



Centre for Cultural Resources and Training

CCRT will be organizing an International Webinar on the theme of **“Yoga, Rajbhasha and Sanskriti”** on the occasion of International Day of Yoga (IDY), under the umbrella of **“AzadikaAmritMahotsav”**, Ministry of Culture, Govt. of India, on 21st June, 2022 in collaboration with *BhartiyaSanskritiSevarthNyas*, Haridwar, Uttarakhand, in which the eminent scholars from 07 different countries namely United States of America (USA), Fizi, Singapore, Canada, Trinidad and Tobago, Sri Lanka and including India will be participating from 10:30 AM to 12 Noon (IST).

The Yoga session on IDY 2022 will be organized in collaboration with Routes 2 Roots in which 400 schools from all over India and 10 CCRT Interpretation Centres, Varanasi will be joining through virtual/online mode along with CCRT, Regional Centre staff of Hyderabad, Udaipur, Guwahati & Damoh from 9:30 AM to 10:30 AM.

An Online International webinar will be organized in addition to the celebration of International day of Yoga by the CCRT at its headquarter in Delhi along with four Regional Centres i.e. Hyderabad, Udaipur, Guwahati and Damoh simultaneously for the Officers and Staff of CCRT from 10:30 AM to 12 Noon. People from different walks of life may also join on the link to be provided in Social Media.

In addition to the above, on the occasion of International Day of Music (IDM), 2022 CCRT will be organizing a lecture demonstration also titled: **“Spandan”- Intergrating Yoga, Music & Dance** by Capt. Sumisha Shankar, Fellow CCRT, Ministry of Culture, Govt of India.

The tentative minute to minute program of the International Day of Yoga (IDY) and International Day of Music (IDM), are as follows:

Duration	Name of the event
07:30 AM to 08:30 AM	Yoga Session for CCRT Officers and Staff by the trained and qualified Yoga Guru, Dr. Sanjiv Pathak. The Offline & Online Session (Hybrid Mode) will be joined by Officials & Staff of CCRT Head Office and Regional Centres, Approximately 40,000 students from about 400 schools and 10 Interpretation Centres, Varanasi through Routes 2 Roots, CCRT’s associate partner.
09:00 AM to 09:30 AM	Breakfast to Participants attending Yoga Session at CCRT in Physical/Offline mode.
09:30 AM to 10:30 AM	Lec-dem titled “Spandan”- Intergrating Yoga, Music & Dance to celebrate International Day of Music (IDM) 2022.
10:30 AM to 12:30 Noon	International Webinar on the theme of “Yoga, Rajbhasha and Sanskriti” to celebrate the International Day of Yoga (IDY) & International Day of Music (IDM) 2022.