk xhr ykød xhr cu tkrk
gA oS s ikjå fjd ykød xhr fo'k'sk LFkku j [krs gA A
bl h rjg ykød l æhr fo'k's' : i l s ; k fQj fdUgha
dkj .kka l s ctk; k tkrk gS ftl ds ctkus ek= l s gh
, gl kl gkrk gS fd Qyka nøh nørk vFkok fdl h rht
R; ksj dk fo'k'sk l æhr tku iMfrk gA

vk/kfud NRrhl x<h ykød ukV; ea ik'oz xk; u
dh ijEijk ejs fopkj l s dkjh , oa l kugk fcgku l s
'kq gA oS s dN&dN iæk.k gea pjunkl pkj l s
Hkh feyrs gS A ik'oz xkk; u dks mfpr bl fy, ekuk tk
l drk gS jfd vkt fefM; k ¼vk/kfu/ofu i d kj .k ; a=½
bruk c<+ x; k gS , oa l fo/kk, a bruh T; knk gks xbz gA
fd 'kk; n vki Hkh iap fdykehVj dk jkLrk i shy
pyuk i l an ugha djæ] vfHku; vkSj xk; u nkuka dk; l
, d l kFk djuk e f' dy gks tkrk gS Fkdk dykdkj

vflku; I s xkk; u ea oks ek/kq 7rk ugha i nku dj I drk
] bl ds foijhr ge vkt egur I s drjkus yxs gā
vflku; ds I kfk rst Åph vkokt ea xkuk dykdkj dh
viuh n{krk I keus ykrh gš ukVadh ; k ukpk ; k ukpk
ds dykdkj vkt Hkh bl ds i R; {k mnkgj .k gā

nks n'kd igys bl dk I ekoš k gqk Fkk tks vkt
rd tkjh gš ftl rjg iðfr dk fu; e gš cnyko A
ml h rjg cnyko gj {ks= ea gks x; k gš]ftl rjg , d
ckyd vkš , d i kš+ ea vlrj ns[kk tk I drk gš
I e; kud kj I æhr ea Hkh ml ds pyuš vks<uš iguus
dk cnyko vk x; k gš yfdu vkRk ogh gš 'kjhj ogh
gš I gj ogha gš cl I kt cny x; š ftl rjg ge
viuh i gj kuh i h<h dks ; kn j [krs gā muds fopkjka ij
vey djus dh dks' k'k djrs gš mudh /kqkyh rLohj
dks ge I gst dj j [kuk pkgrs gš ml h rjg I æhr dk
gj I kt vkius I e; dky ea cgr menk jgk gš
ifrLi /kkz dk iz u gh ugha mBrk A I ekoš k iðfr dk
fu; e jgk gā 'kCn I d kj dh gj I qnj oLrq ea I ek; k
gqk gā

ek/ko dq kokgk ¼ykd xk; d½

xk; u ea ep>s cpi u I s : fp gš xk; u ds {ks= ea
ep>s cpi u I s gh : fp Fkh ijUr ea LVst dk; ðæ ea

I fEefyr gkus yxkA tks fd panSuh xkank] I kugk fcgku dk; bde ns[kdj tkx'r gpA

ea vHkh rd xk; d ds : i ea ykcd ; kfeuh 1/2i re I kg1/2 ryl h pks k1/4th-i-h- jkt d1/2 n'ker dsuk 1/4i re I kbeu1/2 xEefrgk Jh nhi d panzdj fjI kyh fFkjS/j ch-vkji h I k{kjrk vfHk; ku ftyk&nqz vkj orZeku ea ykcdatjh I s tMk ga

ykcdxhr vkj ykcdl xhr orZeku ea vk/kfudrk dh vkj vxz j gks jgk gS tks ugha gksuk pkfg, A tc rd ykcd l xhr ea] vuq kkl u ij d 'kfDr]I 'tukRed 'kfDr Loj&rky vkj y; rRo rFkk fn0; Ro vkRe I eiZk dh Hkkouk ugha gksxh ykcdl xhr dl kS/h ij [kjk ugha mrjxkA

vk/kfud NRrhl x<h ykcdukV; ea ik'oZk; u dh ija jk panSuhxkank o I kugk fcgku I s 'kq gpA vkj vkt ds /ofu ; a= ds ; x ea Jksrkvka dks xk; u ds mrkj&p<ko dh ckjhfd; ka dks tkuus dk vPNk vol j gS tks ep ea i n'kZu djus okys dh vi s'kk ik'oZk; u I s T; knk I EHko gS A

NRrhl x<h ykcd ok| ka dk I eko's k vk/kfud ykcdukV; ka ea NRrhl x<h ea nll js i ka I s vk; s

0; fDr; ka ¼dykdjka ½ ds }kjk NRrhI x<# dyk ds
 i n'kū djus I s 'kgjka ea vk/kfudrk dk I ekos'k gqvk
 gS A tks vi us yksook | ka dh yqr gkus dk I adr gA
 Bhd ugha gA

[køku yky I ko ¼i fl) I æhr fun'kd½
 vki dks I u~2015&16 dk I æhr ukVd vdkneh vokMZ
 Hkkjr ds egkeghe jk"Vfr ekuuh; iz ko eq[kthz th
 ds }kjk vki ds I æhr I k/kuk dks I Eekfur fd; kA



ykd I æhr dk ykd rRo fod'r u gks tle I s
 ysdj eR; q rd xkwbka esj i R; sd exy dk; Z ea I æhr
 dks eq[; LFkku fn; k x; k gS A 'kk; n gh fdl h xkeh.k
 dB cpk gk] ftI I s dHkh u dHkh dkbZ yksoxh u
 QW fudyk gkA I adkj ds voljka ij ik; % I Hkh

ykd xhr fL=; kW gh xkrh gA cpi u l s gh ; ku 5&6
o"KZ dh vk; q l s gh ep ea xk; u] oknu ds {ks= ea : fp
tkx'r gA

ftl dky ea df" k l H; rk dk foLrkj gks jgk Fkk]
xke cl jgs Fkj ykxka ea tkrh; rk dk mn; vkj xke
/keZ dk fodkl gks jgk Fkk ml h dky ea ykdukV; , oa
ykdI xhr dh jpuk gpZ A , d s vudka ykdukV; ka
¼ukpk xEer eMy; k½ ea eSus viuh nl o"KZ dh vk; q
l s orZeku l e; rd oknd xk; d ds : i ea dk; Z
fd; k gS A ftu eMy; ka ea eSus dke fd; k gS dN ds
uke iLrqr g& josh ukpk eMyh] cl rig ukpk
eMyh] Hkjk ukpk eMyh] dq n ¼vHkui g½ ukpk
eMyh] tkatxhj ukpk eMyh] iykjh ukpk eMyh]dijnh
ukpk eMyh] nrj&k ukpk eMyh vkfnA ukVdka ds
fo/kkvka o fu; eka l s cWks dN ykdukV; ka ea Hkh eSus
oknu o l xhr funZ ku dk dk; Z fd; k gS uke ¼ khZ'kd½
iLrqr g& v&kj uxjh pkS V jktk ekVh tkfxl js
vi<+ ifjokj l aKsh cj k fcYo exy iwtk ds Qmy ; s
l Hkh NRrhl x<h ckyh ea epu fd; s x, FkA

ofnd dky l s ekuo] tul enk; ds
vkekn&izekn l s l af/kr xhr] ik; % exy vol jka ; k
iokij l nk l s xkrk pyk vk jgk gS A ; s xhr , d
dB l s nil js dBka ea izokfgr gksrs jgrs gA blga gh

ykd xhr] xkE; xhr ;k vkpfyd xhr dh l kK nh
xbz gA

fdarq ; fn ejs dFku ij fopkj fd; k tkos rks ejs k
i wkl fo'okl gS fd vk/kfud ykdukV; ea l u-1950 ea
NRrhl x<h ckyh ea vuokfnr ykdukV; fcYo exy ea
ik'oZk; u dh ijEijk dks eus 'kq fd; k Fkk vkj ml
ykdukV; dh ik'oZk; dk cch dfyUnh ; kno Fkh A
bl ds i'pkr~ eus ftrus Hkh ukVd ; k ykdukV; ka ea
l xhr funz ku dk dk; l fd; k ml ea ges kk ik'oZ xk; u
gh djok; kA bl ds i wZ Hkh fdl h us ; g ijEijk 'kq
fd; k rks , dh tkudkjh eq>dks ugha gA l EHkor%
l u-1950 ds i wZ fdl h ep us vk/kfud NRrhl x<h
ykdukV; dk epu ugha fd; k FkkA l u-1991 panuh
xknk l kldfrd l l Fkk ea Hkh eus ik'oZk; u dk vkJ;
fy; k Fkk ftl dk ifj.kke ns[kk tk l drk gS Avkt
NRrhl x<+ dh l eLr l kldfrd l l Fkk, a ml dk
vuq j.k dj jgh gA

vk/kfud ykdukV; ea l ol iFke NRrhl x<h
ykdo| ka ds l kFk vk/kfud ok| ka dk iz; kx Hkh eus
nem]rkl k] ekj dYl ¼?ku?ku½ vkj bl jkl fpdkjk dk
iz; kx cstk gjekfu; e vkj ok; fyu ds l kFk
NRrhl x<h ykdukV; fcYo exy ea fd; k FkkA
l EHkor% bl ds i wZ fdl h vkj us fd; k gks , dh k eq>dks

ugha yxrk A vk/kfud ok | D; k gS ; s Hkh oS s gh ok |
gā tS s vl; ykd ok | gā bu vk/kfud ok | ka dk
iz; ksx ; k mi ; ksx oS k gh djuk pfg, tS k mi ; ksx
ykdok | ka ea fd; k tkrk gāvk/kfud ok | ka dks Hkh I gj
vkj rkyka ds fy; s mi ; ksx ea ykrs gS ftI izdkj
ykdok | ka dks A bu vk/kfud ok | ka dk iz; ksx djus ea
iz; ksx djus okys dks I rd jguk pfg; s rkfd iz; ksx
djus I s gekjs ykdI æhr dk ykdrRo fod'r u gkA
ml dh vkRek dk gkl u gkus ik; A ; w arks ftudka
I e> ugha gS os Hkh ykd ok | ka dk mi ; ksx xyr <æ
I s djrs gā ftI ds dkj .k mudh dfr; ka ea ykdrRo
dh >yd rd ugha fn [krhA

eerk plnk dj % ¼i ne Jh I s I Eekfur xkf; dk ½
ykdæhr ea vi u e; k ihjk yk I ukFkkā



NRrhl x<h ds xka ea fdl h [kr&[kfy; ku ij ; k
 d&kw &rkykc ds fdukjs nrfj; k xkrs fdl h L=h ; k
 iq "k l s vxj ; gh izu i Nk tk; s rks mRrj feysk
 dcys vÅ dbl s xkuk 'kq djsu] ub crku l du
 xkds viu e; k&ihk yk dfg MkjFku vrdsyk
 tkuiFku tgka rd ejk izu g& ?kj ds l k&hfrd
 okrkj.k rFkk l æhr ds l gka ds l Eekgu es M'cdj es
 xuxukuk 'kq fd; k fQj dS s xkus yxh ugha crk
 l drhA fdl h Jkrk vfi fjfpr fd l keus igyh ckj
 es ep ij , d fYeh xh i Lrr fd; k ml l e; ejh
 vk; q yxHkx 6 o"lz dh Fkh vkj rc l s vkt i ; Ur
 yxHkx gtkjka ckj ep ij xkus dk vol j fey ppk
 gA oS s ejh ykd l æhr l k/kuk ds ihNs , d egRoi wkz
 ?kVuk gpz Fkh vkj 'kk; n ogh ejs fy, ojnku fl)
 gpA bl vpy ds ofj"V ykd l æhr iæh ds nEHk dks
 pkrh ds : i ea Lohdkj djrs gq s ejs fi rk us ep s
 l æhr dh fof/kor f'k{kk fnykus ds fy, [k]kx<+
 bfUnjk dyk l æhr fo'o fo|ky; ea nkf[kyk fnyok; k
 vkj l kFk gh vpy ds [; kfr iklr fl) gLr ykd
 dykdkjka ds l kFk eph; dk; Zdeka ea i Lrr djus dh
 fn'kk ea Hkh iz; Ru'khy jgA bl iækj ckY; dky ea
 vuk; kl tkx'r ejh : fp dka , d jkLrk feyk vkj

'kkL=h; l æhr dh fof/kor f'k{kk ysdj ešus
LukrdkRrj ijh{kk mRrh.kz dj xk; u dks gh vi uk
y{; vksj Hkfo"; cuk; kA

yksd l æhr ; k yksd ukV; l seš ml l æhr rFkk
dyk l s l e>rh gũ ftl dk ikjalk izdfr ; kua ijEijk
l s gũk gš ml h ikjafjd dyk ; k l æhr dks gh ešus
vi us xk; u dk ekxl cuk; k vksj vkt Hkh ml h ekxl ij
fufol/u pyrs jgus dk iz; kl dj jgh gũ tgka rd
yksd ukV; ka ea xkf; dk ds : i ea l g; kx nus dk iz u
gš fdl h Hkh yksd ukV; ds xk; u avak ea ešus ml
pfj= ea vi us dks 'kkfey djus dk iz; kl fd; k gš
ftl ds fy, Loj nus dk vol j feyk tš s ykfjd pank
ea vxj pank ds fy, ešs Loj nus dk eksdk feyk rks
ešus pank ds pfj= ea Mcdj ml ds l qk ; k nqk dks
vkRel kr djds ml xkus dks Loj fn; k dgus dk
rkRi ; l ; g gš fd ml yksd ukV; ea ešus ml ik= ds
: i ea vi us j [kdj xkuk x; kA NRrh l x<+ dk vR; r
yksd fiz; yksd ukV; ykfjd pank ds eph; in'kžuka
ea yxHkx 100 in'kžu rFkk nij n'kžu vksj vkdk'kok.kh
dh izLrqr ea ešs ik'oz Loj nus dk vol j feyk A
bl ds vykok yksd ukV; 'ksyh ea izLrqr fd; s x; s
vud jfM; ks ukVdka ea rFkk NRrh l x<+ yksd

ijEijkvks ij vk/kkfjr : idkRed dk; Zdeka ea Hkh
xk; u dk vol j feyk gA

Ykksd xhrka dh ijEijk vkfne ; x Is pyh vk
jgh gA vkjHk Is gh euq; foijhr ifjFLFkr; ka Is
I a'k'kZ djrk pyk vk jgk gA ml us viuh vkokt
xhrka ds gh tfj; s mBkbZ A Je ea xhrka dk I gkj
yxdj u; k mRI kg vkj ubZ yxu ikus dk iz; kl djrk
jgkA vius eu ea fNih dkey Hkkoukvka dkj g"KZ
&fo"kn dks Hkh xhrka ds ek/; e Is ixV fd; k A ; s
ykd xhr fyfic) gka ; k u gka blga Hkkoukvka dk
ed[ku Loj dgk tk I drk gA euq; fdl h Hkh {ks= dk
gks] Hkkouk, a rks , d gh gkrh gA Hkko vkj Hk"kk ea
varj vk I drk gA ykd xhr ykd I xhr pkgs fdl h
Hkh ns'k] LFkku ; k vpy dk gks ml ea ekVh dh I ks'kh
egd rks , d I h jgrh gA ol qks dV/c dk Li"V vkj
iR; {k n'kZu gkrk gS ykd I xhr gA

tgka rd ejh tkudkjh gS NRrhl x<h ykd
ukV; ka ea ik'oz xk; u dh ijEijk cgr ij kuh ugha gA
ej's [; ky Is foxr yxHkx 25&30 o"kkZ ds Hkhrj gh
bl dk iz; ksx gvk gA o's i'oz ea rks ykd ukV; ka ea
Hkx yus okyk gj dykdj vfHku; ds I kFk uR; vkj
xk; u ea Hkh ikjar gvk djrk Fkka dkyUrj ea
cgr[kh ifrHk I EiUu dykdjka ea deh vkrh xbZ vkj

, d vPNk vfHku; djus okyk dykdkj xkk; u fo/kk ea
vl Qy gks tkrk Fkk ; k , d vPNk xk; d vfHku; ugha
dj I drk Fkk rc 'kk; n funŕ kdkā us ik'ol xk; u dh
Hkŕfedk dks I Qy vkŕj xkg; cukus dh nf"V I s bl s
vufpr ugha dgk tk I drk tgka rd ea I e>rh gā
vk/kŕud ykŕd ukV; kā ea ik'ol xk; u ds iz; ksx ds
i hNs fQYe rduhd dk i Hkko gā

ej s fopkj I s ykŕd ukV; kā ea tcl s ys[kd vkŕj
funŕ kd dk i ŕs'k gāvk rFkk eph; i Hkko vf/kd i M-uk
'kq rcl s vk/kŕud ok| kā dk I g; ksx yŕk i kj āk gāvkA
bl ds vykok i kj ā fjd ykŕd ok| kā ds dŕN fof'k"V
ok| kā ds cknd dh deh gŕuk rFkk dŕN ok| kā dk
foyksi gŕuk Hkh bl dk , d dkj .k gks I drk gā , d h
fLFkrh ea vk/kŕud ykŕd ukV; kā dks vf/kd i Hkkoh
cukus ds fy, vk/kŕud ok| kā dk , d I hek rd
I g; ksx vufpr ugha dgk tk I drk A

i fl) ykŕd jāx funŕ kdkā I s , d eykdkr]

tkŕ fuEu fclnŕpkj mudk fpru vkŕj fopkj

vki NRRhl x<+ dh ykŕd I ā dfr ds I kFk i kj āk
I s gh tMŕs gq gā ykŕd ukV; ds {ks= es vki vud
o"kkŕ I s dk; Z dj jgs gā bl {ks= ea vki dh : fp dŕ s
tkx'r gā

vki us NRRhl x<# ykd ukV; vkj ykd l dfr
dks gh vi uk dk; Z {ks= D; ka p qk \

vki us dksu l s ied[k ykd ukV; i Lrf fd; s ga
vki dks bu eMfy; ka ds xBu djus ea vkj ykd ukV;
dh i Lrf ea fdu fdu l p"kkz dk l keuk djuk i Mk
\

vi uh , d egRoi w kZ i Lrf ds i wZ vki dks fdu
l ksi kuka vkj dfBu fLFkr; ka ds chp xqtjuk i Mk A
ml ds ckjs ea crkb; A

vki ds }kjk i Lrf ykd ukV; ns[kdj turk
f'kf{kr gk] ml dh pruk fodfl r gks bl fn'kk ea vki
D; k l kprs gS

NRRhl x<# ykd ukV; ds ied[k vkj i frHkk'kkyh
dykdjka ds ckjs ea dN crkb; a \

D; k vki , d s Hkh dN dykdjka dks tkurs ga tks
i frHkk 'kkyh gksrs ga Hkh mHkj ugha l da \

ykd ukV; dh i Lrf ea l xhr] uR; vkj
vk/kfud mi dj . kka 1/4" ; JO; 1/2 l kekxh dk iz; kx vki
fdl l hek rd t: jh ekurs gS Abuds iz; kx dh D; k
l hek gkuk pfg, \

uPDM+ ukVd dh i Lrf vkj iz; kx ij vki D; k
l kprs ga \ D; k uPDM+ ukVd dks vk/kfud ykd ukV;
ekuk tk l drk gS \

vi us thou dh ij .kk nus okyh vksj fujk'k djus
okyh vfoLej .kh; ?kVukvka ds ckjs ea crkb; s \

yksdukV; ds mnHko vksj fodkl dks vki fdl
: i ea ns[krs gA \ ml ds cnysrs gq Lo: i ij vki ds
D; k fopkj gS \ NRrhl x<h yksdukV; ds fodkl ea
fdu funz kdk ds ; ksnku dks vki egRoi wkZ ekurs gS
\

thou ds ; FkkFk vksj tkurk ds Lolu dks D; k
yksdukV; ea , d j [kk tk l drk gA ; fn gka rks
vki us vi uh fdl iLrfr ea , d k fd; k gS \

, d k egl w fd; k tk jgk gS fd yksd dyk dh
iLrfr ds fy, tks eMyh rS kj gqZ mudk mnns ;
yksd dyk dk i'pkj i' d kj de vksj 0; ol kf; d vf/kd
jgk gA ykddyk ds bl 0; ol kf; d dj .k dks vki
dgka rd mfpr rFkk vuqpr ekurs gA vksj D; ka \

vki ij vkjsi yxk; k tkrk gS fd] NRrhl x<+ ds
yksd dykdjka dk 'kks'k .k fd; k A bl l anHk ea vki dk
D; k dguk gS \

viuh l oZSB iLrfr ds l a'k ea dQ egkRoi wkZ
fcanyka dks js[kkkfdr djrs gq viuh dQ Hkkoh
; kstukvka ds ckjs ea crkb; d ftu ij vki us dke djus
dh ; kstuk cukbz gA

jkegn; frokjh ¼i fl) jæ funʒ kd½

vki chrh dk vgl kl ep ea rQku i shk djrk gSA
emyr% NRRhl x<+ gMA vr% vpy dh ykd I Ldfr I s
tMko LokHkkfod gSA ykd ukV; ds {ks= ea dN o"kkz
rd xtkhjr k I s dk;Z fd, gSA vc Hkh tMk gij
fujUrj ugha gSA ejh : fp; ka vkj dk; Zks= cW/s gq gSA
fglnh jæep vkj fQYe fuekZ.k dh fn'kk ea Hkh
I fdz; rk jgh gSA ys[ku ea Hkh ejh cjkcj fnypLi h gSA
ejh nf"V ea eq; ckr g&dF;] ml ds fy; s i ki j
fefM;k dh ryk'k & ; g ea vkt Hkh djrk gMA tgkW
rd ykd ukV; ds {ks= ea : fp dk I oky gS bl dk
J; Jh y{e.k plnk dj vkj Jh jkeplnz ns'ked[k dks gS
A ykfjd pnk I s tkM dj Jh y{e.k us ej s fy,
ykd eph; txr ds }kjk [kksys A ogha Jh jkeplnz
ns'ked[k us dkjh dk nkf; Ro I kã dj ep s ykd eph dh
izy 'kfDr I s ifjfr dj; kA bl nf"V I s Hkh ea bu
nksuks egkuqkkoka dk , gl ku ekurk gMA

ea us igys gh dgk g& ykd ukV; ds {ks= ea ea
tks dN Hkh FkksMk&cgr dj i k; k gml ml ea 0; fDr pkg
; k I fopkfjr ; kstuk ugha Fkh cfYd I a ksxka dk gkFk
Fkka I a ksx gh ep s bruh nij rd ys x; s fd vkt Hkh]
NRRhl x<h ykd eph ds I Eekgu I s cpk ugha i krk gMA
Lo; a dksA

I u-90&91 ea eus ykfjd pank dk funz ku fd; k
 A nk&rhu eph; i n'kZuka ds ckn gh vpkud mi xg
 nij n'kZu I s cgykok vk; kA Vh-0gh- fj d k f Mx ds fy, Vhe
 ysdj ge ykx fnYyh pys x, A mi xg nij n'kZu I s
 ykfjd pank dk rhu ckj jk"Vh; i d kj.k gqkA cgr
 i d n fd; k x; k A i d xo'k ea mYys[k dj n w fd bl
 VsyhfQYe dks rc nij n'kZu fnYyh ds fi Nys i Pphl
 o"kkz ds bfrgkl dh I okRre i Lr(r; ka ea , d]dk ntkz
 feyk FkA ; g ykx rRo dk tknw FkA ykfjd pank ds
 fuekzrk Fks Jh egkfl x pankdj yfdu vl yh drkz/krkz
 vkj fu; a=d Fks Jh y{e.k plnk dj A pfd ykfjd pank
 mUgha dh i fjdYi uk vkj egRokda(kk dk i fj.kke Fk]k
 eMyh ds xBu dk I a'k"z mUga gh djuk i Mk] vud
 dfBkukbz; kW >syuh i Mh A vko'; d I kjh I fo/kk, a
 t/kdj ejs funz kd; Hkkj dks mUgkaus gYdk fd; k
 FkA yxHkx ; gh fLFkr dkjh ds I a'k ea Hkh FkA
 pnsuh xknk fol tZu ds ckn Jh jkeplnz ns'ked[k dh
 vxyh egRoi w kZ ; kstuk Fkh dkjh Ai wZ 0; ki d r\$ kjh ds
 I kFk mUgkaus ftEenkjh eqs I ksh Fkh funz ku dh A
 bl ea i wZ ykx eph; dykd kj ka ds I kFk dN fgUnh
 jaxep ds dykd kj 'kkfey fd, x, Fks A I Ei w kZ
 NRRhl x<+ ea yxHkx 44&45 i n'kZuka ds ckn dkjh dks
 fojke nsuk i MkA ?kj dgk w gS Oe'k% f{kfr t jax f'kfoj]

Hkkjrh yfyr dyk fudsru vksj ykxdjæ vtqnk ds
 cuj rys vvx&vyx LFkkuka ij epLFk fd; k x; k A
 funz kdh; nf"V I s rhuka fhkUu iLrfr; ka ds Lo: I ea
 gj ckj dQn rCnhfy; kW dh Fkh eSus A bu ykdeph;
 iLrfr; ka dks ysdj rVLFk : i I s eSus tks I dV
 egl v fd; k gS og g&ijLij vga dk Vdjko] eMyh
 ds dQn I nL; ka dk xkj ftEenjkuk : [k vksj muea
 iLrfr ds ifr xkhjrk dk vHkko gA I Qy iLrfr ds
 fy; s eph; I ddkj vfuok; L 'krZ gS A I ddkj iuius
 dh ifdz; k dk ncko ykx >y ugha ikrs vksj eMyh
 fc[kj tkrh gA ykdep ds I kFk ; g , d foMæuk gA
 ukf; dk iz/kku dkjh dh iLrfr I fopkfjr
 ; kstuk ds rgr~ gpZ FkhA dFkkud dks ysdj dkQh
 fopkj eFku gqk Fkk A fo}kuka I s jk; yh xbZ FkhA
 ; gka rd fd I r fo}ku Lokeh vkRekuan ds I qko Hkh
 'kkfey fd; s x; s FksA Mk- ineyky iukyky c['kh th
 dk , d I lej.k gS &NRrhI x<+ dh vkRek ftI ea dkjh
 uked efgyk dk pfj= fp=.k gS Abl h pfj= I s ifjr
 vksj iHkkfor gksdj dkjh dh LdhIV fy[kh xbZ FkhA
 vpy dh ukjh ds pfj= ij dhpM+ mNkyus okyka ds
 iR; Rrj ea dkjh dh ; kstuk [kMh dh xbZ FkhA vusd
 rjg dh dfBukbz; ka vksj nckoka ds ckn gh dkjh ds
 yxkrkj in'ku I kko gks ik, Fks A foLrkj I s iLrkrk

Jh ns'ked [k gh crk ik, x] D; ksd mlgksus gh blga >syk
gS vksj ikj ik; k gA

doy eukjatu ds fy, eukjatu mnns; okys
fdl h fefM; k ij ejh u : fp gS u Hkkxhknjh
ykdV; ds ek/; e l s n'kd ij .kk ik l da mudh
pruk fodfl r gks l d] dN fopkj dh mtkZ ik l d&
blgha Hkkoukvka ds l kFk] ykd ep l s ejh l ayXurk jgha
gA vksj l oky fl QZ f'kf{kr djus rd gh l hfer ugha
gA cfYd vl yh l oky ; g gS fd ml dh fn'kk D; k
gkuh pkfg, \ vkt fdl h Hkh fefM; k ds i Hkko dk
l dV ugha vl yh l dV g& i Hkko ds l kFkd iz; kx
dk vkt ds ykdV; ka ea bl ftEenkjk ds ifr
l txrk FkksMh de gksh tk jgh gA ; g , d
fprktud fLFkfr gA

Bkdj jke] Hkyok]ckcnkl]enu]ykyw]Qhncckbz
>epnkl] fu; kf; d nkl 'ksyt nhd feffkys'k
pr: vkfn ized [k vksj ifr'kkyh dykdj gS ftlgksus
ykdep dk bfrgkl cuk; k vksj cuk jga gA Lo-
Bkdj jke dh vnHkr dyk ifrHkk dh ppkZ vkt Hkh
[knc dh tksh gS muds ngkol ku ds ckn fnueku tS h
if=dk ea ijs , d ist dk dOgjst esus i < k gS ftl ea
mudh dyki frHkk dh dkOh l jkguk dh xbZ Fkha oS s
gh pj .knkl pkj dh ukf; dk Qhncckbz dh vfHku;

{kerk dk yksgk ekurs gq fnueku us fvli .kh dh Fkh
fd fnYyh ds jædfez; ka dks vfHku; fdl s dgrs g&
; g Qhnk ckbz dh Hkfxekvka l s l h[kuk pkfg, A
'ksyt k Jhj l kxj dh izy ifrHkk dks vkj l gh vol j
dk bartkj gSA

ejh viuh tkudkjh ea l ksuknkl]dksnw]egslnz
dkfV; k pr: l kgj fefkys k l kgw t s d qN vkj Hkh
dykdj g\$ ftuea ifrHkk gkus ds ckotw vkt rd
mruk mHku ugha l ds ftruk mHkj uk pkfg; s Fkka

yksdukV; dh iZrf r ea l æhr &uR; dk iz; kx
t: jh gh ugha vfHkuu vax ds : i ea vifjgk; l gA
uR;] xhr] l æhr vkj vfHku; dk l ekuq kfrd iz; kx
gh yksdukV; dh ifgpku g\$ vkj ; gh ml dh l hek
gkuh pkfg, A ykd ukV; ds n'kzka dh c\$ kpkj c<rh
l a[; k ds ncko ds dkj .k vk/kfud rdudh l ka/kuka ds
viuk, tkus dh foo'krk c<h A vkt ds ; q ea ; g
t: jh gh ugha yxHkx vfuok; l gs x; k gA

uPDM+ ukVd Hk0; epka dh pdkpk\$ k vkj vkard
ds fo:) fonkg dh dykxr ifj .kfr g\$ A ; g
iztkrkf=d vkj l ektoknh fopkj k/kkj k okys l a kj dh
l fopkfjr ukV; mi t gA uPDM+ ukVd] vke turk
ds vkeus l keus gkus] ifrc) dykdjka dk l kefgd
mi dæ gA vke ykxka l s i R; {k l ækn cukdj mlga

tkx'r djus dh dykxr dks'k'kka dk , d vax gS &
 uDdM+ ukVd A dq a dks l; kl ka ds ikl ys tkus dk
 izhdKRd vxzg fy, uDdM+ ukVd ea ukV; fo/kk dh
 l kjh 'krz gkrh g& fl ok n'kzds l s vkMEcj tU; njih
 dA l MEd pyrs ykx bl ds vfu; kftr n'kd gkrs g&
 o&kfjd ifrc) dykdj bl ds in'kd A l fu; kftr
 fopkja ds chtkjsi .k dh nf"V l s uDdM+ ukVd , d
 dkjxj iz; ksx gS A ejh viuh nf"V ea uDdM+ ukVd
 dks vk/kfud ykdukV; ekuus ds ctk; l ekUrj ukVd
 dgk tkuk T; knk mi; Or gA Bhd ml h rjg tS s
 vki dh 'kCnkoyh ea vk/kfud ykdukV; dks ea
 l kekukUrj ykdukV; ; k NRrh l x<h ukVd dh l kK
 nuk vf/kd ; fDrl ar ekurk gA

n&Z ftys dk , d NksV/k] fi NMk g&k xkwb mj&gk
 tgkwejk tle g&ka xkwb dk ea igyk ckyd tks i<us
 ds fy, 'kgj Hkstx; k A xkwb ea , d l kgwu nkbz Fkh]
 ftl dk eas nwk ih; k Fkka viuh ekw l s Hkh T; knk
 ftl l s ykM&l; kj Fkka e&s y&dj ml l kgwu nkbz ds
 Hkksys l ius Fk&rw i<+ fy[kdj l kg&c cusxk c&V/k] e&s
 y&jk ifguk, xk] e&s rhjFk cjFk ?k&ek, xk A cpi u ea
 e&s ml l kgwu nkbz dk l; kj 'kgj l s ckj&ckj xkwb
 [kha ykrk A 'kgj tkus dk ejk eu ugha djrk A og
 nkbz vius blgha 'kCnks dknkgjk&j e&s i k&l kfgr

djrh] ep>s oki l 'kgj HkstrhA i<+ fy[kdj es æMk
 gqvKA l kgsc rks ugha cu l dk] exj dñ dj l dus
 yk; d gqvKA l kgwu nkbz Loxbkl h gks xbz A es ml ds
 , d Hkh l ius ijk ugha dj l dk A tc Hkh vdsyk gsrk
 gw l kgwu nkbz dh i fDr; kw esjs dkuka es xwtrh gSA mu
 i fDr; ka ds i hNs ijs xkwb dh cngky i qkj ekuka esj
 i hNk djrh jgrh gS A esjs xkwb dh ftl dk __.k es
 vnk ugha dj ik; k vkt rd A vki chrh dk ; g
 vgl kl ep>ea tks rQku i hnk djrk gS ml dk vanktk
 yxkuk dfBu gS A vDI j l kprk gw vkt ep>s ogka
 gksuk pkfg, Fkk tkgW esj l cl s T; knk t: jr gS ij gw
 ogka tkgW esj dkbz t: jr gh ugha gSA ; gw fyVjsh
 vfHk0; fDr ugha esjs varl dh i hMk gS A fujk'kk dk
 l cl s cMk fcUnq A vius xka dks ydj] i j .kk vkj
 fujk'kk dk feyk&tyk jaxeph; i frfcEc Fkk&esj
 igyk fgUnh ukVd&varks ds ml i k j A

NRRhl x<+ ykdukv; ukpk xfr'kkyh >jus dh
 rjg] ykduhou dh vuHkfr; ka dkj vkoxka vkj
 i ðfRrk; ka dkj muds fdz; kRed 0; ki k j ka dks l gtrk]
 l jyrk vkj l æhre; rk ds l kFk vfHk0; Dr djus okyk
 ep gSA ftl ds mnHko rkyesy xkeh.k xkwwk
 ctk&ctfu; k l ewg ds l kFk fcBk; k tk l drk gS A
 l e; ds i ðkg ds l kFk] l i dkz l s Lo; a LQirz i fjorzu

bl ea l gtrkiwd gkrs x, A igys e'kky fQj
i vkeDI ds ckn vc gsyktu ykbV dh mi yC/krk ds
l kFk ; xkuq i c<rs nckoka ds ifjiq; ea ukpk ds
dfed cnyra Lo: i dks ns[kk vkj l e>k tk l drk
gA bu ifjoruka ds ckotw [kkl ckr ; g gS fd ukpk
ds i.k. kka ea ikja fjdrk dh y; rky vHkh Hkh cjdjkj
gS A panuh xkank vkj ml ds ckn cMf cuj okyh
ftruh Hkh iLrfr; kW gpz os l c] tS k fd esus dgk]
l ekulrj ykdukV; gS ftudh viuh vyx gh fdLe
dh 'krz vkj roj gS ckotw ykdrRoka dh ekStwXh
dA bl rjg ykdukV; ka ds i pyu vkj fodkl ea Jh
jkepln ns'ked[k] Jh gchc ruohj]Jh egkfl x
plnk dj] Jh y{e.k plnk dj] Jh nhi d plnk dj] ds
l kFk&l kFk Jh iæ l kbeu ds ; kxnku dks Lohdkj
fd; k tkuk pkfg, A

Ukkpk] ykdekul ds ; FkkFkZ vkj Lolu dk
l fefJr ifrfcEc gA vpy dh l Ei wKZ l gtrk]
l jyrk] ekgdrrk vkj ek/kq l tgkW , d ep ij fl eV
vk, gk] nurk]vf'k{kk]mi{kk vkj vieku dh vx ea
ridj ftl dyk l d kj dh jpuk l keus vkrh g&
ml dk uke gS &ukpk A

Lolu vkj ; FkkFkZ ds eph; }n eS egkW ; FkkFkZ
?kq/us Vsd n]ml dq {ks= dk uke gS ukpkA ykfjd

pank] dkjh] ?kj dgkwwg\$ deksk rhuka iLrqr; ka ea bl
}n dks : ikf; r gkrs ns[kk tk l drk g\$A gkykwd ; s
iLrqr; kw ikja fjd vfkz ea ukpk ugha g\$A

ea bl ckr l s l ger ugha gw fd vkt ykddyk
eMfy; ka dk mnns ; 0; ol kkf; d vf/kd gkrk tk jgk
g\$A esus vkt rd vpy ea eph; dyk dks ydj
0; ol k; djrs vk\$ l e) gkrs fdl h dks ugha ns[kk g\$A
esus vkt rd ,d Hkh dykdj ,d k ugha ik; k]
ftl dh vktfodk dk vk/kkj ,dek= ykdeph; dyk
gk\$A

viuh l oJ\$B iLrqr dk Lo; a fu.kz; djuk
dfBu g\$ AdF; vk\$ iHkko dh nf"V l s fglnh ukVd
v/kj's ds ml ikj vk\$ ge D; ka ugha xkrs dks [kkI rk\$
ij mYys[k djuk pkgkk vk\$ ykdeph; iLrqr ea ?kj
dgw g\$ dks AHkkoh ; kstuk ij fopkj eFku tkjh g\$ A
fQygy rks VyhfQYe dka y ds in'ku dk bartkj g\$
A

nhi d plnk dj ¼i fl) vfhkusrk] funz kd , oa l pkyd½



xEefr; k ukpk dykdjkas dk nizk gS vtUnk xkø
dh l kldfrd ijEijk cgr l e') jgh gSA cpi u l s gh
ukpk tc ns[krk Fkk rks og epS viuh vkj pfc d dh
rjg [kprk Fkka vtUnk ds U; kf; dnkl vkj
>ep dnkl fi Nys 50 o"kkā l s yxkrkj ukpk dh i fl f)
irkdk Qgjk jgs gSA josph l kt ds enu fu"kn vkj
ykyjke dks vtUnk ea vfhku; djrs gq ns[kdj Hkh
ejh Hkh : fp tkx'r gpA tkx'r l ekt uked l l Fkk ea
es es dke djuk ikjnk fd;k A l s rd Mk-
i FohoYyHk plnk dj ds funz ku ea gā bl {ks= ea dke
djrk jgkA es es gchc ruohj ds ukpk odZ 'kki ea
Hkh , d ekg rd dke fd;k gS A fQj l kugk fcgku l s
tM+ x; kA

eqs ; gka dh feVvh l s l; kj gA ikjalk l s gh
>oko ykdxhrka egi gk gS A viuh pht] viuh
ykdl Ldfr ?kj dh rjg l; kjh yxrh jgh gA bl fy,
bl {ks= dks puka xka es NjNjk i quh ds fnu
efgyk, a ykdxhr xkrh gA nhi koyh ds nil js fnu
xkj k&xkj dh iwtk ij xk; s tkus okys ykdxhr]
uojkf= ea xk; s tkus okys tl xhr vkj ekrk l ok dh
/ku vkt Hkh yktokc yxrh gA

esus l kugk fcgku ¼funzkd egkfl x plnkadj½
yxfjd pnk ¼funzkd jkegn; frokj½ gj syh ¼funzkd
y{e.k plndj½ vkj nil er dsuk ea ¼funzkd iæ
l kbeu½ vfhku; fd; k gS A ml ds ckn xEefrgk dk
funzku fd; k A funzkd l s oknfookn@l e; dh
i kcnh ds vuq i dykdjka dk u vkuk bl {ks= dk
cgq cMk l dV gA tks geskk jgrk gS vkj jgsxk A

l cl s igyh ckr rks ; g gS fd ykddyk xke ds
vrxr eqs funzku dk nkf; Ro l ksk x; k A tc
bl dh dYi uk fnekx ea vkbZ rk fy[kokus ds fy, iæ
l kbeu l s vuqk/k fd; k A ml gkaus bl ukVd dks 2&3
cBdka ea fy[kk Aml ds ckn bl ukVd dks i Lrqr
djus ds fy, vkfFkd l eL; k l keus vkbA eqs fLdV
viuh vkj [khpah jghA bl dh i Lrqr ea ¼r\$ kjh l s
yadj in'ku rd½ yxHkx 19000 : - 0; ; gq A bl ea

yxHkx 3000 : - ykd dyk xke nqZ l s l g; kx feyk
 A feykA ukVd vkj l xhr i{k ds 24&30 dykdkjks
 dks eus , df=r fd; k A bl ea dN dykdkj l kugk
 fcgku ds Hkh FkA bl dh xhr jpuk ds fy, Lo-
 xakjke f'kokjs dk l g; kx gea feyk A l xhr funk kd
 feFkys k l kgw vkj uR; funk kd dh ftEenkjkh 'kSytk
 {khj l xj dks nh xbZ A fgEer chp&chp ea detkj gks
 tkrh Fkh fd ea bl s ijk ugha dj i kÅak A bl ds ckn
 fjgl zy i k jalk gqkA bl ukVd ds xEer i{k dks fcuk
 fLdV ds gh ¼i k jalk ea 15 fnu dykdkj gh Hkkstu
 cukr Fks vkj [kkuk [kkrs Fk½& ikr% l s 12 vkj l a; k
 4 l s jkf= 12 cts rd jkst fjgl zy djrs Fks A¼rc
 [kkuk cukus okyk yk; k x; k FkA½ chp&chp ea dN
 dykdkjka ds pys tkus l s fjgl zy fMLVcz gqkA bl dh
 igyh iLrfr&19 fl arcj dks vtDnk xke ea gh dh
 xbZ ftl s ns[kus yxHkx 24&30 gtkj n'kd , df=r
 gq FkA igyh iLrfr ds ckn dN dykdkjka us dke
 djuk NkM+ fn; kA enu fu"kn Hkh vLoLFk gks x; s rks
 u; s dykdkj tkM\$ x; A ge bl dh 6 iLrfr gh]
 vtDnk] nqZ usg: uxj] c?kj k jktukanxko vkj
 ckykn ea dj l dA

turk ukVd ds ek/; e l s vi us vki dks igpkuA
 viuh l dfr vkj viuh ijEijk ds vk/kkj ij gekjk

thou dſ k gksuk pfg, \ ge dgka Bxs tk jgs gſ
bl s l e> l dſ l kekftd /kkfed] fol æfr ij iſkj
fd;k tkrk gſ ykd ukV; eſ A

eſus ftruk ns[kk tkuk gſ ml eſ dykdj ds : i
eſ eſus l cl s cgrj enu fu"kn vkſ pr: l kgq dks gh
i k; kA >epnkl] U; kf; dnkl] l rjke nſkxu]
fefFkys k l kgj jkeyky] jkei d kn] xksdy jkts kdſkj
dk dke vPNk gſ A jk; [kMk ds dykdjka dk uke
ugha tkurk ij mudk dke cgr vPNk yxk A

, d dykdj cl r pſkj h gſ tks xfgjk uokææ
ds jgus okys gſ vtſnk ds izd'k nſjudj vkſ
fou; ekgu plnk dj gſ bueſ ifrHkk gſ yſdu ; s
xpeukeh ds vſkſ eſ xſ gks x; s A

tgka ij vko'; drk gſ dſy ogh mi ; kx fd; k
tkuk pfg, A xhr uR; l æhr dh l hek] ykd
l l dfr dh igpku cukrs gq py l dſ bruh gksuh
pfg, A emy : i fod'r ugha gksuk pfg, A ykd xhr
l æhr eſ fQYeh /kq dk iz; kx ugha gksuk pfg, A ; g
HkVdko gſ A fodfr gſ A

uſdM+ ukVd dh eſh tkudkj h cgr de gſ A
ugh æds cjkcj A

eſ fi rk mft; kj fl g plnk dj l æhr ds vPNs
tkudkj gſ mlugks mRI kg c<k; k A10 vDVſj 99 dks

, d foKku ukVd pkYI Z jkcVZ MkfoZu dh i fr; kfXrk ea
HkkbZ& Hkrhtkokn ds dkj.k LFkku ugha fn; k x; k rc
eÞs cgr fujk'kk gþA ykd dyk xke gekjh I LFkk
cn gks xbz A bl dh dl d vkt Hkh fny ea gS A

jkeplnz ns'ke[k] gchc ruohj] egkfl æ plnk dj]
jkgn; frokjh vkj y{e.k plnk dj I fgr iæ I kbeu
ds ; kxnku dks ea cgr I Eeku dh nf"V I s ns[krk gþA
ukpk dk cnyrk gþk Lo: i fQYeka ds ?kfV; k i Hkko
I s eÞr gksuk pkfg, A

bl dk I cl s [kucI jir tkoc xEefrgk gS

0; ol kf; d ugha dgk tk I drk D; kfd bl ea
bruh cpr ugha gksh fd xqtj cl j gks I dA i fl f)
dk ykHk t: j tedj feyrk gS

ea dykdjka dk 'kks'k.k D; k d: æk \ ea rks Lo; a
vius ?kj I s gtkjka : i; s [kpZ djrk gþA ykd
dykdj ; g ugha djrs A fo/u I arks'kh ykxka dh ; s
?kfV; k ckrs gS

vtÞnk ds eny dykdjka dks ydj ykdjæ dk
vkd"kd dk; Zde ge iLrÞ djrs gS xEefrgk dk var
eÞs cgn i Hkko'kkyh yxrk gS vkt Hkh bl s njn'kZu
ds ek/; e I s iLrÞ djus dh bPNk gS

'ksyt k ¼i fl) vfhkus=h] jæfun's kd , oa uR; kxuk½
 ¼ykød ukV; dh l gtrk gh ml dk Jækj g½



cpiu l s gh pyrs fQjrs y; ea ffkjduk esjh
 vknr Fkh] xhrka dks l udj viuh dYi uk&ud kj gkFk
 i j pykrh Fkh] pfd esj ekrk &fi rk dks vf/kd [kq kh
 gksrh Fkh] tc ea uR; djrh Fkh] oks esj Ldmyks ea vkj
 fd l h Hkh NksV&eksV/s vk; kstuka ea uR; djokrs Fks A
 bl h ifjiæ; ea tc ea 5 oh d{kk ea Fkh dN xq kh tuka
 us , d ukVd [kyk 'kghns vkte v'kQkd mYyk [kka
 ml ea ep's 2 feuV dk vfhku; djuk Fkk] eas fd; k A
 ml s ns[k gekjs xq tuka us ?kks'k.kk dh] fd ea vkxs
 pydj bl {ks= ea l Qyrk gkfl y d: æh ftl ea l s

Jh ukjk; .k plnkdkj th] egkfa æ th] Hkllk.k plnzdkj
th vkfn FkA mlgkaus ejs cMf gkaus dk brtkj fd;k
vkj ,d fnu oks ?kj vk;s vkj eqs l kugk fcgku
ekud l LFkk ea ys x; A cl ejh dyk ; k=k 'kq gpA
pfd eas NRRhl x<h ea tle fy;k gS vkj eqs
vlrjkRek l s ; gka dh feVvh l s l; kj gS] ea ; gh dh ga
bl fy; s ea ; gha ds ykduV; vkj ykd uR; l s tMh
gA pfd buea l gtrk gS l kn; l gS vkj l cl s cMh
ckr bu ukV; ka ds ek/; e l s ge vi uh ckrka dks cækd
gkdj dg l drs gA eas ykd uR; ka dks Jhefr i feyk
jkuh plnkdkj th l s l h[kk vkj vfhku; dk v Jhje
gn; frokjh th l s] ftuds l kfu/; ds fcuk 'kk; n gh
ea vfhkus=h cu ikrh A

os s rks ea egkjk"Vh; u g] fdUrq eqs ogka dh
l Ldfr l H; rk ifjosk fdl h Hkh fo"k; ea vf/kd
tkudkjh ugha gS vkj ftl ds fo"k; ea ea tkurh ugha
ml ij ejh vf/kd fnypLih ugha gS eq[; ckr ; g gS
fd NRRhl x<+ dh ckyh ea feBkl gS vkj dk; l djus
dh l hkkouk, a gS ejk tMko gS A

eas ykfjd pank] gjyhl dkjh] tBq
i fu; k]dl d]vkfn ea eq[; vfhku; fd;k gA dksa y ea
eas pfj= vfhku; o eq[; l gfunf'kdk dk dk; l Hkkj
l hkkykA

ykfjdk pank ds l e; fdu dfBukbz; ka dk l keuk
djuk i Mk] ; g eϕs ; kn ughA D; kfd gj 0; oLFkk ogka
pϕr&nϕ Lr FkhA eϕs dϕy vfhku; djuk gksrk Fkk]
gka tc ge ; kus eϕ vkj gekjs l kFkh dykdjka us tc
vius dϕN l ϕ) kfar d fopkjka ds dkj .k l kugk fcgku
NkMk vkj viuh ubz nϕu; k yksd dyk xke ds : i eϕ
cl k; k] rc ds vuϕko okLro eϕ cMϕ l ϕ[kn gϕA tgka
dh igyh i Lrϕr gjsyh gϕA ml oDr gekjs ikl l ktk
l keku ds uke ij dϕN Hkh ugha FkkA cl dϕy n'<+
fo'okl FkkA gekjs cMϕ cϕtϕz xϕ ds : i eϕ gekjs
vϕy Jh jkegn; frokjh th dk ekxZ n'kz geϕ
fujrj feyrk jgk A gjsyh eϕ geus dϕN vkfnokl h
dykdjka dks Hkh 'kkfey fd; k Fkk] muds l kFk ds
vuϕko Hkh dkQh jkekpϕd jgs A os yksx l gt gh fd l h
ij fo'okl ugha djrs vFkkzr 'kgjh ykska l s tYnh
tϕM+ ugha i krs A geus efguka ogka xϕtkj] muds vknr
0; ogkj jgu&l gu] l Ldr dks l h[kus eϕ] rc tkds
oks brus djhc gks x; s fd cl bl dk thϕr mnkgj.k
gϕ fd mlgksus eϕs >fy; kjka uke fn; k tks 'kk; n muds
iϕe dk iϕhd gϕA bl rjg gekjs ikl dϕN u gksrs gϕ
gjsyh ds : i eϕ , d ubz nϕu; k [kMh dh geus] tks Jh
y{e.k plnk dj th l iuk FkkA gekjs i hNs mlgha dh

rkdr dke djrh vk; h Agjsyh ds iLrkrk , oa funđ kd
Jh y{e.k plnk dj th FkA

gekjs ukVdka dks ns[kdj turk fdruk] xkg;
dj ikrh gA ; s rks irk ugha vkšj eā nkok Hkh ugha
djrh fdUrq vUrkRek I sekurh gWfd ; fn gtkjka dh
HkhM+ ea ; fn , d 0; fDr Hkh gekjs }kjk fn[kk; s I ans'k
dks I e> tk; s rks ; gka gekjs ukV; dh I cl s cMh
miyfc/k gksxhA tgkW rd eā I e>rh gW gekjs ukVdka
ds I kFk turk Hkh ijh rjg tM+ dj pyr h gA gekjs
ukVd ds nq[k&nnZ I q[k] dYi uk Hkh muds vius gksrs
gA bl dk iæk.k bl rjg yxkrh gWfd , d ckj ge
/keZ t; x<+ ea gjsyh dk iksxke ns jgs Fkšj ogkW
n'kZdx.k brus vf/kd gel s tM+ x; s fd vfre n" ;
ea os uk; d dks xkfy; kW nus yxs fd I ōjh dh gR; k
er djkšj os mRrstr gkdj ep ij p<us dk iz; kl
djus yxšj bl rjg eā I e>rh gWfd ge vius n'kZdka
ea pruk txkus ea I Qy gq s A

gekjs NRrhI x<h ds ukV; dykdkj okLro ea
brus cMš gā fd geā muds Lrj rd i gpaus ea 'kk; n
nll jk tle yuk i Mš A nq[kn ckn ; s gš fd mlga bruk
I Eeku ugha fey ikrk ftrkuk fd , d 'kkL=h;
dykdkj dks A uk tkus , d k D; ka gksrk gš , d ykd
dykdkj vkšj 'kkL=h; dykdkj ds I kFk dyk rks dyk

gā vkš ykš dykdj fdUgha : i kš ea de ugha gS A
bl ckr dh i hMk ep s ges kk jgha gA [kš dN
foHkr; ka ds I kFk rks ešus Loā dk; Z fd; k gS vkš
I h[kk gS A Jh enu fu"kn] Jh ykyw jke] Jh pr:
jke I kgw] Jh f'ko dēkj]Jh nhi d Jh dšy oj
rkezdj Jh feFkys k I kgw Qhnk ckbz vkfnA okLro ea
; s foHkr; ka ep ij vR; Ur i w; uh; yxrh gA blgkaus
gea cgr dN fl [kk; k gS A

vki dk ; s izu dN dykdj tks mHkj ugha I ds
rks okLro ea gekjs chp dk dkbz dykdj i w kzk ugha
i klr dj I dk A mudh dyk dk Jš fcpkšy; ka dks
feyka 0; fDrxr~ : I I s ykš dykdj ka dks mruh [; kfr
ugha feyh] ftuds fd oks gdnkj gS A gkW Jherh rhtu
ckb] _rq oekz vkš catkjs th vickn gA ea I kprh gw
ftl rjg ; s dykdj I ekt ds i fr vi us nkf; Roka dk
fuokz bēkunkjh I s djrs gš ml h rjg 'kkl u dks Hkh
budh enn ea bēkunkj gkuk pkfg, vkš oš s rks
vud eksh bl I kxj ea fc[kjs i Mš gš mluga <wus
okyk pkfg, A

uPdm+ ukVdka dk iz; kx I ekt ds gd ea ekurh
gWA D; kfd bl ea vf/kd rke&>ke dh t: jr ugha
gksh vkš dykdj cckd gkdj I kekftd cij kbz; ka dkš
fol xfr; ka dks turk rd igpkrk gS A jgk I oky

vk/kfud ykd ukV; dk] rks ykd ukV; vk/kfud ; k
i kphu ugha gkrk oks rks ikjEifjd gkrk gS Aykd
ukV; dk vFkZ g\$ ykd I s mi tk buds chip dk
nj&vl y ge Hkh nkoka ugha djrs fd ge i w kZ% ykd
ukVd djrs g\$ ge mu ifjos k]ijEijk dks /; ku ea
j [kdj muds chip dh dFkk dks i pfyr fdoanfr; ka dks
vi us vud kj fy [krs g\$ vk\$ i Lrq djrs g\$ gw ukpk]
i Mokuh ; s ykd ukV; ; k ykd&xk; u ds : i Hkh ekus
tk I drs g\$

doy fdl h {ks= fo'k\$'k ea ugha vfi rq I Ei w kZ fo' o
ea ukV; I nk ykd kugatu dk I k/ku jgk g\$ okMie;
ds fofHkUu : i ka ea ukVd dks gh I oJ\$B ekuk x; k g\$
ml dk dkj .k ; g g\$ fd ukVd ea I dkn ds vfrfjDr
xhr]uR;]ok | os k&fol; kl vkfn vud dykva dk jI
, d I kFk feyrk g\$ A bl fy; s ea Hkh ekurh g\$ fd ykd
ukV; ea I xhr uR; dk iz; kx t: jh g\$ bl I s dFkkud
dks Hkh vkxs c<kus vk\$, d : irk dks rkM+us ea
I gk; rk feyrh g\$ A ukVd pkgs ykd gks ; k fglnh
ml ea n" ; J0; I kexh dk iz; kx gkuk pkfg, A
D; kfd , d vfHkurk dks ep ij gtkjka ykx ns [krs o
I urs g\$ pfd ihNs cBk n'kd vfHku; ds Hkkoka dk
jI mrus vPNs I s ugh mBk ik; sx rks bl rjg ds
iz; kx t\$ s ykbM]n" ;] uR; ; a= vkfn ml ds

½dykdkj½ Hkkoka dks dgk rd i gopkus ea l gk; d gksxk
A bl fy; s budk iz; ksx l e>dj eryl ijh tkudkjh
ds l kFk djuk mfpr gksxkA

ea vius thou ea gj oDr ij .kk yrh gMA pkgs
og , d cPpk gh D; ka uk gkš oks Hkh xkgs o xkgs ejk
ij .kk Jksr curk gs A gkW ejs thou dh nks
vfoLej .kh; ?kVuk, a gā ftuea , d l q[kn vkš , d
nq[kn ckr mu fnuka dh gs tc ea b-d-l -fo-fo-
¼[kš kx<+ ; fuofl Mh½ ea uR; ea , e-, -dj jgh FkhA mu
fnuka gekjk ep in'kū FkkA , d ijh{kk} ge pkj
LVMA/ Fkhā gea ijs l kt&l Ttk ds l kFk ep is mrjuk
FkkA gea fo'o fo|ky; l s oL= vkHkllk.k ysus FkA ejs
mu rhuka fe=ka us vPN&vPNs vyādj .k ys fy; A ep>s
vkf[kj ea tks oL= cpk oks ysk i Mk A ešus ml s gh
l gtrk l s Lohdkj fd; k] fQj ckjh vk; h xtjs dhA
xehz ds fnu FkA bl fy; s eksxs ds Qny i; klr Fkš
l cus xtjs Hkh Nkā/ fy; s [kš ešus Hkh xtkjk yxk; k
vkš rš kj gks xbZ] mu fe=ka ea ejh , d l gsyh tks
ep>l s FkksMh bz'; kZ djrh FkhA ml us l cl s vPNh i ks kkd
Nkā/h FkhA ml dk in'kū igys Fkk] ml us uR; 'kq
fd; k A uR; ds e/; ea ml ds ?kqk: Vm x; s oks cgksr
uoZ gks xbA ea rRdky ml ds fy; s vius ?kqk: yādj
xb] ml us i q%uR; fd; k] ml ds ckn ejk uR; i kjllk

gqvk vkšj vkxa dh bl ?kVuk dk tle gqvkA ftl s eS
Hkmy ugha ikrh A gqvk ; ka fd gekjk , d pdnkj cksy
gš ftl ea 26 pDdj yxkus iMrs gšA tc ešus , d
pDdj yxk; k rks ejs xtjs dk , d QmY fxjk]
fQj&nkš fQj rhu vkšj var ea ijk xtjk ijh{k d ds
išk ea tkdj fxj x; k A bl n" ; dks ns[kdj ijk
gky rkfy; ka ea xwt mBk A Lo; a eš Hkh jkekp ea
Hkj dj ukp mBh] ml ds ckn ea tc rd uR; djrh
jgh oks dfy; kW /khj&/khj s f[kyrh jgha vkšj ep , d k
yx jgk Fkk tš s ekfr; ka l s Hkjk gkšA vkšj eS ml ds
chp ea uR; dj jgh FkhA

; s rks gqz l d[kn ?kVuk]n d[kn ?kVuk bl rjg gS
& ckykn ea ge , d ukVd ?kj dgk gš dk i n'kš dj
jgš Fkš ml ea ešjk , d jksy Fkk fd ukV; ds var ea
ep s tyrh gqz e'kky ydj ep ij tkuk Fkk eš e'kky
fy; s rš kj [kMh Fkh ml jkr gYdh ckjh'k gqz Fkh A
ešus ; s /; ku ugha fn; k fd e'kky ea xhyki u gš ml s
igys tyk yuk pkfg,] tc ep is tkus dk oDr vk; k
rks e'kky ugha pyh] bl izl x l s eš cgr vkgr gqzA
D; kfd eš vdy ¼Jh frokjh th½ ds fo" k; ea tkurh gš
fd oks , d& d Ýe ea cgkr egur djrs gš vkšj oks
egRo i w k l Qe tks ukV; dh pje voLFkk Fkh] ejs

dkj.k fcxMk A eš vkdj cgr jkb] oks ?kVuk Hkh eš
ugha Hkny i krh gMA

NÜkhl x<# eškuh {ks= ds nks i wZ fodfl r ukV;
Lo: i jgl vksj ukpk gA ukpk , d l o& tkrh; jax
fo|k gS ftl dk mnHko vksj fodkl xkeh.k l ekt eš
gqvk rFkk ml eš vusd ijEijkxr~ , oa 'kkL=h; fo/kkvka
us l fEefyr gksdj ml s l e') fd; kA ukpk dh l gtrk
ml dk Jaxkj gS vksj ml dk vYgM+ deuh; l qkM+ : i
ml dk vkd"KZ kA

ukpk ds vfrfjDr vksj i Mokuh dks Hkh NÜkhl x<#
ykd ukV; ds : i eš fo}kuka us ekU; rk nh gA
ijEijk'khy vuqBkfud jax fo/kk ds : i eš i pfyr
jgl eš d".k dh yhykvka dks y; c) vfHku; }kjk
epLFk fd; k tkrk gA bl h rjg dFkk xk; dh 'ksyh eš
i pfyr i Mokuh eš egkHkkjr dh dFkk dks xk; u , oa
vfHku; }kjk i Lrq fd; k tkrk gA fo}ku bl s ^Qkd
csys* ; k ^ekuks lys** dh l Kk nrs gA

orZeku eš bl dk cnyrk Lo: i vR; Ur nq[knk; h
gA vk?kqudhdj.k ds uke ij dQ Hkh iz; ksx gks jgs gA
ejk vk'k; gS fd cnyrs ifjosk eš iz; ksx rks t: j gks
yfdl ml dh ekfydrk u"V uk gksA D; kfd ge vU;
i kUrka eš tc viuh dyk dk in'kZu dj a rks crk; s fd
gekjh NÜkhl x<+ dh l Ldfr o l H; rk D; k gS u fd

mUga fnXHkfre djsA ejs fopkj ea 'kkl u vkj I ekt ds
dyk ife; ka dk I tx gksdj ijkuh phtka dks I gstuk
gksxk] I j{k.k nsuk gksxkA djuk gksxk vU; Fkk vkus
okyh ih<h dks ge ugha crk ik; xs fd gekjs NÙkhl x<+
dh ukV; ijEijk dS h FkhA NÙkhl x<h ukVd , oa ykd
ukV; ds fodkl es Jh egkfl x plnk dj Jh jkeplnz
ns'ked[k] gchc ruohj] Jh jkeân; frokjh] Jh y{e.k
plnk dj th vkfn xq tuka ds ; ksnku egRoi w kz gA

ykd ukV; dk vFkz ykd ea mi tk muds }kjk
fufelA ukpk ds dykd kj vius dFkkud vius gh
bn&fxnz I s yrs gA vkj thou ds Lo: i dks iLrrq
djrs gA jgh ukV; ds ek/; e I s thou ds ; FkkFkz vkj
Lolu dh ckr rks ml s ukV; ds ek/; e I s vo' ; ij k
fd; k tk I drk gA D; kfd ykd ukV; doy dYi uk
gh ugha ; FkkFkz I s fy; k x; k dFkkud gA gekjk
vupkfnr ukVd ^?kj dgk; gS* & bl dk mnkgj.k gS
ftI ea , d ?kj gks , d k I i uk Hkh gS gj dksbz ns[krk gS
vkj ?kj ugha gS bl =kl nh dks Hkh Hkksxrk gA

; g I p gS fd vkt dyk eMfy; ka 0; ol kf; d gks
xbz gS yfdu bl dk mÙk jnk; h dksu gS \ D; k dykd kj
\ ugha mudh foo'krk jksh dh gA [kkyh iV 'kksd
ugh a ikys tk I drA ; fn ; s dykd kj I {ke gksrs rks
'kk; n ijh bžekunkjh I s ykd eW; ks dh j{k k djrsA gka

0; ol kf; drk ds uke ij tks mVi Vka phtka dks tS s
xhr uR;] fQYeh rjhds I s dykdkj iLrq dj jgk gS
ml s eā vufpr ekurh gij os ikjEi fjd eiv; ka dh j {kk
djrs gq s vFkkā ktu dja tks mfpr gA vksj gk; tks
fcpkfy; s gā os I kjk ykHk dykdkjks dks Hkh yus ns auk
fd Lo; a gh mBk; A

ejh vfHku; dh J\$Brk rks eā ugha tkurh] bl s
gekjk funzkd vPNs I s dg I drs gA fdUrq vfHku;
ds dN fdjnkjka dks djrs gq eā vfr vkun dk ykHk
fy; k ftuea gS gjsyh dh I ajh ^dkjh** dh ^dkjh**
dh : [kfey ukf; dk] ^l f/kosyk* dh rok; QA vius
fy; s , d ckr eā dguk pgh fd tc eā fdl h ik=
dks thrh gwrks i rk ugha ep>s geā kk D; ka yxrk gS fd
ml ik= dk dgha u dgha dN vā k ejs vius thou dk
gS vksj cl eā ml s cgr I gtrk I s thus yxrh gA
eā i kstDV ^dka y* es I g&funzku dk dk; Hkkj
I Hkkyk Fkka ; s vutko ejs fy; s , dne u; k Fkka fdl h
ftEenkj in ij gkuk ; g , d jkekdjh vutko jgk
vksj eā i jh bēkunkjh I s bl in dh xfjek dh j {kk
dhA eā I kph gpz ; kstukvka ij fo'okl ugha djrh
D; ka fd ; kstuk, a rks ge cMh&cMh cukrs gS fdUrq mlga

i Hkko es ugha yk ikrj ftl fnu gekjk dkbz dk; l
fn[kj] ogha l p gSA gkj ej's vfHku; dh Hku[k vHkh 'kka
ugha gpz gSA bl fy; s ea vfHku; vksj dby vfHku;
djuk pkgri gSA

jkek/kj l kgw ¼yxfjd&pnk ds i fl) dykd kj ½



vki ykso ukV; panuh ds , oa i ee; h ykso ukV;
yxfjd pnk ds vfre i h<h ds ykso dykd kj gSA Jh
jkek/kj l kgw i e Lo- l q[kh]ke l kgw ekrk& Lo- i kozh
ckbz l kgw 21 fnl Ecj 1958 dks xke& dpkUnj] ftyk
nqz ea 8 oha d{kk ikl fd;s gSA ^yxfjd pnk**
LFkki uk o"kl 1980] yxHkx 30 o"kl l s l LFkk ea dk; jr
gSA

i j .kk l ks&

1- xq no Jh ch-vkj- l kgw fo | kFkhz thou

- 2- I LFkk dks i kRI kfgr djus ea MkW foey dekj
i k Bd dk fof'k"V I g; ksx jgkA
- 3- vkdk'k ok.kh jk; ij ds I c) Jherh eerk
plnk dj]
- 4- dlnz funs'kd nijn'kzu jk; ij Jh foey plnz
x[rk]
- 5- fo'ks'k I g; ksx thou I fxuh ¼keñ Ruh½ Jherh
dekj hckbz dk ; ksxnku I LFkk ds i kRI kgu ea

I Eeku &

- 1- NÜkhl x<+ jkT; kRI o 2003 ea ^yxfjd pank** ykxd
xkFkk xhr ukV; dks i Fke LFkku i klrA
- 2- foykl k egkRI o ea ^foykl k I Eeeku** i klrA
- 3- fhkykbz ykxd mRI o ea ^ykxd dyk I Eeeku** i klrA
- 4- o"kl 2009 ea nkÅ egkfl g plnk dj ij ks'kk I Eeku
i klrA

fo'ks'k &

- 1- vkdk'k kok.kh o nijn'kzu ds ^ch* gkbz Vsd dykd kj
- 2- us'kuy psuy ds vfrfjDr th 24 NÜkhl x<+ Qksd
>ek>e dk; Øe ea vki dh i Lr[fr I jkguh;
- 3- vHkh rd yxHkx 3000 ea es i Lr[fr
- 4- NÜkhl x<+ ds vfrfjDr fnYyh] e[cb] dksydkrk]
p[ub] bank] Hkks ky] t; ij] d[yy] euky]

xqtjkr] jktLFkku] if'pe cæky] mRrjins k]
fgekpy insk ea ykd xkFkk ykfjd pank dh
I Qy iLrfrA

vki ds I g; kxh dykdkj &
okn; i {k dykdkj & Jh gfjnkl I kgw ¼gkjekfu; e¼
Jh frjFk I kgw ¼catk¼ Jh I φnj fu"kn ¼ksyd¼ Jh
/kus k I kgw ¼?kø: ¼ Jh ys[kjke fo'odekz ¼rcyk¼ Jh
i Uk ; kno ¼eahjk½
ukV; i {k , oa uR; & Jh jkek/kj I kgw ¼yxfjd¼ Jh
eφuk I kgw ¼pank¼ Jh Jo.k I kgw ¼nkouk ektj¼ Jh
vkuan I kgw ¼ekfyu½

vr ea ea ; g dguk pkgrk gWfd ^vkt rd rks
fcuk fdl h I tx j {kd ds gh ykdI dfr] thfor jgh
gS vkj reke ifjorLuka dks >sy ys xbl gSA fdUrq vkt
; g I oky mB jgk g& bl fy, ekuuk gh i Mxk fd
ml ds fy, cgr cMk [krjk gks x; k gSA ; Fkkl tko
I j {kk ds nks gh mi k; eqs I w>rs g& , d rks ; g fd
ge ykdI dfr ds ifj"dkj ; k ifjektu dh dks'k'k
drbz u dja vkj nl j] ml ea grq I fgr ykbl xbl
fodfr; ka dks i kRI kgu u n] cfYd mUga fu: RI kfgr
dja : f<ε) rk dk [krjk ykdI dfr ea gS gh ughA
ml s vius gky ij NkM+ fn; k tk; s rks og I rr-
iøkgeku unh dh Hkkfr gSA ; gh ml ds ^thfor* gkus

dk iæk.k gA ^igkru* vksj ^uru* dk rRdky
I ello; djus dh vkarfjd {kerk ykdul ddfre ea gS
og vU; = ngyHk gA

^ykdddyk ek/; e cM\$ yphys vksj I nkcgkj gS &
dPph jknh xbz ekVh dh rjg eyk; eA mudk pkgs tks
dN cuk yhft; A mRiy nük] gchc ruohj] dkoye
ukjk; .k ikf.kDdj] jru fFk; e vksj nil js jædfez; ka us
ykdep dk bl h I e> I smi; kx fd; k gA fot; nku
nFkk us ykdDFkkvka ds ^QkeZ dk I kFkd bLræky
fd; k gA /; ku fl QZ bruk gksk fd mudk emy : i
^fodr* vksj ^oYxj* u gkA 'kkL=h; vksj ykdddykvka
ds chp fj'rk g& I xhr ea bl ds mnkgj.k dekj
xakoz gA**

fdI h Hkh egRoiwkZ dk; Z dh y{; ikflr ds fy,
fgrfprdk , oa fiz; tuka dh ij.kk o ikRI kgu dh
vko'; drk gsrh gS rHkh bl gsrq fd; k x; k iz; kl , oa
Je QyhQir gsrk gA ea vius , sl I Hkh Kkr&vKkr
'kkkkdkf{k; ka dks Hkh foLe'r ugha dj I drk] ftul seps
iR; {k vFkok ijksk : i I s bl dk; Z ea ij.kk feyh gA

vki I Hkh dk ân; I s vkHkkjh thoarifj; r jgkA

/ku; okn

/kuunyky fl Uqk

File No. CCRT/SF/3/151/2015